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COVID-19 and Obesity: The 2021 Atlas

The cost of not addressing
the global obesity crisis

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World Obesity Federation
107-111 Fleet Street, London, EC4A 2AB

www.worldobesity.org

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Foreword

John Wilding
President

Johanna Ralston
Chief Executive

Welcome to our review of the links between COVID-19 and bodyweight, and the steps we need to take to avert future crises.

As we show in this report, increased bodyweight is the second greatest predictor of hospitalisation and a high risk of death for people suffering from COVID-19. Only old age rates as a higher risk factor.

The unprecedented economic costs of COVID-19 are largely due to the measures taken to avoid the excess hospitalisation and need for treatment of the disease. Reducing one major risk factor, overweight, would have resulted in far less stress on health services and reduced the need to protect those services from being overwhelmed.

We show that in those countries where overweight affects only a minority of the adult population, the rates of death from COVID-19 are typically less than one tenth the levels found in countries where overweight affects the majority of adults.

We also show that the drivers of overweight – especially high levels of consumption of processed foods – are associated with mortality from COVID-19.

Lastly, we show that COVID-19 is not a special case: a number of other respiratory viruses lead to more severe consequences in people living with excess bodyweight, giving good reasons to expect the next pandemic to have similar effects.

For these reasons we need to recognise overweight as a major risk factor for infectious diseases including respiratory viruses. To prevent pandemic health crises in future requires action now: we call on all readers to support the World Obesity Federation's call for stronger, more resilient economies that prioritise investment in people's health.

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Executive summary

Obesity is recognised as both a disease in its own right and a condition that increases the likelihood of developing a wide range of non-communicable diseases. Less well-known is the fact that obesity also increases the likelihood that infectious diseases will lead to serious consequences. This is most clearly apparent in the global spread of the SARS-CoV-2 virus and the resulting pandemic of COVID-19.

Through detailed analyses of the latest peer-reviewed data, we demonstrate how overweight is a highly significant predictor of developing complications from COVID-19, including the need for hospitalisation, for intensive care and for mechanical ventilation. Overweight is also a predictor of death from COVID-19.

This report shows that in countries where less than half the adult population is classified as overweight*, the likelihood of death from COVID-19 is a small fraction – around one tenth – of the level seen in countries where more than half the population is classified as overweight. Of the 2.5 million COVID-19 deaths reported by the end of February 2021, 2.2 million were in countries where more than half the population is classified as overweight.

We recognise that these figures are by necessity incomplete, and that a clearer picture may emerge as the pandemic develops further. The figures are affected by the ability of a country to control its borders and by the speed with which the virus and its variants spread through populations and into more remote areas. Patterns of the disease will change as some counties vaccinate their populations more rapidly than others. Nonetheless, our findings have serious public health implications.

The figures are affected by the age structure of national populations and a country's relative wealth and reporting capacity, but our findings appear to be independent of these contributory factors. Furthermore, other studies have found that overweight remains a highly significant predictor of the need for COVID-19 health care after accounting for these other influences.

The International Monetary Fund has calculated that COVID-19 will cause a total of at least $10 trillion losses in global output over the period 2020-2021, and accumulating to $22 trillion over the period 2020-2025. Based on the UK experience, where an estimated 36% of COVID-19 hospitalisations have been attributed to lack of physical activity and excess body weight (Hamer, Kivimati et al 2020), it can be suggested that up to a third of the costs – between $6 trillion and $7 trillion over the longer period – might be attributable to these predisposing risks.

COVID-19 is not the first respiratory viral infection exacerbated by overweight. Data from the last two decades on the impact of MERS, H1N1 influenza and other influenza-related infections show worse outcomes linked to excess bodyweight. An overweight population is an unhealthy population, and a pandemic waiting to happen.

In anticipation of the next novel infectious disease, we urge governments and health service providers to adopt the policies outlined in our ROOTS Call for Action described on the next page.

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* The term 'overweight' is used here to mean adults with a body mass index (BMI) above 25 kg/m2, a widely recognised threshold indicating an increased risk of developing weight-related chronic diseases. 'Obesity' is classified as a BMI above 30 kg/m2. In some texts the term 'overweight' is used to mean a BMI between 25 and 30 kg/m2 (i.e. 'overweight non-obese').

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ROOTS:
A Call for Action

Obesity and the response to COVID-19

World Obesity Federation's ROOTS: A Call for Action

Obesity and the response to COVID-19

Building stronger economies by investing in health

The COVID-19 pandemic has shown that a societal, worldwide response to a disease is possible. COVID-19 has also exposed the imperative to address other global health challenges such as obesity. Evolving evidence on the close association between COVID-19 and underlying obesity provides a new urgency - and inspiration - for political and collective action.

Obesity is a disease that does not receive prioritisation commensurate with its prevalence and impact, which is rising fastest in emerging economies. It is a gateway to many other non-communicable diseases and mental-health illness and is now a major factor in COVID-19 complications and mortality. There is a window of opportunity to advocate for, fund and implement these actions in all countries to ensure better, more resilient and sustainable health for all, now and in our post-COVID-19 future.

This Declaration is inspired by calls from the World Health Organization, the United Nations and the OECD to 'build back better' from COVID-19, to improve the health of people and the planet. It reflects a consensus reached at the 2020 Global Obesity Forum.

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A ROOTS approach

On World Obesity Day 2020, the global obesity community came together to acknowledge the complexity of obesity and to develop the ROOTS framework, which sets out an integrated, equitable, comprehensive and person-centred approach to addressing obesity. Building on the ROOTS framework, this Declaration sets out recommendations for immediate action across the obesity spectrum from prevention to treatment, within the context of COVID-19:

R

Recognise that obesity is a disease in its own right as well as a risk factor for other conditions, including significantly worsening the outcomes of COVID-19 infection. We call for:

- people living with obesity to be included among the groups prioritised for testing and vaccination;

- spaces in which people living with obesity receive COVID-19 care to be appropriately equipped, with trained health workers free from weight bias, who have knowledge on the complexity of obesity and obesity care needs;

- the recognition that, in many contexts, COVID-19 and obesity are linked through inequity/health disparities, and strategies to address both diseases should adopt a social determinants of health approach.

O

Obesity monitoring and surveillance must be enhanced to strengthen effective strategies for preventing and treating obesity. We call for:

- population-wide monitoring to assess how COVID-19 has affected the risk factors for and prevalence of obesity;

- monitoring of availability and accessibility to nutritionally adequate food supplies, especially among populations vulnerable to COVID-19 including those with obesity;

- monitoring the impact of policies and restrictions to limit the spread of COVID-19 for their impact on people with obesity;

- monitoring of compliance with the international code and resolutions on marketing of breastmilk substitutes, as there is evidence of violations occurring.

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Obesity prevention strategies must be developed, tested and implemented across the life course, from pre-conception, through childhood, and into older age. We call for:

- primary and secondary obesity prevention efforts to be continued and enhanced for all without discrimination, as a critical means to increase population resilience to pandemics;

- co-creation and implementation of policies to reduce childhood obesity, working with young people and acknowledging that, for many children, COVID-19 control measures have increased risk;

- equity-based obesity prevention strategies focusing on populations most affected by the syndemic interactions between COVID-19, poverty and race.

T

Treatment of obesity – including behavioural, pharmacological, digital, nutritional, physical-activity based and surgical interventions – should be accessible to all people with obesity. We call for:

- routine obesity treatment and management services not to be restricted during COVID-19, but instead invested in and prioritised to enhance equitable access;

- development of novel treatment strategies (for example, tele-medicine) to include solutions co-created with the participation of people living with obesity, including those with 'long' COVID.

S

Systems-based approaches should be applied to the treatment and prevention of obesity. In the recovery from COVID-19 we call for action across the following systems:

- **Health:** Cost-effective community-based prevention, including monitoring and screening should be integrated with clinical pathways for secondary prevention, obesity management and treatment.

- **Food:** National and local government-led action and incentives to pivot food systems towards sustainable growth models, focusing on 'triple win' policy solutions to address the Global Syndemic of over- and undernutrition and climate change.

- **Transport:** Investment in active transport systems to promote physical and mental health, while reducing COVID-19 transmission risk and mitigating climate change.

- **Water and sanitation:** Universal access to clean water, especially in countries where sugar-sweetened beverages may be more widely available than safe drinking water.

- **Education:** Provision of nutritious school meals, particularly for socioeconomically disadvantaged children, and the replacement of such meals when schools are closed; increased physical education.

- **Economic:** Novel investment from global health donors and multilateral institutions to address the rising cost of obesity in lower income countries.

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COVID-19 and Obesity: the evidence

1.

Is overweight associated with the severity of COVID-19 and the need for hospital treatment?

Yes.

By early 2021 several hundred studies (including patients in European countries, USA, Mexico and China), 40 systematic reviews and nearly 20 meta-analyses had been published confirming an increased need for medical services for people living with overweight who develop COVID-19 disease. Higher body mass index (BMI) has been shown to be associated with increased risk of hospitalisation, admission to intensive or critical care, and the need for mechanically assisted ventilation. Higher BMI also raises the risk of dying from the disease. These increased risks have been found after adjusting for age, ethnicity, income and other demographic and socio-economic factors.

Reported associations between COVID-19 severity and BMI

Here we show examples of the published evidence showing the relation between excess bodyweight and the likelihood of needing hospitalisation for COVID-19, needing intensive care (ICU), needing mechanically-assisted ventilation (IMV), or succumbing to the infection (mortality). Several analyses assess the risk for weight status above BMI 25 kg/m², while others only compare raised risk above BMI 30 kg/m². The former studies show evidence that a BMI in the range 25-30 kg/m² increases the risk of severity of COVID-19 disease, which would indicate that studies which only consider risk above BMI 30 kg/m² will underestimate the impact of excess bodyweight on COVID-19 severity.

Diagrams show the estimated increased risk or odds, and the confidence range for each estimate*

COVID-19: Hospitalisation
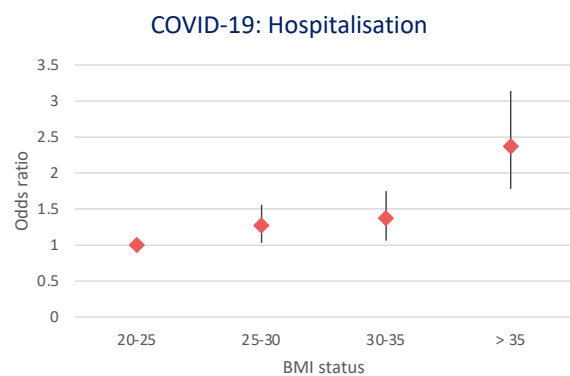
Source: Hamer, Gale et al, 2020 (UK) (n=334,329)

COVID-19: Hospital admission
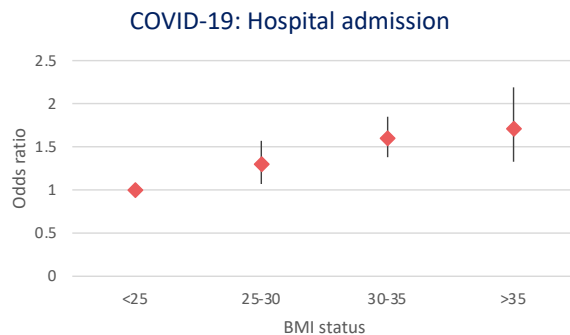
Source: Petrilli et al, 2020 (New York)(n=5279)

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* A value of 1 is the baseline value. A value of 1.5 indicates a 50% increase. A value of 2 indicates a doubling.

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COVID-19: Intensive care admission
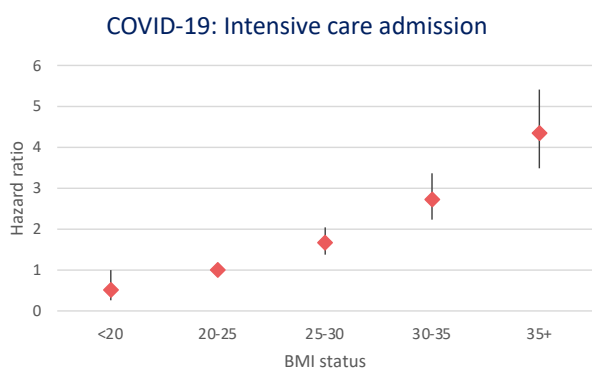
Source: Hippisley-Cox et al, 2020 (England) (n=19,486)

BMI status and COVID-19 outcomes
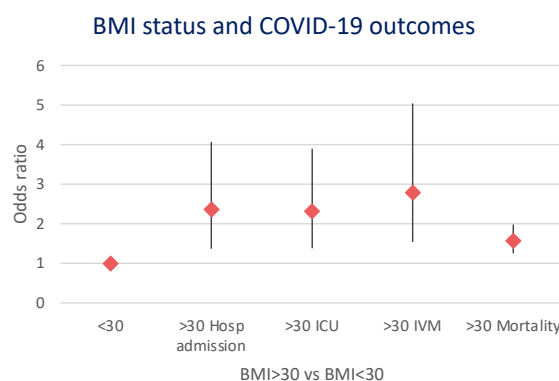
Source: Huang et al, 2020 (meta-analysis of multiple countries)

ICU=intensive care unit; IMV=mechanically-assisted ventilation

Covid-19: Mechanical ventilation
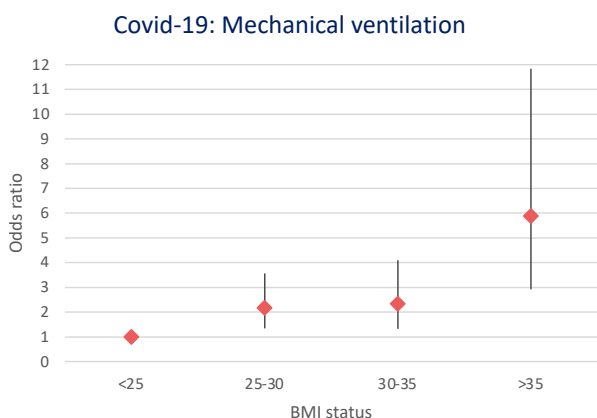
Source: Földi et al, 2020 (meta-analysis of multiple countries)

BMI status and COVID-19 outcomes
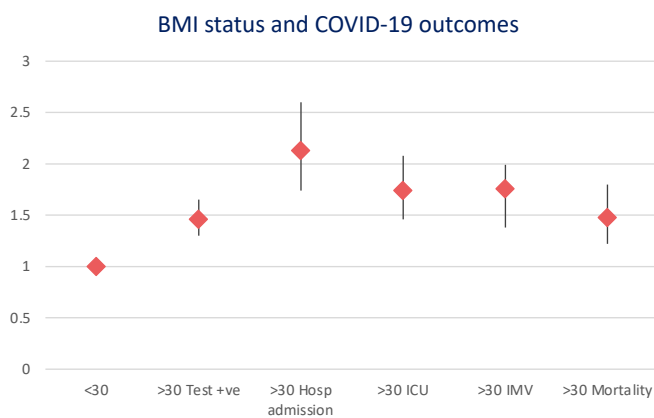
Source: Popkin et al, 2020 (meta-analysis of multiple countries)

Attributable proportion of cases

Two estimates of the degree to which overweight has contributed to the COVID-19 pandemic have been reported. Fan et al (2020) estimated that 10.5% of positive COVID-19 test results were attributable to obesity, in a US population reported in the period between March 1st and May 14th 2020. This period was potentially unrepresentative as testing for COVID-19 was largely confined to hospital attendees, before mass testing was widespread, so the sample may not be representative of the population at large.

A second estimate, by Hamer, Kivimäki et al (2020), used a database of nearly 400,000 UK residents in the period March 16th to April 26th 2020. The authors assessed the factors associated with cases of COVID-19 that had required hospitalisation. The authors found 8.6% of COVID-19 hospitalisations were attributable to inadequate physical activity, and 29.5% attributable to overweight and obesity.

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2.

Is this link between COVID-19 and overweight found across the globe?

Yes.

A large number of studies and systematic reviews have found increased risk of severe symptoms from COVID-19 associated with excess bodyweight. The table here gives some examples

Country	Study	Main findings
China	Cai Q et al	People with overweight (not obesity) had 84% increased odds for developing severe COVID-19, and people with obesity 240% increased odds for developing severe COVID-19.
USA	Steinberg et al	People with obesity more than twice as likely to need hospitalisation and more than six times as likely to need mechanically assisted breathing and more than six times as likely to die following development of COVID-19.
UK	Hippisley-Cox et al	People with overweight 67% more likely to need intensive care, and people with obesity three times as likely to need intensive care, following development of COVID-19.
Spain	Borobia et al	People with obesity 51% more likely to die following development of COVID-19.
France	Simonnet et al	People with severe obesity more than seven-fold higher odds for requiring mechanical ventilation following development of COVID-19, compared with non-overweight population.
Sweden	Ahlstrom et al	People with obesity three times as likely to die following development of COVID-19.
Italy	Rottoli et al	People with obesity more than five times likely to need intensive care following development of COVID-19.
Switzerland	Regina et al	People with obesity more than twice as likely to need mechanically assisted breathing following development of COVID-19.
Kuwait	Al-Sabah et al	People with obesity more than twice as likely to need intensive care following development of COVID-19.
Brazil	Szente Fonseca et al	People with obesity more than twice as likely to need hospitalisation following development of COVID-19.
Mexico	Carillo-Vega et al	People with obesity 56% more likely to need hospitalisation and 75% more likely to die following development of COVID-19.

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Comparing countries around the globe we find a close association between deaths from COVID-19 and the prevalence of overweight in the adult population. No country where the average adult BMI is below 25 kg/m² has a high COVID-19 mortality rate. No country where less than half the adults are experiencing overweight has a high COVID-19 mortality rate.

Taking data from over 160 countries, we find linear correlations between a country's COVID-19 mortality rates and their estimated degree of overweight or obesity prevalence:

	Linear correlation coefficients	Number of countries with data
COVID-19 mortality rates and …		
…average adult BMI	+0.425 (p<0.001)	164
…adult overweight prevalence	+0.547 (p<0.001)	164
…adult obesity prevalence	+0.451 (p<0.001)	164

Sources: Johns Hopkins Coronavirus Resource Center, NCDRisC and World Health Organization (see Appendix). Calculations: World Obesity Federation.

A diagram showing the prevalence of adults with overweight (>BMI 25 kg/m²) plotted against mortality rates for COVID-19 (per 100,000 population) shows a highly significant (p<0.001) linear correlation of r=+0.547. The diagram shows high mortality rates only in countries where overweight prevalence exceeds around 50% of the adult population. A log-linear transformation confirms this non-linearity, giving a higher correlation of r=+0.703.

Countries that appear to run against the trend include New Zealand, Australia and several Gulf states, where overweight prevalence among adults is high (over 60%) but reported deaths from COVID-19 are relatively low (below 10 per 100,000). These figures are clearly affected by national responses to the COVID-19 pandemic, and will change as the pandemic unfolds and as vaccination programmes are extended.

Adult overweight prevalence and COVID-19 mortality
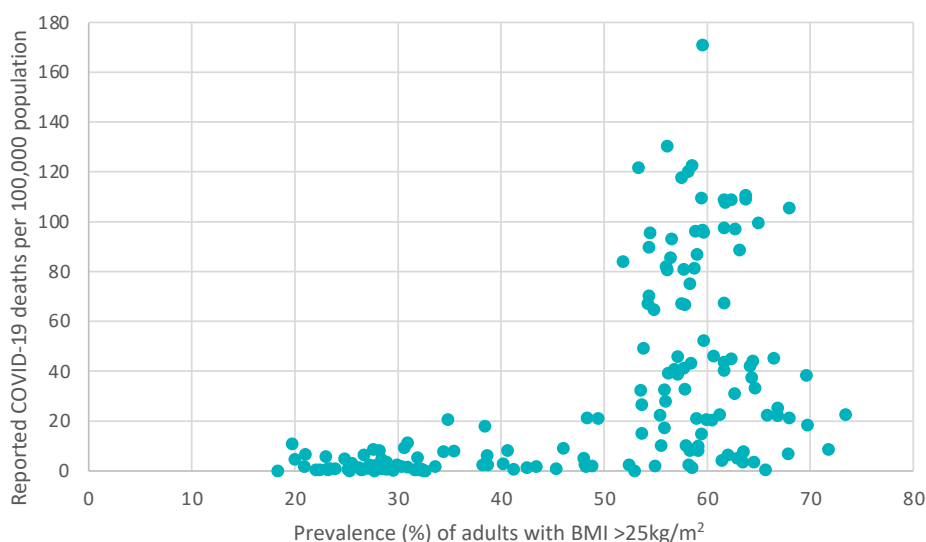
Sources: Johns Hopkins Coronavirus Resource Center (January 1st 2021) and World Health Organization (see Appendix).

3.

Is this correlation between population overweight and COVID-19 mortality due to a higher proportion of older people being found in countries where overweight is more common?

Unlikely.

While older age is certainly a risk factor for COVID-19 disease severity, and is considered a greater risk than overweight, it does not explain the association between population overweight and COVID-19 mortality.

Taking data from the United Nations Population Division for the proportion of the population aged over 65 years, the correlation between overweight prevalence and COVID-19 mortality remained significant (log-linear r=+0.600, p<0.001) after adjusting for population age structure. In addition, we divided countries into three bands: those countries with fewer than 5% of adults aged over 65 years, those with between 5% and 10% of adults aged over 65 years, and those with over 10% of adults aged over 65 years. Analysing these three groups of countries separately, we find a significant association between adult overweight prevalence and deaths from COVID-19 in all groups.

	Log-linear correlation coefficients	Number of countries with data
COVID-19 mortality rates and adult overweight prevalence …		
… in countries with fewer than 5% adults aged over 65 years	+0.600 (p<0.001)	61
… in countries with 5-10% adults aged over 65 years	+0.551 (p<0.001)	40
… in countries with more than 10% adults aged over 65 years	+0.662 (p<0.001)	62

Sources: Johns Hopkins Coronavirus Resource Center, World Health Organization, and UN Population Division (see Appendix).
Calculations: World Obesity Federation.

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4.

Is this correlation between population overweight and COVID-19 mortality due to wealthier countries having both a higher level of COVID-19 deaths and also a higher prevalence of overweight?

No.

While increased national wealth is certainly associated with higher overweight prevalence, it does not explain the association between population overweight and COVID-19 mortality.

Taking data from the World Bank for per capita GDP in US$, parity purchasing power (GDP-PC-PP), we find the correlation between overweight prevalence and COVID-19 mortality remained significant (log-linear r=+0.659, p<0.001) after adjusting for national wealth. In addition, we divided countries into three bands: those countries with GDP-PC-PP below $10,000, those with GDP-PC-PP between $10,000 and $25,000, and those countries with GDP-PC-PP above $25,000. Analysing these three groups of countries separately, we find a significant association between adult overweight prevalence and deaths from COVID-19 in all groups.

	Log-linear correlation coefficients	Number of countries with data
COVID-19 mortality rates and adult overweight prevalence...		
... in countries with GDP-PC-PP below $10,000	+0.490 (p<0.001)	58
... in countries with GDP-PC-PP between $10,000 and $25,000	+0.661 (p<0.001)	46
... in countries with GDP-PC-PP above $25,000	+0.482 (p<0.001)	53

Sources: Johns Hopkins Coronavirus Resource Center, World Health Organization, and UN Population Division (see Appendix). Calculations: World Obesity Federation.

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5.

Is the correlation between population overweight and COVID-19 mortality due to better reporting of deaths in countries with higher levels of overweight?

Probably not.

A low level of reported deaths may be due to a failure to report the deaths rather than genuinely few deaths. Countries do not publish indicators of their ability to report causes of death. As a substitute, we have taken national health care expenditure to indicate the resources available for health services to provide care and collect records. The World Health Organization reports health care expenditure including expenditure per capita, in 2018 US dollars adjusted for purchasing power in a country's economy (CHE-PPP).

Data for overweight, COVID-19 mortality and per capita health care expenditure (for 2018) were available for 160 countries. For these countries the correlation between COVID-19 mortality and overweight was high after adjusting for health care expenditure (log-linear correlation r=+0.658, p<0.001). We also divided countries into three bands, those countries with CHE-PPP below $500 per year, those with CHE-PPP between $500 and $2000 per year, and those with CHE-PPP above $2000 per year shows significant correlations between overweight and COVID-19 mortality in all three expenditure bands.

	Log-linear correlation coefficients	Number of countries with data
COVID-19 mortality rates and adult overweight prevalence …		
… in countries with per capita CHE-PPP below $500 per year	+0.435 (p<0.01)	58
… in countries with per capita CHE-PPP between $500 and $2000 per year	+0.701 (p<0.001)	56
… in countries with per capita CHE-PPP above $2000 per year	+0.439 (p<0.01)	46

Sources: Johns Hopkins Coronavirus Resource Center and World Health Organization (see Appendix). Calculations: World Obesity Federation.Calculations: World Obesity Federation.

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It is also possible to examine the relationship between overweight prevalence and COVID-19 mortality according to the *quality* of health services, on the assumption that countries with the poorest quality of health service may lead to a population with a low level of life expectancy. The World Health Organization provides estimates of 'years of healthy life expectancy' or HALE for 160 countries.

Taking data from the WHO Global Health Observatory for estimated HALE for 2019, the correlation between COVID-19 mortality and overweight was high after adjusting for HALE (log-linear correlation r=+0.545, p<0.001). We also divided countries into three bands: those countries with a HALE below 60 years, those with a HALE between 60 and 67 years, and those with a HALE above 67 years. Analysing these three groups of countries separately, we find a significant association between adult overweight prevalence and deaths from COVID-19 in all groups.

	Log-linear correlation coefficients	Number of countries with data
COVID-19 mortality rates and adult overweight prevalence …		
… in countries with a HALE below 60 years	+0.366 (p<0.01)	47
… in countries with a HALE between 60 and 67 years	+0.577 (p<0.001)	58
… in countries with a HALE above 67 years	+0.571 (p<0.001)	57

Sources: Johns Hopkins Coronavirus Resource Center and World Health Organization (see Appendix).
Calculations: World Obesity Federation.

In conclusion, neither health care expenditure nor healthy life expectancy explained the links between overweight prevalence and COVID-19 deaths.

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6.

Is there a threshold proportion of the population being overweight that predicts a high COVID-19 mortality rate?

Yes.

As we noted earlier, the distribution of the mortality rates across more than 160 countries appears to be strongly associated with overweight, with a dramatic increase in risk at higher levels of overweight prevalence. The scatterplot of data (shown again here) shows the association to be non-linear, with a remarkable increase in risk above a threshold of around 50% adult overweight prevalence.

Adult overweight prevalence and COVID-19 mortality
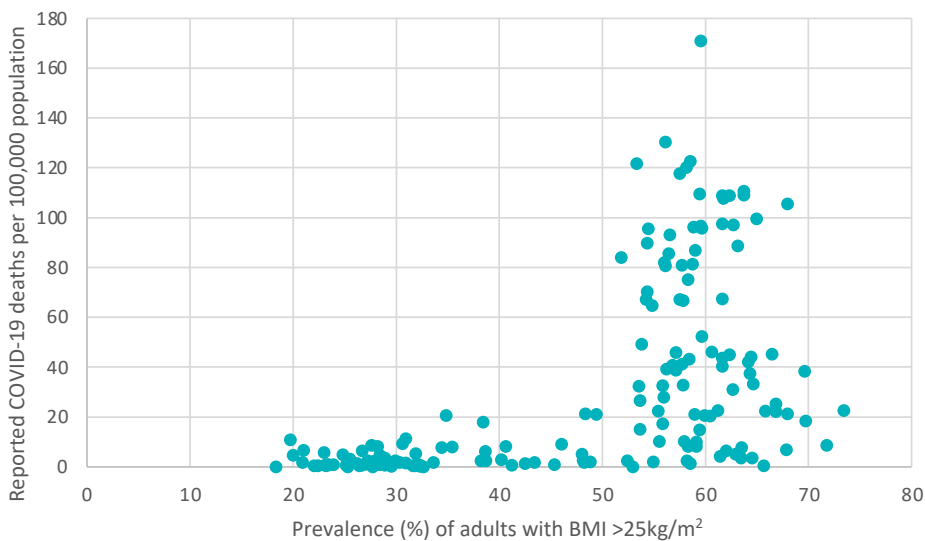
Sources: Johns Hopkins Coronavirus Resource Center (January 1st 2021) and World Health Organization (see Appendix).

Globally, at the end of 2020, COVID-19 mortality rates were more than **ten times higher** in countries where overweight prevalence exceeds 50% of adults (weighted average 66.8 deaths per 100,000 adults) compared with countries where overweight prevalence is below 50% of adults (weighted average of 4.5 deaths per 100,000 adults). Equally, COVID-19 mortality rates are similarly significantly higher in countries where average adult BMI exceeds 25 kg/m^2.

We recognise that these figures are by necessity incomplete, and that a clearer picture may emerge as the pandemic develops further. The figures are affected by the ability of a country to control its borders and by the speed with which the virus and its variants spread through populations and into more remote areas. Patterns of the disease will also change as counties vaccinate their populations.

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Adult overweight prevalence	COVID-19 deaths per 100,000 population*	Number of countries
<30%	6.6	38
30%-<40%	0.5	19
40%-<50%	3.2	13
50%-<60%	67.9	55
60% +	65.6	39

* Population-weighted average across countries.

Sources: Johns Hopkins Coronavirus Resource Center and World Health Organization (see Appendix).

It may be speculated that, if all countries had overweight prevalence below 50%, hundreds of thousands of COVID-19-related deaths and countless millions of hospital admissions might not have occurred.

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7.

Are the drivers of overweight also linked to COVID-19?

Probably.

The evidence shown below suggests that countries where populations are less physically active and consume higher levels of ultra-processed food, are more likely to have a higher mortality rate from COVID-19.

Physical activity may help reduce the risk of obesity and improve resilience to infectious disease (Chastin et al, 2020). Diets rich in energy-dense foods (e.g. fats, oils and sugars) are associated with increased risk of obesity. We examined whether these factors may be associated with COVID-19 mortality across those countries where data are available.

Physical activity levels are reported by the World Health Organization based on several surveys, and reported as percentage of adults in a country showing insufficient physical activity. There is a significant correlation (log-linear $r=+0.408$, $p<0.001$) between insufficient physical activity and COVID-19 mortality, across the 138 countries where data are available.

We examined two components of a healthy diet (pulses, root vegetables) and three components of diets rich in energy dense foods (animal fats, vegetable oils and sugars). The data are from the Food and Agriculture Organization's FAOSTAT national food balance sheets' estimates consumption of foods in kilograms per person per year (kg/capita/yr). The figures do not take account of the degree of processing or household wastage. The results show negative associations between COVID-19 mortality for pulses and root vegetables, and positive associations with animal fats, vegetable oils and sugars.

The table also shows COVID-19 mortality associated with the consumption of sugar-sweetened beverages (litres/capita/yr) as an additional indicator of ultra-processed food in the diet. This indicator shows the strongest association of all the dietary components examined.

	Log-linear correlation coefficients	Number of countries with data
COVID-19 death rates and…		
… percentage adults with insufficient physical activity	+0.408 (p<0.001)	138
… consumption of pulses, kg/capita/yr	-0.338 (p <0.001)	153
… starchy root veg, kg/capita/yr	-0.270 (p<0.01)	153
… animal fat, kg/capita/yr	+0.426 (p<0.001)	153
… vegetable oils, kg/capita/yr	+0.270 (p<0.01)	153
… sugars as energy kcal/capita/day	+0.528 (p<0.001)	153
… sugar-sweetened beverages, litres/capita/yr	+0.602 (p<0.001)	163

Sources: Johns Hopkins Coronavirus Resource Center, World Health Organization, Food and Agriculture Organization, and Ferretti and Mariani (see Appendix).

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Dietary factors may be directly linked to the functioning of the immune system and the risk of developing infectious disease (WHO, 2020), and there is some evidence that certain nutrients such as vitamin D may be associated with susceptibility to respiratory tract infection (Martineau,et al, 2017). Equally the responses to the COVID-19 pandemic may influence dietary patterns, through reduced food security, reduced consumption of fresh foods and increased snacking (Jayawardena and Misra, 2020). Further discussion of the drivers of overweight and the drivers of COVID-19 mortality is beyond the scope of the present report.

8.

What are the costs of COVID-19?

The International Monetary Fund (IMF) has considered the social and economic consequences of COVID-19, in terms of major economic damage done by factors such as lost economic output, lost educational opportunities, lost employment, and lost household incomes (IMF, 2020a). The IMF notes that lower income households, young people and women are likely to be particularly badly affected by the consequences of the COVID-19 pandemic.

In terms of gross economic losses, the IMF estimated in October 2020 that these will reach 4.7% of global GDP by the end of 2021, worth $11 trillion, and will reach a total of $28 trillion across the 5 year period 2020-2025, based on trends assessed in September 2020 (IMF 2020b). The latter figure was revised to $22 trillion in January 2021 in the light of anticipated successful vaccination measures (IMF 2021).

9.

...and how much of these costs could be due to overweight?

Although this cannot be easily assessed we can make an informed estimate. We noted earlier that Hamer, Kivimäki et al (2020) reported their estimate that 29.5% of COVID-19-related hospitalisations could be attributed to overweight and obesity. They also estimated that over 8% of hospitalisations could be attributed to low levels of physical activity. Their estimates came from a UK survey of more than 400,000 patients' records.

Using these estimates as a basis for the proportion of the global impact of COVID-19 in terms of hospitalisation, intensive care and deaths – which together are the main reason for massive government lockdown and government borrowing – suggests that overweight and obesity might be responsible for some $6 to $7 trillion lost global output over the five-year period 2020-2025.

These estimates are highly speculative, and better estimates are greatly needed, not least because the UK is a 'high overweight prevalence' country. However, it can be argued that the contribution of overweight to the economic losses might be considerably higher. Without overweight, COVID-19 hospitalisation would have been significantly lower, and the pressures on hospital services (including beds, personnel, and protective equipment) might not have been sufficiently severe to require the most extreme of the 'lockdown' responses by national governments, which have been the main cause of economic losses. It follows that the contribution of overweight to the $22 trillion costs of the pandemic may well be above the $6 to $7 trillion suggested here.

10.

If the COVID-19 vaccine is successful, can we relax?

No.

Reviews across the medical literature confirm that people living with obesity are at a higher risk of developing infections of various types, and to develop serious complications following common infections. These include respiratory viral diseases other than COVID-19, as we show below. They also include blood stream infections, hepatitis, and periodontal infections (Paulsen et al, 2017; Huttunen and Syrjänen, 2013; Dhurandhar et al, 2015). Obesity may also reduce the immune response to influenza vaccination (Green and Beck, 2017).

COVID-19 is only the latest of a series of respiratory viral diseases that have affected human populations. There is every reason to assume that future infectious diseases will follow similar patterns, and that an unhealthy population - i.e. an overweight population - will raise the likelihood of another pandemic.

Evidence linking overweight and severity of respiratory infections

Unspecified influenza

Influenza: BMI and hospital admissions

Source: Kwong et al, 2011 (Canada) (n=82,545)

Influenza: BMI and deaths
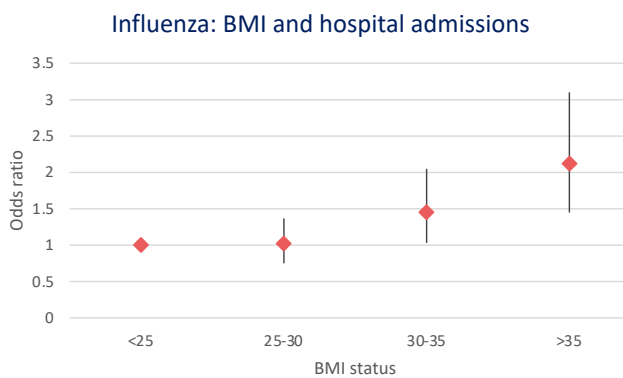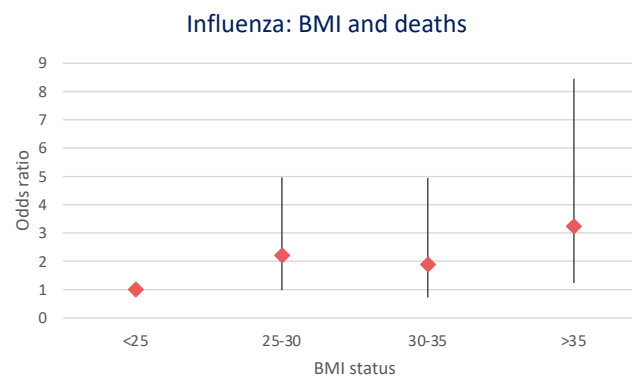
Source: Kwong et al, 2011 (Canada) (n=82,545)

H1N1 influenza ('swine flu')

H1N1: BMI and hospitalisation
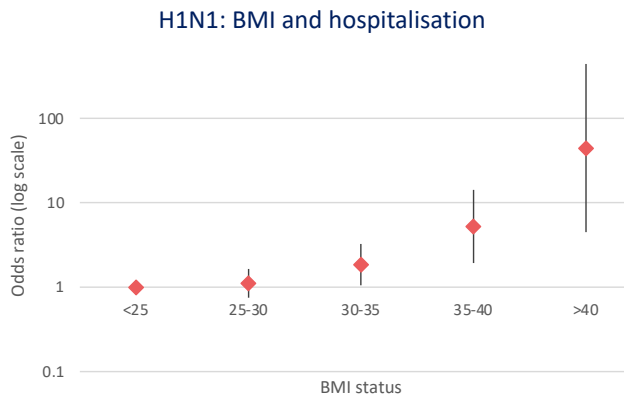
Source: Martin et al, 2016 (Spain) (n=2488)

H3N2 influenza

H3N2: BMI and hospitalization
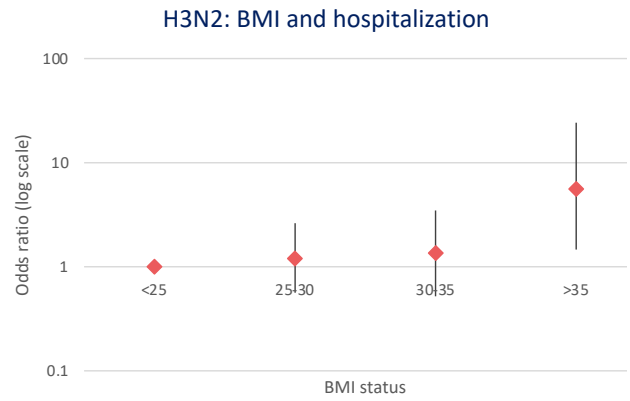
Source: Moser et al, 2019 (Mexico) (n=4778)

Global Maps

1. COVID-19 mortality

Deaths per 100,000 population

Key
- < 5/100,000
- 5-20/100,000
- 20-50/100,000
- 50-100/100,000
- ≥ 100/100,000
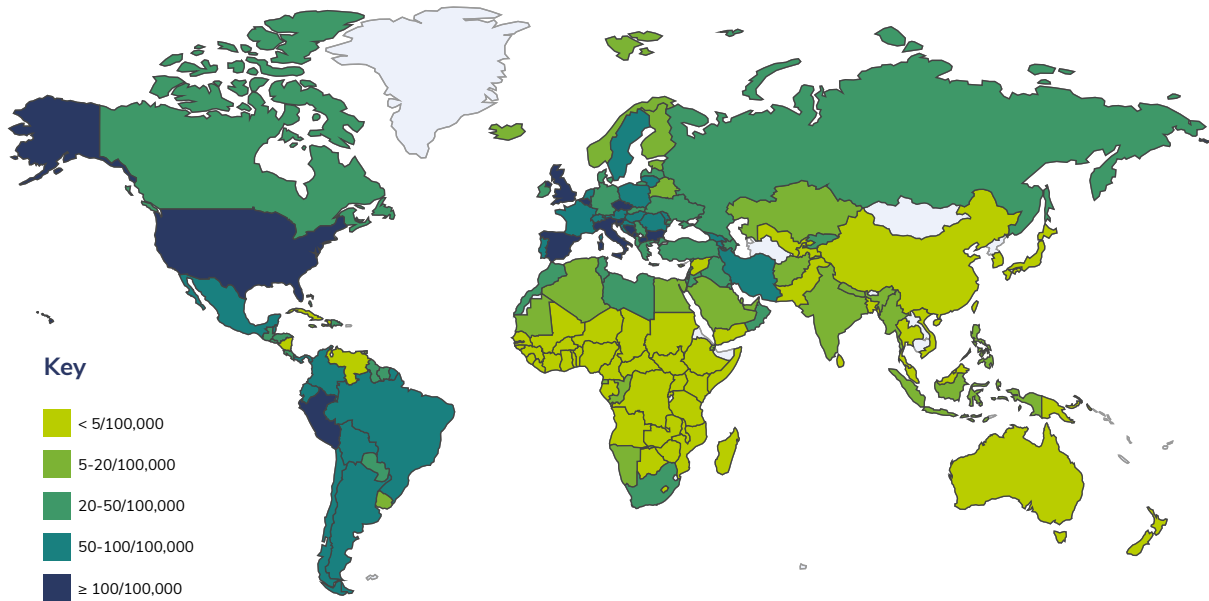
Source: Johns Hopkins University of Medicine, Coronavirus Resource Center (data collected 01/01/2021).

2. Prevalence of overweight in adults

Adult overweight BMI > 25kg/m²

Key
- < 30%
- 30-40%
- 40-50%
- 50-60%
- ≥ 60%
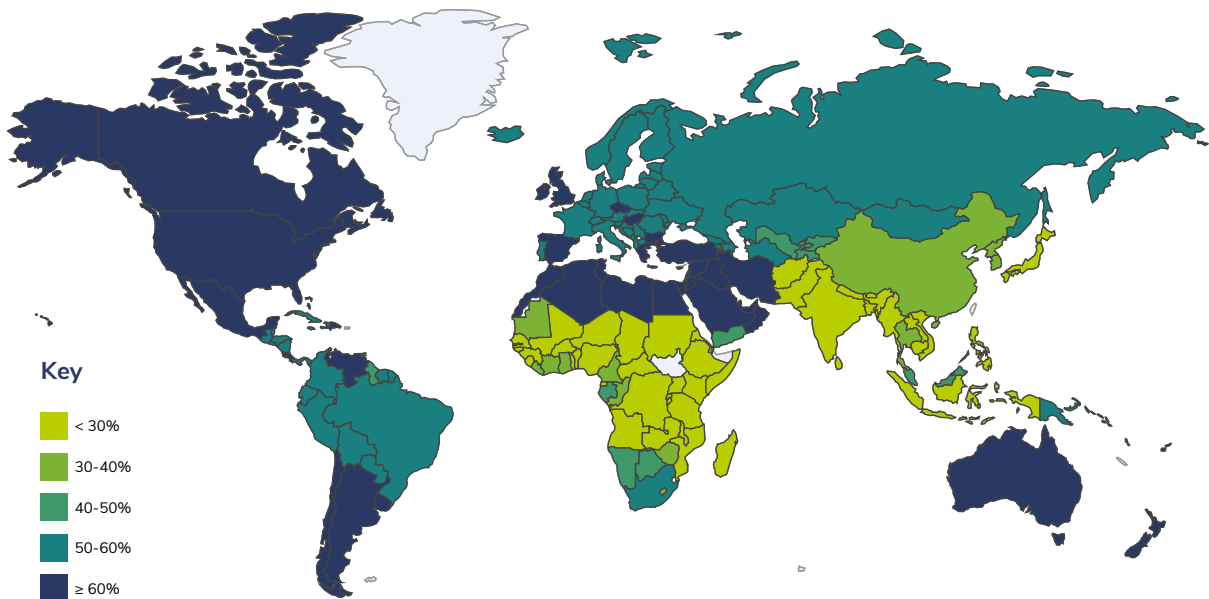
Source: World Health Organization, Global Health Observatory.

WORLD OBESITY

3. Percentage of adults aged over 65

Percentage of Adults over 65

Key

- ☐ < 5%
- ☐ 5-10%
- ☐ 10-15%
- ☐ 15-20%
- ☐ ≥ 20%
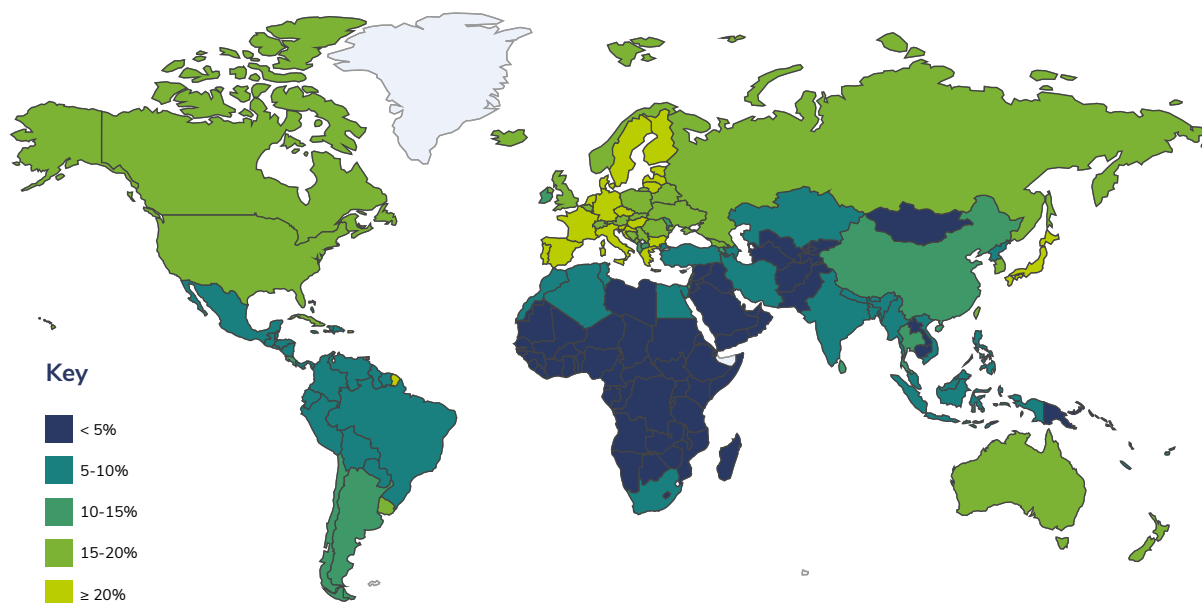
Source: World Health Organization, Global Health Observatory.

4. Gross Domestic Product per capita

Purchasing power parity, international dollars

Key

- ☐ < $10,000
- ☐ $10,000-25,000
- ☐ $25,000-50,000
- ☐ ≥ $50,000
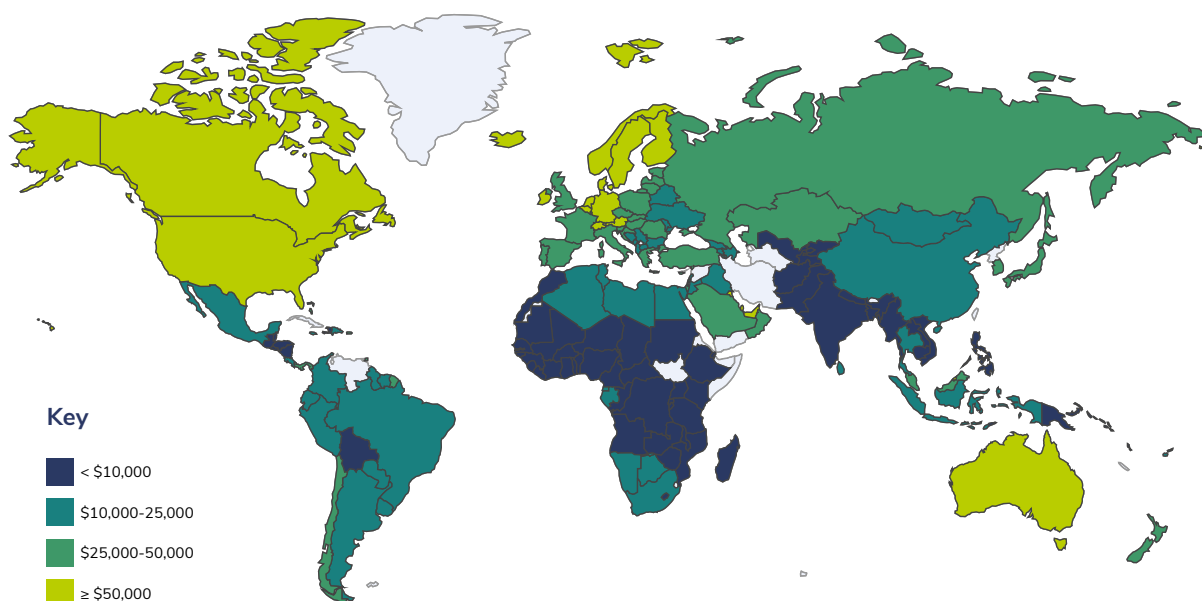
Source: World Bank Economic Indicators.

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5. Healthy adult life expectancy

Healthy adult life expectancy

Key

- ■ < 60yrs
- ■ 60-67yrs
- ■ ≥ 67yrs
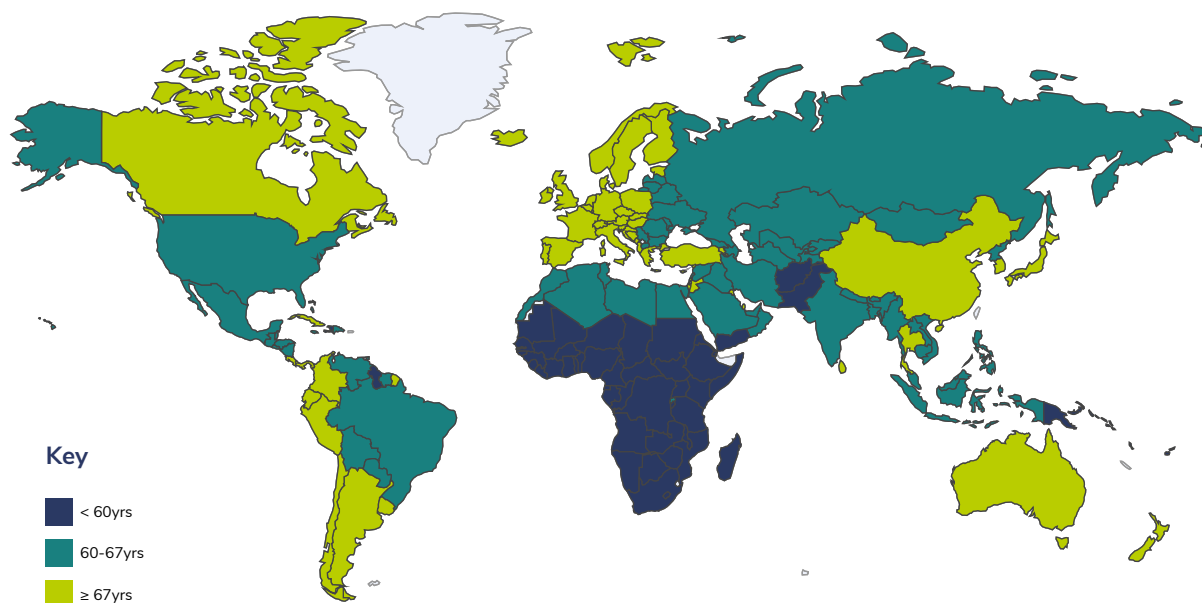
Source: World Health Organization, Global Health Observatory.

6. Percentage adults with insufficient physical activity

Insufficient physical activity in adults

Key

- ■ < 20%
- ■ 20-30%
- ■ 30-40%
- ■ ≥ 40%
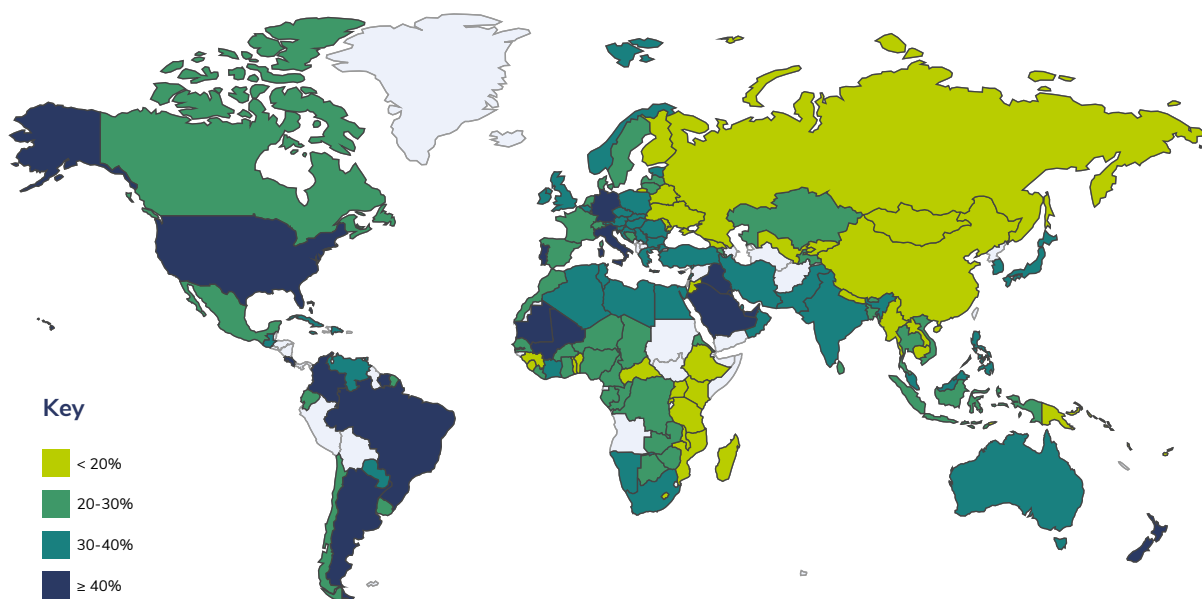
Source: World Health Organization, Global Health Observatory.

WORLD OBESITY

7. Consumption of pulses

Kilograms per person per year

Key
- < 2 kg p/a
- 2-4 kg p/a
- 4-7 kg p/a
- 7-10 kg p/a
- ≥ 10 kg p/a
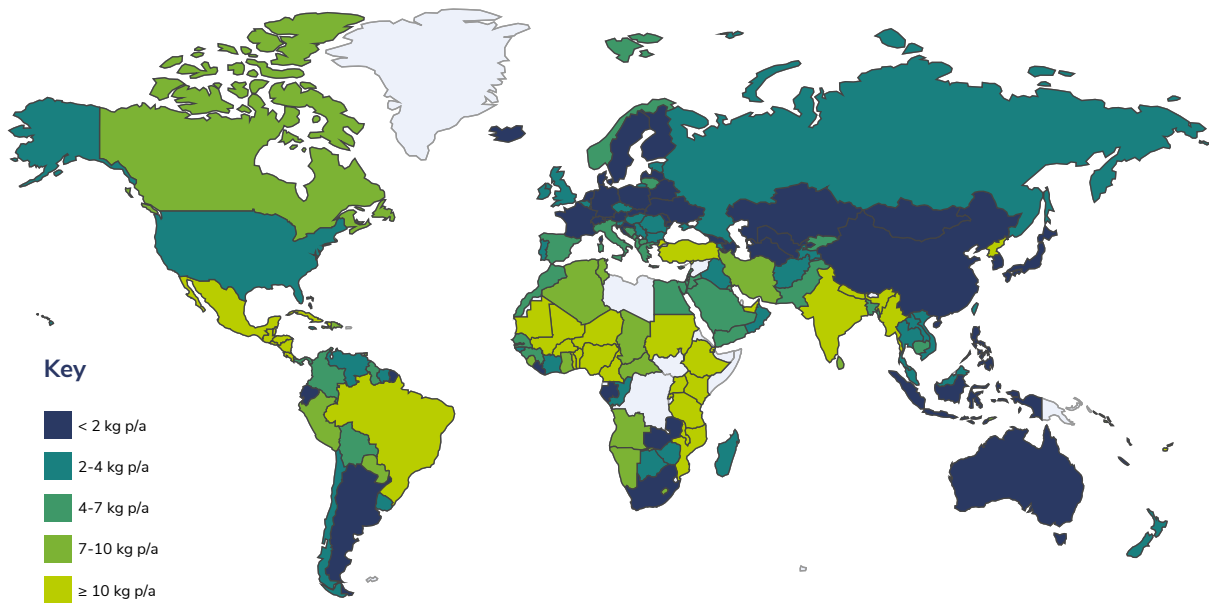
Source: UN Food and Agriculture Organization, Food Balance Sheets.

8. Consumption of starchy root vegetables

Kilograms per person per year

Key
- < 20 kg p/a
- 20-45 kg p/a
- 45-60 kg p/a
- 60-85 kg p/a
- ≥ 85 kg p/a

Source: UN Food and Agriculture Organization, Food Balance Sheets.

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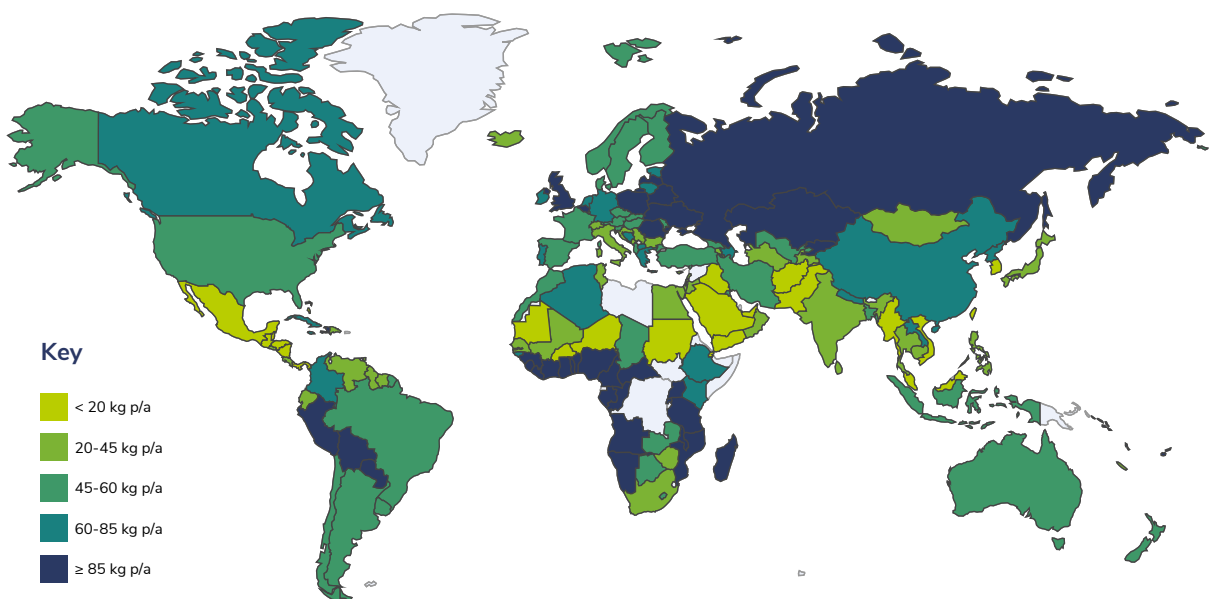
9. Consumption of animal fats

Kilograms per person per year

Key

- < 0.5 kg p/a
- 0.5-1 kg p/a
- 1-2 kg p/a
- 2-4 kg p/a
- 4-10 kg p/a
- ≥ 10 kg p/a
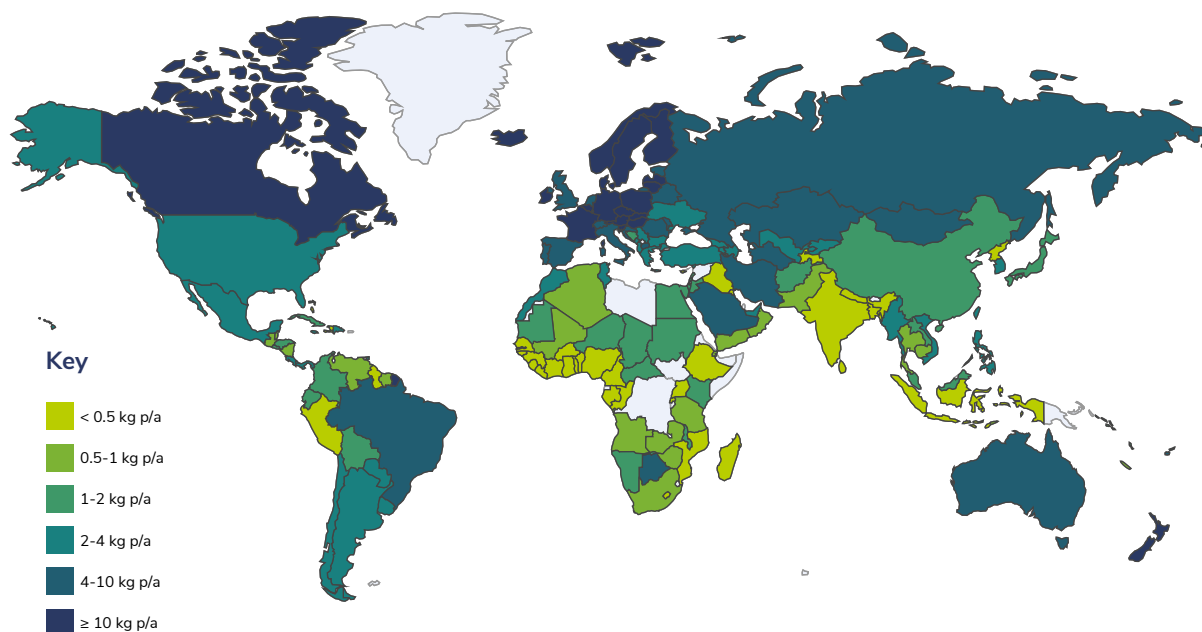
Source: UN Food and Agriculture Organization, Food Balance Sheets.

10. Consumption of vegetable oils

Kilograms per person per year

Key

- < 5 kg p/a
- 5-8 kg p/a
- 8-10 kg p/a
- 10-15 kg p/a
- ≥ 15 kg p/a

Source: UN Food and Agriculture Organization, Food Balance Sheets.

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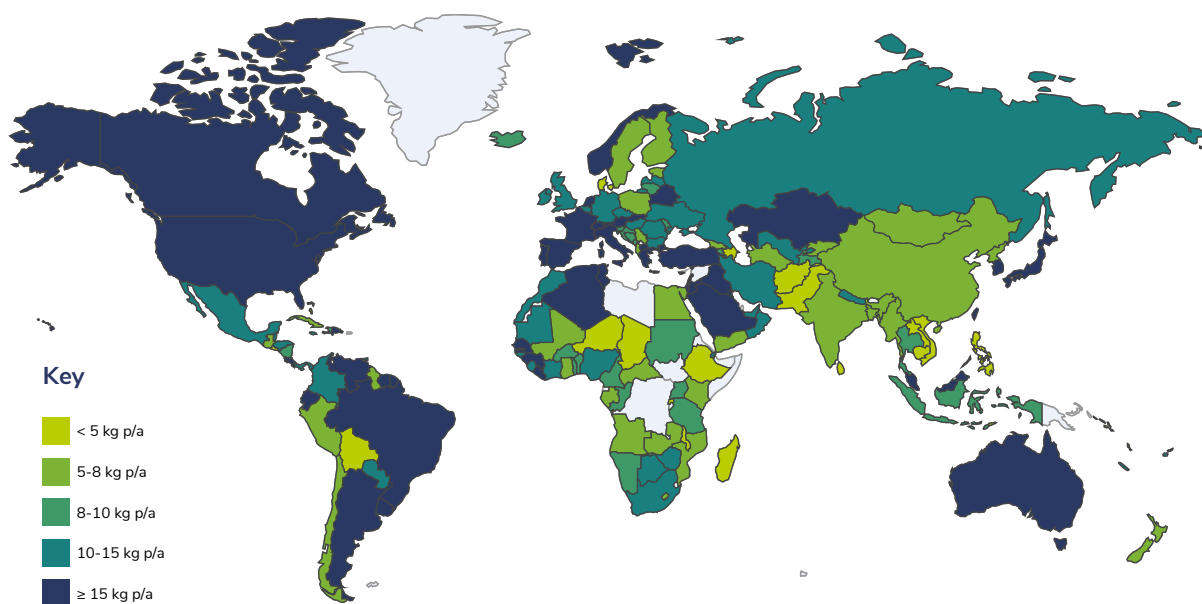
11. Consumption of sugars

Kilograms per person per year

Key
- < 15 kg p/a
- 15-30 kg p/a
- 30-40 kg p/a
- 40-50 kg p/a
- 50-60 kg p/a
- ≥ 60 kg p/a
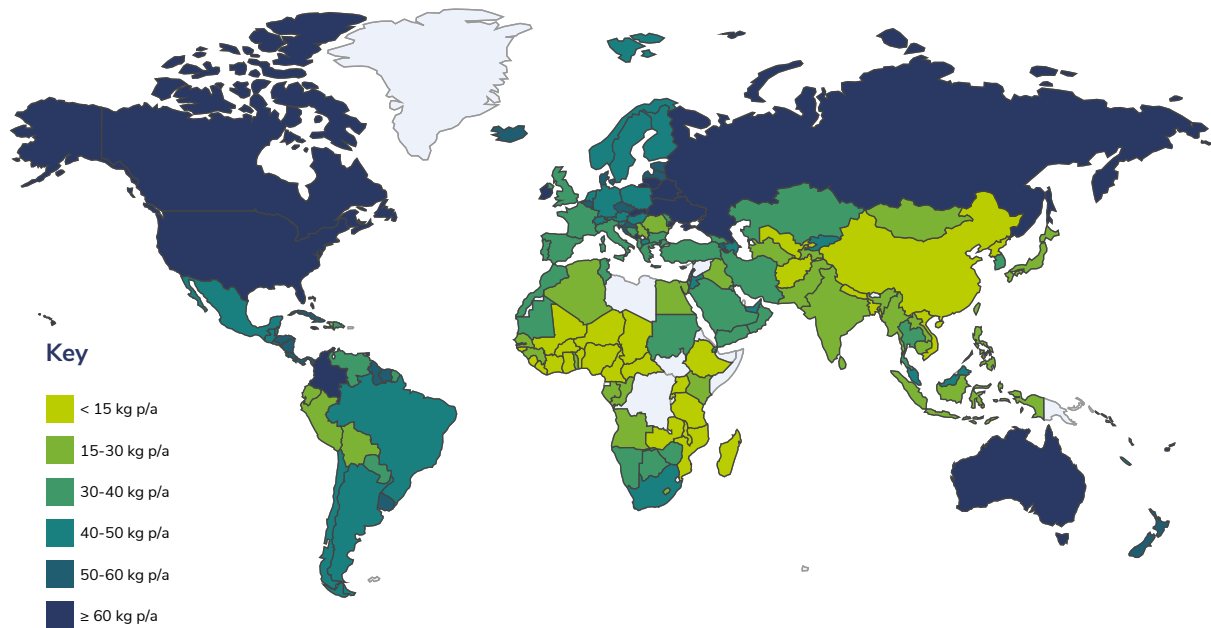
Source: UN Food and Agriculture Organization, Food Balance Sheets.

12. Consumption of sugar-sweetened beverages

Litres per person per year

Key
- < 10 l p/a
- 10-25 l p/a
- 25-50 l p/a
- 50-75 l p/a
- 75-100 l p/a
- ≥ 100 l p/a
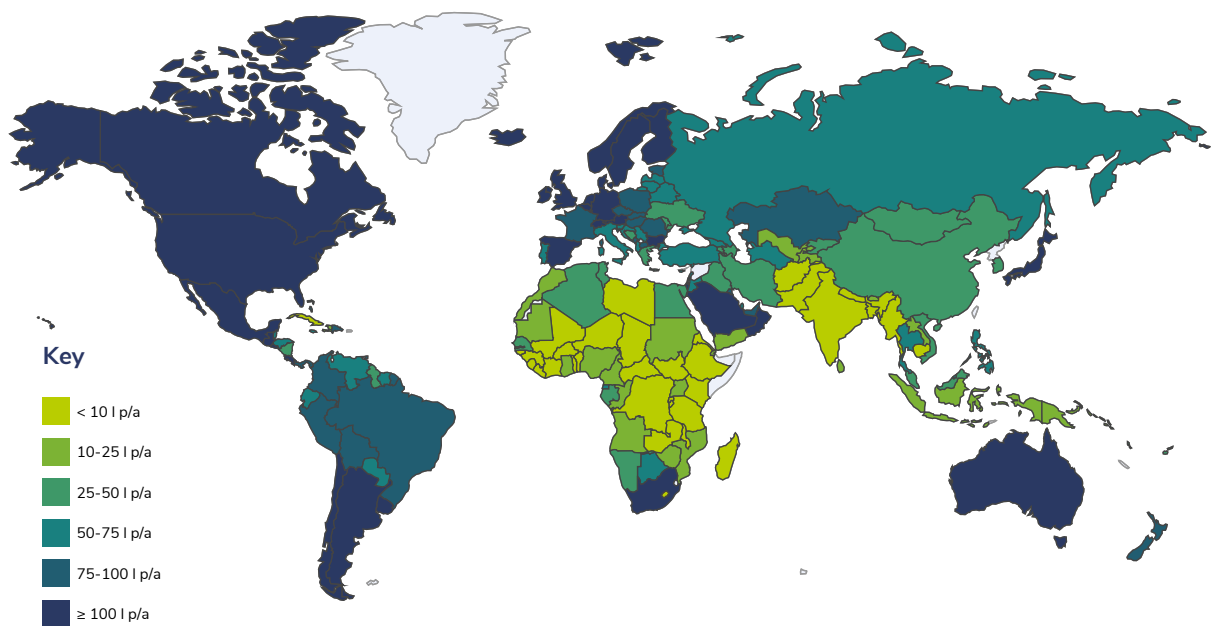
Source: Ferretti and Mariani, 2019.

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WORLD OBESITY

Afghanistan

COVID-19 deaths per 100,000 population (01/01/2021)	**5.89**
Adult overweight BMI >25kg/m² (2016)	**23**
Adult obesity BMI >30kg/m² (2016)	**5.5**
Population age over 65 years (%) (2020)	**2.6**
Per capita Gross Domestic Product $US (2019)	**2,294**
Healthy life expectancy years (2019)	**53.9**
Insufficient physical activity % adults (2016)	**na**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**2.2**
Root vegetables per capita kg/pa (2014-2017)	**6.4**
Vegetable oil per capita kg/pa (2014-2017)	**3.6**
Animal fat per capita kg/pa (2014-2017)	**1.7**
Sugar per capita kg/pa (2014-2017)	**11.9**
Sugar energy per capita kcal/pd (2014-2017)	**107**
Sugar-sweetened beverage per capita l/pa (2015)	**5.9**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	**2025 cases (thousands)**
Men	2.3%	6.0%	**637.6**
Women	6.0%	12.6%	**1260.3**
Children 5-19	1.7%	6.4%	**912.6**

Chance of meeting UN adult obesity targets for 2025

Men	**0.0% - very poor chance**	Women	**0.0% - very poor chance**

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Albania

COVID-19 deaths per 100,000 population (01/01/2021)	**41.20**
Adult overweight BMI >25kg/m² (2016)	**57.7**
Adult obesity BMI >30kg/m² (2016)	**21.7**
Population age over 65 years (%) (2020)	**14.7**
Per capita Gross Domestic Product $US (2019)	**14,495**
Healthy life expectancy years (2019)	**69.1**
Insufficient physical activity % adults (2016)	**na**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**5.9**
Root vegetables per capita kg/pa (2014-2017)	**45.2**
Vegetable oil per capita kg/pa (2014-2017)	**7.9**
Animal fat per capita kg/pa (2014-2017)	**3.4**
Sugar per capita kg/pa (2014-2017)	**34.2**
Sugar energy per capita kcal/pd (2014-2017)	**187**
Sugar-sweetened beverage per capita l/pa (2015)	**52.8**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	**2025 cases (thousands)**
Men	18.1%	30.6%	**333.8**
Women	19.7%	28.3%	**325.7**
Children 5-19	5.1%	14.0%	**82.9**

Chance of meeting UN adult obesity targets for 2025

Men	**0.0% - very poor chance**	Women	**1.0% - very poor chance**

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Algeria

COVID-19 deaths per 100,000 population (01/01/2021)	**6.53**
Adult overweight BMI >25kg/m² (2016)	**62**
Adult obesity BMI >30kg/m² (2016)	**27.4**
Population age over 65 years (%) (2020)	**6.7**
Per capita Gross Domestic Product $US (2019)	**11,820**
Healthy life expectancy years (2019)	**66.4**
Insufficient physical activity % adults (2016)	**33.6**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**7.0**
Root vegetables per capita kg/pa (2014-2017)	**66.1**
Vegetable oil per capita kg/pa (2014-2017)	**15.8**
Animal fat per capita kg/pa (2014-2017)	**0.5**
Sugar per capita kg/pa (2014-2017)	**29.5**
Sugar energy per capita kcal/pd (2014-2017)	**273**
Sugar-sweetened beverage per capita l/pa (2015)	**46.1**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	16.5%	29.3%	**4,276.6**
Women	32.1%	43.4%	**6,369.0**
Children 5-19	10.3%	18.3%	**2,377.8**

Chance of meeting UN adult obesity targets for 2025

Men	0.0% - very poor chance	Women	0.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Andorra

COVID-19 deaths per 100,000 population (01/01/2021)	**109.08**
Adult overweight BMI >25kg/m² (2016)	**63.7**
Adult obesity BMI >30kg/m² (2016)	**25.6**
Population age over 65 years (%) (2020)	**na**
Per capita Gross Domestic Product $US (2019)	**na**
Healthy life expectancy years (2019)	**na**
Insufficient physical activity % adults (2016)	**38.4**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**na**
Root vegetables per capita kg/pa (2014-2017)	**na**
Vegetable oil per capita kg/pa (2014-2017)	**na**
Animal fat per capita kg/pa (2014-2017)	**na**
Sugar per capita kg/pa (2014-2017)	**na**
Sugar energy per capita kcal/pd (2014-2017)	**na**

Sugar-sweetened beverage per capita l/pa (2015)	**105.0**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	24.7%	30.7%	na
Women	25.8%	27.4%	na
Children 5-19	12.3%	13.3%	1.7

Chance of meeting UN adult obesity targets for 2025

Men	6.0% - very poor chance	Women	32.0% - poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Angola

COVID-19 deaths per 100,000 population (01/01/2021)	**1.31**
Adult overweight BMI >25kg/m² (2016)	**27.5**
Adult obesity BMI >30kg/m² (2016)	**8.2**
Population age over 65 years (%) (2020)	**2.2**
Per capita Gross Domestic Product $US (2019)	**6,930**
Healthy life expectancy years (2019)	**54.8**
Insufficient physical activity % adults (2016)	**na**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**7.9**
Root vegetables per capita kg/pa (2014-2017)	**200.6**
Vegetable oil per capita kg/pa (2014-2017)	**6.9**
Animal fat per capita kg/pa (2014-2017)	**0.7**
Sugar per capita kg/pa (2014-2017)	**22.0**
Sugar energy per capita kcal/pd (2014-2017)	**132**
Sugar-sweetened beverage per capita l/pa (2015)	**21.9**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	2.9%	7.9%	574.3
Women	9.7%	19.0%	1,432.4
Children 5-19	1.3%	5.1%	606.9

Chance of meeting UN adult obesity targets for 2025

Men	0.0% - very poor chance	Women	0.0% - very poor chance

WORLD OBESITY

Antigua and Barbuda

COVID-19 deaths per 100,000 population (01/01/2021)	**5.19**
Adult overweight BMI >25kg/m² (2016)	**48**
Adult obesity BMI >30kg/m² (2016)	**18.9**
Population age over 65 years (%) (2020)	**9.3**
Per capita Gross Domestic Product $US (2019)	**22,816**
Healthy life expectancy years (2019)	**67**
Insufficient physical activity % adults (2016)	**na**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**2.3**
Root vegetables per capita kg/pa (2014-2017)	**17.2**
Vegetable oil per capita kg/pa (2014-2017)	**10.6**
Animal fat per capita kg/pa (2014-2017)	**0.1**
Sugar per capita kg/pa (2014-2017)	**50.1**
Sugar energy per capita kcal/pd (2014-2017)	**246**
Sugar-sweetened beverage per capita l/pa (2015)	**82.0**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	9.9%	17.0%	**5.4**
Women	23.6%	32.8%	**12.1**
Children 5-19	8.5%	16.8%	**3.9**

Chance of meeting UN adult obesity targets for 2025

Men	1.0% - very poor chance	Women	1.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Argentina

COVID-19 deaths per 100,000 population (01/01/2021)	**97.19**
Adult overweight BMI >25kg/m² (2016)	**62.7**
Adult obesity BMI >30kg/m² (2016)	**28.3**
Population age over 65 years (%) (2020)	**11.4**
Per capita Gross Domestic Product $US (2019)	**22,947**
Healthy life expectancy years (2019)	**67.1**
Insufficient physical activity % adults (2016)	**41.6**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**0.8**
Root vegetables per capita kg/pa (2014-2017)	**46.4**
Vegetable oil per capita kg/pa (2014-2017)	**15.0**
Animal fat per capita kg/pa (2014-2017)	**3.3**
Sugar per capita kg/pa (2014-2017)	**46.6**
Sugar energy per capita kcal/pd (2014-2017)	**452**
Sugar-sweetened beverage per capita l/pa (2015)	**157.4**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	24.9%	34.4%	5,431.4
Women	27.4%	35.0%	5,949.0
Children 5-19	14.6%	20.5%	2,071.7

Chance of meeting UN adult obesity targets for 2025

Men	1.0% - very poor chance	Women	2.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
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Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Armenia

COVID-19 deaths per 100,000 population (01/01/2021)	**95.64**
Adult overweight BMI >25kg/m² (2016)	**54.4**
Adult obesity BMI >30kg/m² (2016)	**20.2**
Population age over 65 years (%) (2020)	**11.8**
Per capita Gross Domestic Product $US (2019)	**14,220**
Healthy life expectancy years (2019)	**67.1**
Insufficient physical activity % adults (2016)	**22.6**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**2.9**
Root vegetables per capita kg/pa (2014-2017)	**42.9**
Vegetable oil per capita kg/pa (2014-2017)	**9.7**
Animal fat per capita kg/pa (2014-2017)	**3.9**
Sugar per capita kg/pa (2014-2017)	**51.7**
Sugar energy per capita kcal/pd (2014-2017)	**313**
Sugar-sweetened beverage per capita l/pa (2015)	**44.2**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	**2025 cases (thousands)**
Men	15.0%	23.3%	**237.2**
Women	21.3%	29.0%	**368.6**
Children 5-19	3.7%	6.9%	**39.7**

Chance of meeting UN adult obesity targets for 2025

Men	1.0% - very poor chance	Women	1.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Australia

COVID-19 deaths per 100,000 population (01/01/2021)	**3.64**
Adult overweight BMI >25kg/m² (2016)	**64.5**
Adult obesity BMI >30kg/m² (2016)	**29**
Population age over 65 years (%) (2020)	**16.2**
Per capita Gross Domestic Product $US (2019)	**53,320**
Healthy life expectancy years (2019)	**70.9**
Insufficient physical activity % adults (2016)	**30.4**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**0.8**
Root vegetables per capita kg/pa (2014-2017)	**51.6**
Vegetable oil per capita kg/pa (2014-2017)	**23.4**
Animal fat per capita kg/pa (2014-2017)	**5.7**
Sugar per capita kg/pa (2014-2017)	**60.4**
Sugar energy per capita kcal/pd (2014-2017)	**465**

Sugar-sweetened beverage per capita l/pa (2015)	**131.1**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	26.7%	37.8%	**3,778.5**
Women	26.5%	34.9%	**3,568.9**
Children 5-19	11.5%	14.1%	**731.9**

Chance of meeting UN adult obesity targets for 2025

Men	0.0% - very poor chance	Women	1.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Austria

COVID-19 deaths per 100,000 population (01/01/2021)	**70.33**
Adult overweight BMI >25kg/m² (2016)	**54.3**
Adult obesity BMI >30kg/m² (2016)	**20.1**
Population age over 65 years (%) (2020)	**19.2**
Per capita Gross Domestic Product $US (2019)	**59,111**
Healthy life expectancy years (2019)	**70.9**
Insufficient physical activity % adults (2016)	**30.1**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**0.8**
Root vegetables per capita kg/pa (2014-2017)	**57.0**
Vegetable oil per capita kg/pa (2014-2017)	**15.5**
Animal fat per capita kg/pa (2014-2017)	**15.8**
Sugar per capita kg/pa (2014-2017)	**46.9**
Sugar energy per capita kcal/pd (2014-2017)	**460**

Sugar-sweetened beverage per capita l/pa (2015)	**122.1**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	19.5%	28.8%	**999.1**
Women	17.1%	22.7%	**823.6**
Children 5-19	7.5%	11.0%	**144.5**

Chance of meeting UN adult obesity targets for 2025

Men	1.0% - very poor chance	Women	3.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Azerbaijan

COVID-19 deaths per 100,000 population (01/01/2021)	**26.56**
Adult overweight BMI >25kg/m² (2016)	**53.6**
Adult obesity BMI >30kg/m² (2016)	**19.9**
Population age over 65 years (%) (2020)	**6.7**
Per capita Gross Domestic Product $US (2019)	**15,001**
Healthy life expectancy years (2019)	**63.6**
Insufficient physical activity % adults (2016)	**na**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**0.9**
Root vegetables per capita kg/pa (2014-2017)	**73.0**
Vegetable oil per capita kg/pa (2014-2017)	**3.6**
Animal fat per capita kg/pa (2014-2017)	**3.8**
Sugar per capita kg/pa (2014-2017)	**48.9**
Sugar energy per capita kcal/pd (2014-2017)	**228**
Sugar-sweetened beverage per capita l/pa (2015)	**35.6**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	**2025 cases (thousands)**
Men	13.2%	23.1%	**828.1**
Women	21.0%	31.0%	**1,191.3**
Children 5-19	3.4%	8.0%	**179.5**

Chance of meeting UN adult obesity targets for 2025

Men	**0.0% - very poor chance**	Women	**0.0% - very poor chance**

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Bahamas

COVID-19 deaths per 100,000 population (01/01/2021)	**44.08**
Adult overweight BMI >25kg/m² (2016)	**64.4**
Adult obesity BMI >30kg/m² (2016)	**31.6**
Population age over 65 years (%) (2020)	**7.7**
Per capita Gross Domestic Product $US (2019)	**37,266**
Healthy life expectancy years (2019)	**64.4**
Insufficient physical activity % adults (2016)	**43.3**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**0.7**
Root vegetables per capita kg/pa (2014-2017)	**11.1**
Vegetable oil per capita kg/pa (2014-2017)	**5.5**
Animal fat per capita kg/pa (2014-2017)	**0.1**
Sugar per capita kg/pa (2014-2017)	**72.4**
Sugar energy per capita kcal/pd (2014-2017)	**351**

Sugar-sweetened beverage per capita l/pa (2015)	**80.0**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	21.7%	32.3%	**48.8**
Women	36.7%	44.1%	**71.9**
Children 5-19	15.0%	21.3%	**18.5**

Chance of meeting UN adult obesity targets for 2025

Men	1.0% - very poor chance	Women	3.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Bahrain

COVID-19 deaths per 100,000 population (01/01/2021)	**22.43**
Adult overweight BMI >25kg/m² (2016)	**65.8**
Adult obesity BMI >30kg/m² (2016)	**29.8**
Population age over 65 years (%) (2020)	**2.7**
Per capita Gross Domestic Product $US (2019)	**46,892**
Healthy life expectancy years (2019)	**65.9**
Insufficient physical activity % adults (2016)	**na**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**na**
Root vegetables per capita kg/pa (2014-2017)	**na**
Vegetable oil per capita kg/pa (2014-2017)	**na**
Animal fat per capita kg/pa (2014-2017)	**na**
Sugar per capita kg/pa (2014-2017)	**na**
Sugar energy per capita kcal/pd (2014-2017)	**na**

Sugar-sweetened beverage per capita l/pa (2015)	**95.4**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	**2025 cases (thousands)**
Men	23.0%	32.9%	**253.0**
Women	35.6%	42.3%	**174.3**
Children 5-19	14.8%	20.7%	**61.6**

Chance of meeting UN adult obesity targets for 2025

Men	**1.0% - very poor chance**	Women	**4.0% - very poor chance**

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Bangladesh

COVID-19 deaths per 100,000 population (01/01/2021)	**4.68**
Adult overweight BMI >25kg/m² (2016)	**20**
Adult obesity BMI >30kg/m² (2016)	**3.6**
Population age over 65 years (%) (2020)	**5.2**
Per capita Gross Domestic Product $US (2019)	**4,951**
Healthy life expectancy years (2019)	**64.3**
Insufficient physical activity % adults (2016)	**27.8**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**6.5**
Root vegetables per capita kg/pa (2014-2017)	**48.5**
Vegetable oil per capita kg/pa (2014-2017)	**7.0**
Animal fat per capita kg/pa (2014-2017)	**0.2**
Sugar per capita kg/pa (2014-2017)	**9.3**
Sugar energy per capita kcal/pd (2014-2017)	**77**
Sugar-sweetened beverage per capita l/pa (2015)	**0.7**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	1.5%	4.7%	**2,798.0**
Women	3.7%	8.7%	**5,186.6**
Children 5-19	1.5%	5.8%	**2,563.6**

Chance of meeting UN adult obesity targets for 2025

Men	**0.0% - very poor chance**	Women	**0.0% - very poor chance**

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Barbados

COVID-19 deaths per 100,000 population (01/01/2021)	**2.44**
Adult overweight BMI >25kg/m² (2016)	**52.4**
Adult obesity BMI >30kg/m² (2016)	**23.1**
Population age over 65 years (%) (2020)	**16.7**
Per capita Gross Domestic Product $US (2019)	**16,287**
Healthy life expectancy years (2019)	**67**
Insufficient physical activity % adults (2016)	**42.9**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**7.4**
Root vegetables per capita kg/pa (2014-2017)	**48.2**
Vegetable oil per capita kg/pa (2014-2017)	**10.8**
Animal fat per capita kg/pa (2014-2017)	**2.7**
Sugar per capita kg/pa (2014-2017)	**60.0**
Sugar energy per capita kcal/pd (2014-2017)	**544**

Sugar-sweetened beverage per capita l/pa (2015)	**83.3**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	**2025 cases (thousands)**
Men	12.3%	21.7%	**22.4**
Women	28.7%	39.3%	**46.0**
Children 5-19	8.9%	18.3%	**9.9**

Chance of meeting UN adult obesity targets for 2025

Men	**0.0% - very poor chance**	Women	**0.0% - very poor chance**

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Belarus

COVID-19 deaths per 100,000 population (01/01/2021)	**15.01**
Adult overweight BMI >25kg/m² (2016)	**59.4**
Adult obesity BMI >30kg/m² (2016)	**24.5**
Population age over 65 years (%) (2020)	**15.6**
Per capita Gross Domestic Product $US (2019)	**19,943**
Healthy life expectancy years (2019)	**66**
Insufficient physical activity % adults (2016)	**14.1**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**0.0**
Root vegetables per capita kg/pa (2014-2017)	**174.6**
Vegetable oil per capita kg/pa (2014-2017)	**18.9**
Animal fat per capita kg/pa (2014-2017)	**6.5**
Sugar per capita kg/pa (2014-2017)	**79.7**
Sugar energy per capita kcal/pd (2014-2017)	**321**
Sugar-sweetened beverage per capita l/pa (2015)	**53.2**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	19.8%	28.7%	910.1
Women	25.9%	30.0%	1,169.7
Children 5-19	5.8%	10.7%	159.8

Chance of meeting UN adult obesity targets for 2025

Men	1.0% - very poor chance	Women	12.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Belgium

COVID-19 deaths per 100,000 population (01/01/2021)	**170.97**
Adult overweight BMI >25kg/m² (2016)	**59.5**
Adult obesity BMI >30kg/m² (2016)	**22.1**
Population age over 65 years (%) (2020)	**19.3**
Per capita Gross Domestic Product $US (2019)	**54,545**
Healthy life expectancy years (2019)	**70.6**
Insufficient physical activity % adults (2016)	**35.7**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**2.5**
Root vegetables per capita kg/pa (2014-2017)	**89.9**
Vegetable oil per capita kg/pa (2014-2017)	**11.3**
Animal fat per capita kg/pa (2014-2017)	**17.1**
Sugar per capita kg/pa (2014-2017)	**58.2**
Sugar energy per capita kcal/pd (2014-2017)	**494**

Sugar-sweetened beverage per capita l/pa (2015)	**155.7**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	21.2%	29.4%	**1,322.1**
Women	20.6%	24.3%	**1,129.0**
Children 5-19	6.8%	7.5%	**149.5**

Chance of meeting UN adult obesity targets for 2025

Men	**1.0% - very poor chance**	Women	**10.0% - very poor chance**

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Belize

COVID-19 deaths per 100,000 population (01/01/2021)	**64.74**
Adult overweight BMI >25kg/m² (2016)	**54.8**
Adult obesity BMI >30kg/m² (2016)	**24.1**
Population age over 65 years (%) (2020)	**5.0**
Per capita Gross Domestic Product $US (2019)	**7,295**
Healthy life expectancy years (2019)	**65.3**
Insufficient physical activity % adults (2016)	**na**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**13.5**
Root vegetables per capita kg/pa (2014-2017)	**13.1**
Vegetable oil per capita kg/pa (2014-2017)	**10.1**
Animal fat per capita kg/pa (2014-2017)	**0.9**
Sugar per capita kg/pa (2014-2017)	**47.8**
Sugar energy per capita kcal/pd (2014-2017)	**427**
Sugar-sweetened beverage per capita l/pa (2015)	**62.1**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	14.1%	23.5%	**31.5**
Women	29.3%	38.6%	**53.7**
Children 5-19	9.3%	17.1%	**20.4**

Chance of meeting UN adult obesity targets for 2025

Men	**0.0% - very poor chance**	Women	**1.0% - very poor chance**

WORLD OBESITY

Benin

COVID-19 deaths per 100,000 population (01/01/2021)	**0.38**
Adult overweight BMI >25kg/m² (2016)	**29.5**
Adult obesity BMI >30kg/m² (2016)	**9.6**
Population age over 65 years (%) (2020)	**3.3**
Per capita Gross Domestic Product $US (2019)	**3,424**
Healthy life expectancy years (2019)	**55.5**
Insufficient physical activity % adults (2016)	**15.9**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**10.5**
Root vegetables per capita kg/pa (2014-2017)	**284.0**
Vegetable oil per capita kg/pa (2014-2017)	**8.6**
Animal fat per capita kg/pa (2014-2017)	**0.2**
Sugar per capita kg/pa (2014-2017)	**8.7**
Sugar energy per capita kcal/pd (2014-2017)	**72**

Sugar-sweetened beverage per capita l/pa (2015)	**9.9**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	**2025 cases (thousands)**
Men	3.6%	8.2%	**284.5**
Women	11.9%	20.9%	**740.1**
Children 5-19	1.7%	4.8%	**239.3**

Chance of meeting UN adult obesity targets for 2025

Men	**0.0% - very poor chance**	Women	**0.0% - very poor chance**

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Bhutan

COVID-19 deaths per 100,000 population (01/01/2021)	**na**
Adult overweight BMI >25kg/m² (2016)	**27.1**
Adult obesity BMI >30kg/m² (2016)	**6.4**
Population age over 65 years (%) (2020)	**6.2**
Per capita Gross Domestic Product $US (2019)	**na**
Healthy life expectancy years (2019)	**63.4**
Insufficient physical activity % adults (2016)	**23.0**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**na**
Root vegetables per capita kg/pa (2014-2017)	**na**
Vegetable oil per capita kg/pa (2014-2017)	**na**
Animal fat per capita kg/pa (2014-2017)	**na**
Sugar per capita kg/pa (2014-2017)	**na**
Sugar energy per capita kcal/pd (2014-2017)	**na**
Sugar-sweetened beverage per capita l/pa (2015)	**13.6**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	3.4%	8.9%	**28.5**
Women	6.7%	13.8%	**37.3**
Children 5-19	1.9%	6.8%	**14.2**

Chance of meeting UN adult obesity targets for 2025

Men	0.0% - very poor chance	Women	0.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Bolivia

COVID-19 deaths per 100,000 population (01/01/2021)	**80.73**
Adult overweight BMI >25kg/m² (2016)	**56.1**
Adult obesity BMI >30kg/m² (2016)	**20.2**
Population age over 65 years (%) (2020)	**7.5**
Per capita Gross Domestic Product $US (2019)	**9,086**
Healthy life expectancy years (2019)	**63.3**
Insufficient physical activity % adults (2016)	**na**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**4.0**
Root vegetables per capita kg/pa (2014-2017)	**85.9**
Vegetable oil per capita kg/pa (2014-2017)	**3.6**
Animal fat per capita kg/pa (2014-2017)	**1.1**
Sugar per capita kg/pa (2014-2017)	**26.5**
Sugar energy per capita kcal/pd (2014-2017)	**243**
Sugar-sweetened beverage per capita l/pa (2015)	**98.9**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	12.3%	20.8%	**786.0**
Women	23.4%	32.3%	**1,250.7**
Children 5-19	7.1%	12.9%	**494.9**

Chance of meeting UN adult obesity targets for 2025

Men	1.0% - very poor chance	Women	1.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Bosnia and Herzegovina

COVID-19 deaths per 100,000 population (01/01/2021)	**121.84**
Adult overweight BMI >25kg/m² (2016)	**53.3**
Adult obesity BMI >30kg/m² (2016)	**17.9**
Population age over 65 years (%) (2020)	**17.9**
Per capita Gross Domestic Product $US (2019)	**15,792**
Healthy life expectancy years (2019)	**67.2**
Insufficient physical activity % adults (2016)	**25.5**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**6.3**
Root vegetables per capita kg/pa (2014-2017)	**78.8**
Vegetable oil per capita kg/pa (2014-2017)	**8.2**
Animal fat per capita kg/pa (2014-2017)	**1.2**
Sugar per capita kg/pa (2014-2017)	**33.9**
Sugar energy per capita kcal/pd (2014-2017)	**184**
Sugar-sweetened beverage per capita l/pa (2015)	**42.1**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	**2025 cases (thousands)**
Men	15.1%	23.0%	**344.3**
Women	17.3%	22.8%	**350.2**
Children 5-19	3.8%	10.0%	**51.4**

Chance of meeting UN adult obesity targets for 2025

Men	**1.0% - very poor chance**	Women	**4.0% - very poor chance**

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Botswana

COVID-19 deaths per 100,000 population (01/01/2021)	**1.86**
Adult overweight BMI >25kg/m² (2016)	**43.4**
Adult obesity BMI >30kg/m² (2016)	**18.9**
Population age over 65 years (%) (2020)	**4.5**
Per capita Gross Domestic Product $US (2019)	**18,503**
Healthy life expectancy years (2019)	**53.9**
Insufficient physical activity % adults (2016)	**21.7**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**3.6**
Root vegetables per capita kg/pa (2014-2017)	**54.0**
Vegetable oil per capita kg/pa (2014-2017)	**10.8**
Animal fat per capita kg/pa (2014-2017)	**4.9**
Sugar per capita kg/pa (2014-2017)	**38.7**
Sugar energy per capita kcal/pd (2014-2017)	**268**
Sugar-sweetened beverage per capita l/pa (2015)	**70.3**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	6.6%	12.8%	**102.8**
Women	27.6%	35.6%	**291.2**
Children 5-19	4.0%	11.2%	**76.8**

Chance of meeting UN adult obesity targets for 2025

Men	1.0% - very poor chance	Women	2.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report *Missing the Targets, 2020.*

WORLD OBESITY

Brazil

COVID-19 deaths per 100,000 population (01/01/2021)	**93.07**
Adult overweight BMI >25kg/m² (2016)	**56.5**
Adult obesity BMI >30kg/m² (2016)	**22.1**
Population age over 65 years (%) (2020)	**9.6**
Per capita Gross Domestic Product $US (2019)	**15,259**
Healthy life expectancy years (2019)	**65.4**
Insufficient physical activity % adults (2016)	**47.0**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**14.5**
Root vegetables per capita kg/pa (2014-2017)	**54.7**
Vegetable oil per capita kg/pa (2014-2017)	**19.9**
Animal fat per capita kg/pa (2014-2017)	**4.2**
Sugar per capita kg/pa (2014-2017)	**42.8**
Sugar energy per capita kcal/pd (2014-2017)	**411**
Sugar-sweetened beverage per capita l/pa (2015)	**84.6**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	16.1%	25.2%	**19,977.8**
Women	23.4%	31.8%	**26,985.5**
Children 5-19	8.6%	15.5%	**6,757.2**

Chance of meeting UN adult obesity targets for 2025

Men	0.0% - very poor chance	Women	0.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Brunei Darussalam

COVID-19 deaths per 100,000 population (01/01/2021)	**0.70**
Adult overweight BMI >25kg/m² (2016)	**41.2**
Adult obesity BMI >30kg/m² (2016)	**14.1**
Population age over 65 years (%) (2020)	**5.6**
Per capita Gross Domestic Product $US (2019)	**64,673**
Healthy life expectancy years (2019)	**65.6**
Insufficient physical activity % adults (2016)	**27.3**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**na**
Root vegetables per capita kg/pa (2014-2017)	**na**
Vegetable oil per capita kg/pa (2014-2017)	**na**
Animal fat per capita kg/pa (2014-2017)	**na**
Sugar per capita kg/pa (2014-2017)	**na**
Sugar energy per capita kcal/pd (2014-2017)	**na**
Sugar-sweetened beverage per capita l/pa (2015)	**54.2**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	9.6%	20.7%	**36.8**
Women	13.6%	22.3%	**37.7**
Children 5-19	10.8%	19.8%	**19.4**

Chance of meeting UN adult obesity targets for 2025

Men	0.0% - very poor chance	Women	0.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Bulgaria

COVID-19 deaths per 100,000 population (01/01/2021)	**107.86**
Adult overweight BMI >25kg/m² (2016)	**61.7**
Adult obesity BMI >30kg/m² (2016)	**25**
Population age over 65 years (%) (2020)	**21.5**
Per capita Gross Domestic Product $US (2019)	**24,561**
Healthy life expectancy years (2019)	**66.3**
Insufficient physical activity % adults (2016)	**38.6**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**2.2**
Root vegetables per capita kg/pa (2014-2017)	**24.1**
Vegetable oil per capita kg/pa (2014-2017)	**10.0**
Animal fat per capita kg/pa (2014-2017)	**3.4**
Sugar per capita kg/pa (2014-2017)	**34.3**
Sugar energy per capita kcal/pd (2014-2017)	**265**
Sugar-sweetened beverage per capita l/pa (2015)	**111.6**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	22.9%	32.6%	**824.8**
Women	23.4%	28.6%	**790.8**
Children 5-19	8.2%	15.3%	**150.1**

Chance of meeting UN adult obesity targets for 2025

Men	1.0% - very poor chance	Women	7.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Burkina Faso

COVID-19 deaths per 100,000 population (01/01/2021)	**0.43**
Adult overweight BMI >25kg/m² (2016)	**23.2**
Adult obesity BMI >30kg/m² (2016)	**5.6**
Population age over 65 years (%) (2020)	**2.4**
Per capita Gross Domestic Product $US (2019)	**2,280**
Healthy life expectancy years (2019)	**54.9**
Insufficient physical activity % adults (2016)	**20.3**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**14.6**
Root vegetables per capita kg/pa (2014-2017)	**10.3**
Vegetable oil per capita kg/pa (2014-2017)	**8.7**
Animal fat per capita kg/pa (2014-2017)	**0.4**
Sugar per capita kg/pa (2014-2017)	**9.1**
Sugar energy per capita kcal/pd (2014-2017)	**81**
Sugar-sweetened beverage per capita l/pa (2015)	**5.5**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	1.8%	5.5%	298.1
Women	6.1%	14.4%	809.1
Children 5-19	0.5%	2.8%	248.5

Chance of meeting UN adult obesity targets for 2025

Men	0.0% - very poor chance	Women	0.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center.
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Burundi

COVID-19 deaths per 100,000 population (01/01/2021)	**na**
Adult overweight BMI >25kg/m² (2016)	**22.2**
Adult obesity BMI >30kg/m² (2016)	**5.4**
Population age over 65 years (%) (2020)	**2.4**
Per capita Gross Domestic Product $US (2019)	**783**
Healthy life expectancy years (2019)	**55.6**
Insufficient physical activity % adults (2016)	**na**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**na**
Root vegetables per capita kg/pa (2014-2017)	**na**
Vegetable oil per capita kg/pa (2014-2017)	**na**
Animal fat per capita kg/pa (2014-2017)	**na**
Sugar per capita kg/pa (2014-2017)	**na**
Sugar energy per capita kcal/pd (2014-2017)	**na**
Sugar-sweetened beverage per capita l/pa (2015)	**4.6**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	1.6%	4.0%	133.4
Women	6.7%	14.3%	502.9
Children 5-19	0.9%	4.2%	240.6

Chance of meeting UN adult obesity targets for 2025

Men	1.0% - very poor chance	Women	0.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Cabo Verde

COVID-19 deaths per 100,000 population (01/01/2021)	**20.78**
Adult overweight BMI >25kg/m² (2016)	**34.8**
Adult obesity BMI >30kg/m² (2016)	**11.8**
Population age over 65 years (%) (2020)	**4.8**
Per capita Gross Domestic Product $US (2019)	**7,469**
Healthy life expectancy years (2019)	**64.8**
Insufficient physical activity % adults (2016)	**19.7**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**11.6**
Root vegetables per capita kg/pa (2014-2017)	**37.7**
Vegetable oil per capita kg/pa (2014-2017)	**9.3**
Animal fat per capita kg/pa (2014-2017)	**0.4**
Sugar per capita kg/pa (2014-2017)	**23.1**
Sugar energy per capita kcal/pd (2014-2017)	**189**

Sugar-sweetened beverage per capita l/pa (2015)	**24.7**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	**2025 cases (thousands)**
Men	5.3%	11.9%	**21.9**
Women	14.0%	23.2%	**44.8**
Children 5-19	2.3%	5.5%	**7.3**

Chance of meeting UN adult obesity targets for 2025

Men	**0.0% - very poor chance**	Women	**0.0% - very poor chance**

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Cambodia

COVID-19 deaths per 100,000 population (01/01/2021)	**na**
Adult overweight BMI >25kg/m² (2016)	**21.7**
Adult obesity BMI >30kg/m² (2016)	**3.9**
Population age over 65 years (%) (2020)	**4.9**
Per capita Gross Domestic Product $US (2019)	**4,571**
Healthy life expectancy years (2019)	**61.5**
Insufficient physical activity % adults (2016)	**10.5**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**4.8**
Root vegetables per capita kg/pa (2014-2017)	**30.9**
Vegetable oil per capita kg/pa (2014-2017)	**2.3**
Animal fat per capita kg/pa (2014-2017)	**0.7**
Sugar per capita kg/pa (2014-2017)	**24.9**
Sugar energy per capita kcal/pd (2014-2017)	**204**
Sugar-sweetened beverage per capita l/pa (2015)	**7.5**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	1.9%	5.5%	288.4
Women	3.6%	8.6%	498.5
Children 5-19	1.8%	6.5%	337.2

Chance of meeting UN adult obesity targets for 2025

Men	0.0% - very poor chance	Women	0.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Cameroon

COVID-19 deaths per 100,000 population (01/01/2021)	**1.78**
Adult overweight BMI >25kg/m² (2016)	**33.6**
Adult obesity BMI >30kg/m² (2016)	**11.4**
Population age over 65 years (%) (2020)	**2.7**
Per capita Gross Domestic Product $US (2019)	**3,804**
Healthy life expectancy years (2019)	**54.5**
Insufficient physical activity % adults (2016)	**28.5**

Dietary Data

Pulses per capita kg/pa (2014-2017)	19.8
Root vegetables per capita kg/pa (2014-2017)	155.2
Vegetable oil per capita kg/pa (2014-2017)	9.1
Animal fat per capita kg/pa (2014-2017)	0.2
Sugar per capita kg/pa (2014-2017)	9.5
Sugar energy per capita kcal/pd (2014-2017)	90
Sugar-sweetened beverage per capita l/pa (2015)	**22.4**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	4.7%	10.6%	**771.6**
Women	14.0%	23.7%	**1,742.9**
Children 5-19	1.9%	4.8%	**527.0**

Chance of meeting UN adult obesity targets for 2025

Men	0.0% - very poor chance	Women	0.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Canada

COVID-19 deaths per 100,000 population (01/01/2021)	**42.18**
Adult overweight BMI >25kg/m² (2016)	**64.1**
Adult obesity BMI >30kg/m² (2016)	**29.4**
Population age over 65 years (%) (2020)	**18.1**
Per capita Gross Domestic Product $US (2019)	**51,342**
Healthy life expectancy years (2019)	**71.3**
Insufficient physical activity % adults (2016)	**28.6**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**9.7**
Root vegetables per capita kg/pa (2014-2017)	**66.3**
Vegetable oil per capita kg/pa (2014-2017)	**25.9**
Animal fat per capita kg/pa (2014-2017)	**15.2**
Sugar per capita kg/pa (2014-2017)	**90.3**
Sugar energy per capita kcal/pd (2014-2017)	**437**
Sugar-sweetened beverage per capita l/pa (2015)	**154.5**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	26.7%	37.3%	**5,631.9**
Women	27.2%	36.1%	**5,613.9**
Children 5-19	11.1%	14.7%	**973.9**

Chance of meeting UN adult obesity targets for 2025

Men	**0.0% - very poor chance**	Women	**0.0% - very poor chance**

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Central African Republic

COVID-19 deaths per 100,000 population (01/01/2021)	**1.35**
Adult overweight BMI >25kg/m² (2016)	**26.2**
Adult obesity BMI >30kg/m² (2016)	**7.5**
Population age over 65 years (%) (2020)	**2.8**
Per capita Gross Domestic Product $US (2019)	**984**
Healthy life expectancy years (2019)	**46.4**
Insufficient physical activity % adults (2016)	**14.3**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**8.0**
Root vegetables per capita kg/pa (2014-2017)	**267.3**
Vegetable oil per capita kg/pa (2014-2017)	**7.4**
Animal fat per capita kg/pa (2014-2017)	**1.2**
Sugar per capita kg/pa (2014-2017)	**7.0**
Sugar energy per capita kcal/pd (2014-2017)	**64**

Sugar-sweetened beverage per capita l/pa (2015)	**7.2**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	2.8%	6.4%	**99.5**
Women	9.1%	16.3%	**265.4**
Children 5-19	1.3%	4.4%	**87.8**

Chance of meeting UN adult obesity targets for 2025

Men	1.0% - very poor chance	Women	0.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Chad

COVID-19 deaths per 100,000 population (01/01/2021)	**0.67**
Adult overweight BMI >25kg/m² (2016)	**23.1**
Adult obesity BMI >30kg/m² (2016)	**6.1**
Population age over 65 years (%) (2020)	**2.5**
Per capita Gross Domestic Product $US (2019)	**1,645**
Healthy life expectancy years (2019)	**52**
Insufficient physical activity % adults (2016)	**23.3**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**9.5**
Root vegetables per capita kg/pa (2014-2017)	**47.1**
Vegetable oil per capita kg/pa (2014-2017)	**3.4**
Animal fat per capita kg/pa (2014-2017)	**1.1**
Sugar per capita kg/pa (2014-2017)	**10.1**
Sugar energy per capita kcal/pd (2014-2017)	**94**

Sugar-sweetened beverage per capita l/pa (2015)	**7.6**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	2.4%	5.6%	**231.6**
Women	7.2%	14.0%	**586.5**
Children 5-19	0.9%	3.1%	**225.0**

Chance of meeting UN adult obesity targets for 2025

Men	1.0% - very poor chance	Women	0.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Chile

COVID-19 deaths per 100,000 population (01/01/2021)	**88.67**
Adult overweight BMI >25kg/m² (2016)	**63.1**
Adult obesity BMI >30kg/m² (2016)	**28**
Population age over 65 years (%) (2020)	**12.2**
Per capita Gross Domestic Product $US (2019)	**25,155**
Healthy life expectancy years (2019)	**70**
Insufficient physical activity % adults (2016)	**26.6**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**3.3**
Root vegetables per capita kg/pa (2014-2017)	**58.8**
Vegetable oil per capita kg/pa (2014-2017)	**7.9**
Animal fat per capita kg/pa (2014-2017)	**2.5**
Sugar per capita kg/pa (2014-2017)	**48.0**
Sugar energy per capita kcal/pd (2014-2017)	**460**
Sugar-sweetened beverage per capita l/pa (2015)	**161.6**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	22.6%	31.7%	**2,310.9**
Women	29.3%	37.1%	**2,822.9**
Children 5-19	13.0%	19.3%	**704.1**

Chance of meeting UN adult obesity targets for 2025

Men	1.0% - very poor chance	Women	2.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

China

COVID-19 deaths per 100,000 population (01/01/2021)	**0.34**
Adult overweight BMI >25kg/m² (2016)	**32.3**
Adult obesity BMI >30kg/m² (2016)	**6.2**
Population age over 65 years (%) (2020)	**12.0**
Per capita Gross Domestic Product $US (2019)	**16,785**
Healthy life expectancy years (2019)	**68.5**
Insufficient physical activity % adults (2016)	**14.1**

Dietary Data

Pulses per capita kg/pa (2014-2017)	1.3
Root vegetables per capita kg/pa (2014-2017)	66.0
Vegetable oil per capita kg/pa (2014-2017)	7.7
Animal fat per capita kg/pa (2014-2017)	1.9
Sugar per capita kg/pa (2014-2017)	8.3
Sugar energy per capita kcal/pd (2014-2017)	80

Sugar-sweetened beverage per capita l/pa (2015)	**31.4**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	4.0%	12.3%	69,358.6
Women	5.2%	10.8%	58,608.5
Children 5-19	6.5%	20.3%	52,798.9

Chance of meeting UN adult obesity targets for 2025

Men	0.0% - very poor chance	Women	0.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Colombia

COVID-19 deaths per 100,000 population (01/01/2021)	**87.04**
Adult overweight BMI >25kg/m² (2016)	**59**
Adult obesity BMI >30kg/m² (2016)	**22.3**
Population age over 65 years (%) (2020)	**9.1**
Per capita Gross Domestic Product $US (2019)	**15,644**
Healthy life expectancy years (2019)	**69**
Insufficient physical activity % adults (2016)	**44.0**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**5.7**
Root vegetables per capita kg/pa (2014-2017)	**78.7**
Vegetable oil per capita kg/pa (2014-2017)	**14.7**
Animal fat per capita kg/pa (2014-2017)	**1.3**
Sugar per capita kg/pa (2014-2017)	**65.5**
Sugar energy per capita kcal/pd (2014-2017)	**567**

Sugar-sweetened beverage per capita l/pa (2015)	**79.0**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	15.3%	24.1%	**4,349.8**
Women	24.8%	32.9%	**6,351.7**
Children 5-19	5.3%	10.2%	**1,341.8**

Chance of meeting UN adult obesity targets for 2025

Men	**1.0% - very poor chance**	Women	**1.0% - very poor chance**

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Comoros

COVID-19 deaths per 100,000 population (01/01/2021)	**1.20**
Adult overweight BMI >25kg/m² (2016)	**27.1**
Adult obesity BMI >30kg/m² (2016)	**7.8**
Population age over 65 years (%) (2020)	**3.1**
Per capita Gross Domestic Product $US (2019)	**3,209**
Healthy life expectancy years (2019)	**58.9**
Insufficient physical activity % adults (2016)	**14.3**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**na**
Root vegetables per capita kg/pa (2014-2017)	**na**
Vegetable oil per capita kg/pa (2014-2017)	**na**
Animal fat per capita kg/pa (2014-2017)	**na**
Sugar per capita kg/pa (2014-2017)	**na**
Sugar energy per capita kcal/pd (2014-2017)	**na**

Sugar-sweetened beverage per capita l/pa (2015)	**7.1**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	**2025 cases (thousands)**
Men	2.6%	5.5%	**14.0**
Women	10.1%	18.1%	**46.3**
Children 5-19	1.7%	5.2%	**17.7**

Chance of meeting UN adult obesity targets for 2025

Men	**2.0% - very poor chance**	Women	**0.0% - very poor chance**

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Congo

COVID-19 deaths per 100,000 population (01/01/2021)	**11.27**
Adult overweight BMI >25kg/m² (2016)	**30.9**
Adult obesity BMI >30kg/m² (2016)	**9.6**
Population age over 65 years (%) (2020)	**2.8**
Per capita Gross Domestic Product $US (2019)	**3,435**
Healthy life expectancy years (2019)	**56.2**
Insufficient physical activity % adults (2016)	**28.0**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**2.9**
Root vegetables per capita kg/pa (2014-2017)	**284.8**
Vegetable oil per capita kg/pa (2014-2017)	**8.5**
Animal fat per capita kg/pa (2014-2017)	**0.1**
Sugar per capita kg/pa (2014-2017)	**16.3**
Sugar energy per capita kcal/pd (2014-2017)	**150**

Sugar-sweetened beverage per capita l/pa (2015)	**16.2**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	4.2%	9.5%	137.8
Women	11.6%	19.1%	280.2
Children 5-19	1.2%	3.9%	86.0

Chance of meeting UN adult obesity targets for 2025

Men	0.0% - very poor chance	Women	0.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Cook Islands

COVID-19 deaths per 100,000 population (01/01/2021)	**na**
Adult overweight BMI >25kg/m² (2016)	**84.7**
Adult obesity BMI >30kg/m² (2016)	**55.9**
Population age over 65 years (%) (2020)	**na**
Per capita Gross Domestic Product $US (2019)	**na**
Healthy life expectancy years (2019)	**na**
Insufficient physical activity % adults (2016)	**18.5**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**na**
Root vegetables per capita kg/pa (2014-2017)	**na**
Vegetable oil per capita kg/pa (2014-2017)	**na**
Animal fat per capita kg/pa (2014-2017)	**na**
Sugar per capita kg/pa (2014-2017)	**na**
Sugar energy per capita kcal/pd (2014-2017)	**na**

Sugar-sweetened beverage per capita l/pa (2015)	**na**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	50.0%	60.8%	na
Women	58.4%	65.0%	na
Children 5-19	26.8%	39.7%	2.3

Chance of meeting UN adult obesity targets for 2025

Men	1.0% - very poor chance	Women	3.0% - very poor chance

WORLD OBESITY

Costa Rica

COVID-19 deaths per 100,000 population (01/01/2021)	**43.70**
Adult overweight BMI >25kg/m² (2016)	**61.6**
Adult obesity BMI >30kg/m² (2016)	**25.7**
Population age over 65 years (%) (2020)	**10.3**
Per capita Gross Domestic Product $US (2019)	**20,434**
Healthy life expectancy years (2019)	**70**
Insufficient physical activity % adults (2016)	**46.1**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**11.0**
Root vegetables per capita kg/pa (2014-2017)	**22.4**
Vegetable oil per capita kg/pa (2014-2017)	**17.2**
Animal fat per capita kg/pa (2014-2017)	**2.1**
Sugar per capita kg/pa (2014-2017)	**53.9**
Sugar energy per capita kcal/pd (2014-2017)	**515**

Sugar-sweetened beverage per capita l/pa (2015)	**106.8**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	**2025 cases (thousands)**
Men	17.4%	31.4%	**601.6**
Women	27.2%	39.6%	**773.0**
Children 5-19	9.6%	17.7%	**196.7**

Chance of meeting UN adult obesity targets for 2025

Men	**0.0% - very poor chance**	Women	**0.0% - very poor chance**

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Cote D'Ivoire

COVID-19 deaths per 100,000 population (01/01/2021)	**0.55**
Adult overweight BMI >25kg/m² (2016)	**31.6**
Adult obesity BMI >30kg/m² (2016)	**10.3**
Population age over 65 years (%) (2020)	**2.9**
Per capita Gross Domestic Product $US (2019)	**5,455**
Healthy life expectancy years (2019)	**54.8**
Insufficient physical activity % adults (2016)	**33.1**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**2.2**
Root vegetables per capita kg/pa (2014-2017)	**295.1**
Vegetable oil per capita kg/pa (2014-2017)	**10.9**
Animal fat per capita kg/pa (2014-2017)	**0.2**
Sugar per capita kg/pa (2014-2017)	**9.0**
Sugar energy per capita kcal/pd (2014-2017)	**85**

Sugar-sweetened beverage per capita l/pa (2015)	**5.9**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	21.4%	31.5%	**2,228.9**
Women	23.2%	29.8%	**2,054.1**
Children 5-19	2.3%	6.0%	**574.7**

Chance of meeting UN adult obesity targets for 2025

Men	0.0% - very poor chance	Women	2.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Croatia

COVID-19 deaths per 100,000 population (01/01/2021)	**95.86**
Adult overweight BMI >25kg/m² (2016)	**59.6**
Adult obesity BMI >30kg/m² (2016)	**24.4**
Population age over 65 years (%) (2020)	**21.3**
Per capita Gross Domestic Product $US (2019)	**29,973**
Healthy life expectancy years (2019)	**68.6**
Insufficient physical activity % adults (2016)	**31.1**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**0.8**
Root vegetables per capita kg/pa (2014-2017)	**38.2**
Vegetable oil per capita kg/pa (2014-2017)	**8.1**
Animal fat per capita kg/pa (2014-2017)	**4.0**
Sugar per capita kg/pa (2014-2017)	**56.1**
Sugar energy per capita kcal/pd (2014-2017)	**443**

Sugar-sweetened beverage per capita l/pa (2015)	**74.6**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	21.4%	31.5%	**492.3**
Women	23.2%	29.8%	**511.4**
Children 5-19	8.3%	15.9%	**96.3**

Chance of meeting UN adult obesity targets for 2025

Men	0.0% - very poor chance	Women	2.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Cuba

COVID-19 deaths per 100,000 population (01/01/2021)	**1.29**
Adult overweight BMI >25kg/m² (2016)	**58.5**
Adult obesity BMI >30kg/m² (2016)	**24.6**
Population age over 65 years (%) (2020)	**15.9**
Per capita Gross Domestic Product $US (2019)	**na**
Healthy life expectancy years (2019)	**67.8**
Insufficient physical activity % adults (2016)	**36.9**

Dietary Data

Pulses per capita kg/pa (2014-2017)	17.9
Root vegetables per capita kg/pa (2014-2017)	82.5
Vegetable oil per capita kg/pa (2014-2017)	7.4
Animal fat per capita kg/pa (2014-2017)	1.9
Sugar per capita kg/pa (2014-2017)	52.7
Sugar energy per capita kcal/pd (2014-2017)	511
Sugar-sweetened beverage per capita l/pa (2015)	**7.2**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	**2025 cases (thousands)**
Men	16.3%	26.7%	**1,213.2**
Women	28.8%	36.4%	**1,663.8**
Children 5-19	9.7%	15.1%	**230.8**

Chance of meeting UN adult obesity targets for 2025

Men	**0.0% - very poor chance**	Women	**2.0% - very poor chance**

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Cyprus

COVID-19 deaths per 100,000 population (01/01/2021)	**10.01**
Adult overweight BMI >25kg/m² (2016)	**59.1**
Adult obesity BMI >30kg/m² (2016)	**21.8**
Population age over 65 years (%) (2020)	**14.4**
Per capita Gross Domestic Product $US (2019)	**41,254**
Healthy life expectancy years (2019)	**72.4**
Insufficient physical activity % adults (2016)	**44.4**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**3.0**
Root vegetables per capita kg/pa (2014-2017)	**22.8**
Vegetable oil per capita kg/pa (2014-2017)	**15.8**
Animal fat per capita kg/pa (2014-2017)	**0.4**
Sugar per capita kg/pa (2014-2017)	**59.3**
Sugar energy per capita kcal/pd (2014-2017)	**250**
Sugar-sweetened beverage per capita l/pa (2015)	**62.9**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	19.9%	28.0%	**142.0**
Women	21.1%	25.1%	**123.0**
Children 5-19	11.2%	14.6%	**29.5**

Chance of meeting UN adult obesity targets for 2025

Men	2.0% - very poor chance	Women	11.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Czechia

COVID-19 deaths per 100,000 population (01/01/2021)	108.98
Adult overweight BMI >25kg/m² (2016)	62.3
Adult obesity BMI >30kg/m² (2016)	26
Population age over 65 years (%) (2020)	20.1
Per capita Gross Domestic Product $US (2019)	42,576
Healthy life expectancy years (2019)	68.8
Insufficient physical activity % adults (2016)	31.1

Dietary Data

Pulses per capita kg/pa (2014-2017)	2.0
Root vegetables per capita kg/pa (2014-2017)	58.6
Vegetable oil per capita kg/pa (2014-2017)	14.8
Animal fat per capita kg/pa (2014-2017)	15.2
Sugar per capita kg/pa (2014-2017)	50.1
Sugar energy per capita kcal/pd (2014-2017)	367

Sugar-sweetened beverage per capita l/pa (2015)	83.7

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	24.4%	32.5%	1,329.6
Women	25.1%	29.0%	1,250.5
Children 5-19	7.2%	13.4%	239.5

Chance of meeting UN adult obesity targets for 2025

Men	1.0% - very poor chance	Women	12.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Democratic Republic of Congo

COVID-19 deaths per 100,000 population (01/01/2021)	**0.13**
Adult overweight BMI >25kg/m² (2016)	**25.3**
Adult obesity BMI >30kg/m² (2016)	**6.7**
Population age over 65 years (%) (2020)	**3.0**
Per capita Gross Domestic Product $US (2019)	**1,143**
Healthy life expectancy years (2019)	**54.1**
Insufficient physical activity % adults (2016)	**23.8**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**na**
Root vegetables per capita kg/pa (2014-2017)	**na**
Vegetable oil per capita kg/pa (2014-2017)	**na**
Animal fat per capita kg/pa (2014-2017)	**na**
Sugar per capita kg/pa (2014-2017)	**na**
Sugar energy per capita kcal/pd (2014-2017)	**na**

Sugar-sweetened beverage per capita l/pa (2015)	**6.0**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	**2025 cases (thousands)**
Men	2.6%	6.7%	**1,570.5**
Women	7.8%	15.3%	**3,674.6**
Children 5-19	1.3%	4.5%	**1,555.9**

Chance of meeting UN adult obesity targets for 2025

Men	0.0% - very poor chance	Women	0.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Denmark

COVID-19 deaths per 100,000 population (01/01/2021)	**22.39**
Adult overweight BMI >25kg/m² (2016)	**55.4**
Adult obesity BMI >30kg/m² (2016)	**19.7**
Population age over 65 years (%) (2020)	**20.2**
Per capita Gross Domestic Product $US (2019)	**59,830**
Healthy life expectancy years (2019)	**71**
Insufficient physical activity % adults (2016)	**28.5**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**0.9**
Root vegetables per capita kg/pa (2014-2017)	**58.5**
Vegetable oil per capita kg/pa (2014-2017)	**1.7**
Animal fat per capita kg/pa (2014-2017)	**22.9**
Sugar per capita kg/pa (2014-2017)	**55.0**
Sugar energy per capita kcal/pd (2014-2017)	**480**
Sugar-sweetened beverage per capita l/pa (2015)	**118.1**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	20.0%	29.3%	**663.9**
Women	16.2%	20.5%	**479.5**
Children 5-19	6.9%	7.9%	**78.8**

Chance of meeting UN adult obesity targets for 2025

Men	0.0% - very poor chance	Women	6.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Djibouti

COVID-19 deaths per 100,000 population (01/01/2021)	**6.36**
Adult overweight BMI >25kg/m² (2016)	**38.6**
Adult obesity BMI >30kg/m² (2016)	**13.5**
Population age over 65 years (%) (2020)	**4.7**
Per capita Gross Domestic Product $US (2019)	**5,748**
Healthy life expectancy years (2019)	**58**
Insufficient physical activity % adults (2016)	**na**

Dietary Data

Pulses per capita kg/pa (2014-2017)	13.6
Root vegetables per capita kg/pa (2014-2017)	16.0
Vegetable oil per capita kg/pa (2014-2017)	13.6
Animal fat per capita kg/pa (2014-2017)	0.5
Sugar per capita kg/pa (2014-2017)	35.9
Sugar energy per capita kcal/pd (2014-2017)	328

Sugar-sweetened beverage per capita l/pa (2015)	**16.2**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	7.4%	12.4%	**37.8**
Women	17.0%	23.0%	**70.6**
Children 5-19	4.2%	7.2%	**22.7**

Chance of meeting UN adult obesity targets for 2025

Men	3.0% - very poor chance	Women	3.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Dominica

COVID-19 deaths per 100,000 population (01/01/2021)	**na**
Adult overweight BMI >25kg/m² (2016)	**60.3**
Adult obesity BMI >30kg/m² (2016)	**27.9**
Population age over 65 years (%) (2020)	**na**
Per capita Gross Domestic Product $US (2019)	**12,659**
Healthy life expectancy years (2019)	**na**
Insufficient physical activity % adults (2016)	**21.6**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**4.7**
Root vegetables per capita kg/pa (2014-2017)	**136.1**
Vegetable oil per capita kg/pa (2014-2017)	**7.6**
Animal fat per capita kg/pa (2014-2017)	**0.6**
Sugar per capita kg/pa (2014-2017)	**67.3**
Sugar energy per capita kcal/pd (2014-2017)	**407**
Sugar-sweetened beverage per capita l/pa (2015)	**63.7**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	17.0%	28.3%	na
Women	33.4%	42.9%	na
Children 5-19	12.2%	20.0%	3.5

Chance of meeting UN adult obesity targets for 2025

Men	0.0% - very poor chance	Women	1.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Dominican Republic

COVID-19 deaths per 100,000 population (01/01/2021)	**22.72**
Adult overweight BMI >25kg/m² (2016)	**61.2**
Adult obesity BMI >30kg/m² (2016)	**27.6**
Population age over 65 years (%) (2020)	**7.5**
Per capita Gross Domestic Product $US (2019)	**19,182**
Healthy life expectancy years (2019)	**64**
Insufficient physical activity % adults (2016)	**39.0**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**9.7**
Root vegetables per capita kg/pa (2014-2017)	**31.2**
Vegetable oil per capita kg/pa (2014-2017)	**19.9**
Animal fat per capita kg/pa (2014-2017)	**2.0**
Sugar per capita kg/pa (2014-2017)	**39.4**
Sugar energy per capita kcal/pd (2014-2017)	**367**
Sugar-sweetened beverage per capita l/pa (2015)	**88.5**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	**2025 cases (thousands)**
Men	16.9%	32.4%	**1,194.6**
Women	30.8%	43.6%	**1,672.9**
Children 5-19	11.6%	20.8%	**639.9**

Chance of meeting UN adult obesity targets for 2025

Men	**0.0% - very poor chance**	Women	**0.0% - very poor chance**

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Ecuador

COVID-19 deaths per 100,000 population (01/01/2021)	**82.15**
Adult overweight BMI >25kg/m² (2016)	**56**
Adult obesity BMI >30kg/m² (2016)	**19.9**
Population age over 65 years (%) (2020)	**7.6**
Per capita Gross Domestic Product $US (2019)	**11,847**
Healthy life expectancy years (2019)	**68.5**
Insufficient physical activity % adults (2016)	**27.2**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**1.7**
Root vegetables per capita kg/pa (2014-2017)	**27.9**
Vegetable oil per capita kg/pa (2014-2017)	**15.1**
Animal fat per capita kg/pa (2014-2017)	**1.5**
Sugar per capita kg/pa (2014-2017)	**21.1**
Sugar energy per capita kcal/pd (2014-2017)	**204**
Sugar-sweetened beverage per capita l/pa (2015)	**62.6**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	12.8%	21.0%	**1,253.7**
Women	22.8%	30.9%	**1,895.4**
Children 5-19	7.3%	13.3%	**636.6**

Chance of meeting UN adult obesity targets for 2025

Men	1.0% - very poor chance	Women	1.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Egypt

COVID-19 deaths per 100,000 population (01/01/2021)	**7.75**
Adult overweight BMI >25kg/m² (2016)	**63.5**
Adult obesity BMI >30kg/m² (2016)	**32**
Population age over 65 years (%) (2020)	**5.3**
Per capita Gross Domestic Product $US (2019)	**12,251**
Healthy life expectancy years (2019)	**63**
Insufficient physical activity % adults (2016)	**31.0**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**4.8**
Root vegetables per capita kg/pa (2014-2017)	**39.6**
Vegetable oil per capita kg/pa (2014-2017)	**5.6**
Animal fat per capita kg/pa (2014-2017)	**1.6**
Sugar per capita kg/pa (2014-2017)	**26.8**
Sugar energy per capita kcal/pd (2014-2017)	**269**
Sugar-sweetened beverage per capita l/pa (2015)	**37.4**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	19.4%	31.4%	10,038.6
Women	38.3%	49.4%	15,875.7
Children 5-19	14.2%	22.4%	6,105.5

Chance of meeting UN adult obesity targets for 2025

Men	0.0% - very poor chance	Women	0.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

El Salvador

COVID-19 deaths per 100,000 population (01/01/2021)	**20.67**
Adult overweight BMI >25kg/m² (2016)	**59.9**
Adult obesity BMI >30kg/m² (2016)	**24.6**
Population age over 65 years (%) (2020)	**8.7**
Per capita Gross Domestic Product $US (2019)	**9,140**
Healthy life expectancy years (2019)	**64.9**
Insufficient physical activity % adults (2016)	**na**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**16.9**
Root vegetables per capita kg/pa (2014-2017)	**25.2**
Vegetable oil per capita kg/pa (2014-2017)	**4.0**
Animal fat per capita kg/pa (2014-2017)	**1.2**
Sugar per capita kg/pa (2014-2017)	**40.6**
Sugar energy per capita kcal/pd (2014-2017)	**387**
Sugar-sweetened beverage per capita l/pa (2015)	**101.1**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	16.2%	26.6%	**514.4**
Women	26.5%	36.5%	**879.3**
Children 5-19	9.4%	16.3%	**291.7**

Chance of meeting UN adult obesity targets for 2025

Men	0.0% - very poor chance	Women	0.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report *Missing the Targets, 2020.*

WORLD OBESITY

Equatorial Guinea

COVID-19 deaths per 100,000 population (01/01/2021)	**6.57**
Adult overweight BMI >25kg/m² (2016)	**26.7**
Adult obesity BMI >30kg/m² (2016)	**8**
Population age over 65 years (%) (2020)	**2.4**
Per capita Gross Domestic Product $US (2019)	**19,327**
Healthy life expectancy years (2019)	**53.9**
Insufficient physical activity % adults (2016)	**na**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**na**
Root vegetables per capita kg/pa (2014-2017)	**na**
Vegetable oil per capita kg/pa (2014-2017)	**na**
Animal fat per capita kg/pa (2014-2017)	**na**
Sugar per capita kg/pa (2014-2017)	**na**
Sugar energy per capita kcal/pd (2014-2017)	**na**
Sugar-sweetened beverage per capita l/pa (2015)	**63.9**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	**2025 cases (thousands)**
Men	3.0%	6.4%	**19.2**
Women	10.6%	18.4%	**51.3**
Children 5-19	1.4%	4.4%	**15.1**

Chance of meeting UN adult obesity targets for 2025

Men	1.0% - very poor chance	Women	0.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Eritrea

COVID-19 deaths per 100,000 population (01/01/2021)	**na**
Adult overweight BMI >25kg/m² (2016)	**22**
Adult obesity BMI >30kg/m² (2016)	**5**
Population age over 65 years (%) (2020)	**4.5**
Per capita Gross Domestic Product $US (2019)	**na**
Healthy life expectancy years (2019)	**55.7**
Insufficient physical activity % adults (2016)	**22.4**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**na**
Root vegetables per capita kg/pa (2014-2017)	**na**
Vegetable oil per capita kg/pa (2014-2017)	**na**
Animal fat per capita kg/pa (2014-2017)	**na**
Sugar per capita kg/pa (2014-2017)	**na**
Sugar energy per capita kcal/pd (2014-2017)	**na**
Sugar-sweetened beverage per capita l/pa (2015)	**6.7**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	**2025 cases (thousands)**
Men	1.5%	3.8%	**62.4**
Women	5.9%	12.4%	**208.1**
Children 5-19	1.1%	4.5%	**146.4**

Chance of meeting UN adult obesity targets for 2025

Men	**1.0% - very poor chance**	Women	**0.0% - very poor chance**

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Estonia

COVID-19 deaths per 100,000 population (01/01/2021)	**17.34**
Adult overweight BMI >25kg/m² (2016)	**55.8**
Adult obesity BMI >30kg/m² (2016)	**21.2**
Population age over 65 years (%) (2020)	**20.4**
Per capita Gross Domestic Product $US (2019)	**38,811**
Healthy life expectancy years (2019)	**69.2**
Insufficient physical activity % adults (2016)	**32.0**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**3.6**
Root vegetables per capita kg/pa (2014-2017)	**68.1**
Vegetable oil per capita kg/pa (2014-2017)	**7.7**
Animal fat per capita kg/pa (2014-2017)	**9.2**
Sugar per capita kg/pa (2014-2017)	**52.3**
Sugar energy per capita kcal/pd (2014-2017)	**253**
Sugar-sweetened beverage per capita l/pa (2015)	**75.2**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	18.6%	25.6%	**117.0**
Women	21.8%	24.5%	**130.3**
Children 5-19	4.8%	8.8%	**18.4**

Chance of meeting UN adult obesity targets for 2025

Men	2.0% - very poor chance	Women	20.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Eswatini

COVID-19 deaths per 100,000 population (01/01/2021)	**18.04**
Adult overweight BMI >25kg/m² (2016)	**38.4**
Adult obesity BMI >30kg/m² (2016)	**16.5**
Population age over 65 years (%) (2020)	**4.0**
Per capita Gross Domestic Product $US (2019)	**9,048**
Healthy life expectancy years (2019)	**50.1**
Insufficient physical activity % adults (2016)	**28.0**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**3.8**
Root vegetables per capita kg/pa (2014-2017)	**60.2**
Vegetable oil per capita kg/pa (2014-2017)	**3.3**
Animal fat per capita kg/pa (2014-2017)	**1.0**
Sugar per capita kg/pa (2014-2017)	**32.7**
Sugar energy per capita kcal/pd (2014-2017)	**321**

Sugar-sweetened beverage per capita l/pa (2015)	**25.0**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	**2025 cases (thousands)**
Men	4.2%	9.1%	**34.8**
Women	23.6%	33.5%	**130.0**
Children 5-19	3.3%	12.0%	**59.6**

Chance of meeting UN adult obesity targets for 2025

Men	1.0% - very poor chance	Women	0.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Ethiopia

COVID-19 deaths per 100,000 population (01/01/2021)	**1.76**
Adult overweight BMI >25kg/m² (2016)	**20.9**
Adult obesity BMI >30kg/m² (2016)	**4.5**
Population age over 65 years (%) (2020)	**3.5**
Per capita Gross Domestic Product $US (2019)	**2,312**
Healthy life expectancy years (2019)	**59.9**
Insufficient physical activity % adults (2016)	**14.9**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**21.7**
Root vegetables per capita kg/pa (2014-2017)	**83.1**
Vegetable oil per capita kg/pa (2014-2017)	**3.4**
Animal fat per capita kg/pa (2014-2017)	**0.2**
Sugar per capita kg/pa (2014-2017)	**7.9**
Sugar energy per capita kcal/pd (2014-2017)	**76**

Sugar-sweetened beverage per capita l/pa (2015)	**7.1**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	1.4%	3.6%	**1,174.6**
Women	5.4%	11.6%	**3,887.6**
Children 5-19	0.6%	2.7%	**1,182.3**

Chance of meeting UN adult obesity targets for 2025

Men	**1.0% - very poor chance**	Women	**0.0% - very poor chance**

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Fiji

COVID-19 deaths per 100,000 population (01/01/2021)	**na**
Adult overweight BMI >25kg/m² (2016)	**63.8**
Adult obesity BMI >30kg/m² (2016)	**30.2**
Population age over 65 years (%) (2020)	**5.8**
Per capita Gross Domestic Product $US (2019)	**14,428**
Healthy life expectancy years (2019)	**59.6**
Insufficient physical activity % adults (2016)	**17.4**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**11.4**
Root vegetables per capita kg/pa (2014-2017)	**123.2**
Vegetable oil per capita kg/pa (2014-2017)	**11.2**
Animal fat per capita kg/pa (2014-2017)	**4.2**
Sugar per capita kg/pa (2014-2017)	**143.0**
Sugar energy per capita kcal/pd (2014-2017)	**350**
Sugar-sweetened beverage per capita l/pa (2015)	**49.4**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	21.9%	33.8%	**101.4**
Women	33.2%	42.2%	**127.0**
Children 5-19	8.9%	15.6%	**39.2**

Chance of meeting UN adult obesity targets for 2025

Men	0.0% - very poor chance	Women	2.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report *Missing the Targets, 2020.*

WORLD OBESITY

Finland

COVID-19 deaths per 100,000 population (01/01/2021)	**10.17**
Adult overweight BMI >25kg/m² (2016)	**57.9**
Adult obesity BMI >30kg/m² (2016)	**22.2**
Population age over 65 years (%) (2020)	**22.6**
Per capita Gross Domestic Product $US (2019)	**51,324**
Healthy life expectancy years (2019)	**71**
Insufficient physical activity % adults (2016)	**16.6**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**1.2**
Root vegetables per capita kg/pa (2014-2017)	**59.1**
Vegetable oil per capita kg/pa (2014-2017)	**6.2**
Animal fat per capita kg/pa (2014-2017)	**11.9**
Sugar per capita kg/pa (2014-2017)	**40.3**
Sugar energy per capita kcal/pd (2014-2017)	**301**

Sugar-sweetened beverage per capita l/pa (2015)	**107.0**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	**2025 cases (thousands)**
Men	21.7%	30.4%	**658.2**
Women	19.8%	24.6%	**554.7**
Children 5-19	8.2%	10.8%	**101.4**

Chance of meeting UN adult obesity targets for 2025

Men	**1.0% - very poor chance**	Women	**5.0% - very poor chance**

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

France

COVID-19 deaths per 100,000 population (01/01/2021)	**96.67**
Adult overweight BMI >25kg/m² (2016)	**59.5**
Adult obesity BMI >30kg/m² (2016)	**21.6**
Population age over 65 years (%) (2020)	**20.8**
Per capita Gross Domestic Product $US (2019)	**49,435**
Healthy life expectancy years (2019)	**72.1**
Insufficient physical activity % adults (2016)	**29.3**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**1.8**
Root vegetables per capita kg/pa (2014-2017)	**51.1**
Vegetable oil per capita kg/pa (2014-2017)	**17.4**
Animal fat per capita kg/pa (2014-2017)	**14.1**
Sugar per capita kg/pa (2014-2017)	**38.3**
Sugar energy per capita kcal/pd (2014-2017)	**365**
Sugar-sweetened beverage per capita l/pa (2015)	**85.5**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	19.9%	28.6%	**7,041.6**
Women	20.3%	25.0%	**6,641.5**
Children 5-19	7.1%	10.1%	**1,206.0**

Chance of meeting UN adult obesity targets for 2025

Men	1.0% - very poor chance	Women	7.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Gabon

COVID-19 deaths per 100,000 population (01/01/2021)	**3.02**
Adult overweight BMI >25kg/m² (2016)	**40.2**
Adult obesity BMI >30kg/m² (2016)	**15**
Population age over 65 years (%) (2020)	**3.5**
Per capita Gross Domestic Product $US (2019)	**15,486**
Healthy life expectancy years (2019)	**57.6**
Insufficient physical activity % adults (2016)	**25.3**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**0.2**
Root vegetables per capita kg/pa (2014-2017)	**165.6**
Vegetable oil per capita kg/pa (2014-2017)	**6.7**
Animal fat per capita kg/pa (2014-2017)	**0.1**
Sugar per capita kg/pa (2014-2017)	**17.2**
Sugar energy per capita kcal/pd (2014-2017)	**145**
Sugar-sweetened beverage per capita l/pa (2015)	**34.8**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	7.9%	14.8%	**88.1**
Women	18.6%	26.1%	**150.6**
Children 5-19	3.1%	6.2%	**45.6**

Chance of meeting UN adult obesity targets for 2025

Men	1.0% - very poor chance	Women	2.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Gambia

COVID-19 deaths per 100,000 population (01/01/2021)	**5.44**
Adult overweight BMI >25kg/m² (2016)	**31.9**
Adult obesity BMI >30kg/m² (2016)	**10.3**
Population age over 65 years (%) (2020)	**2.5**
Per capita Gross Domestic Product $US (2019)	**2,298**
Healthy life expectancy years (2019)	**57**
Insufficient physical activity % adults (2016)	**21.1**

Dietary Data

Pulses per capita kg/pa (2014-2017)	1.0
Root vegetables per capita kg/pa (2014-2017)	6.1
Vegetable oil per capita kg/pa (2014-2017)	15.8
Animal fat per capita kg/pa (2014-2017)	0.1
Sugar per capita kg/pa (2014-2017)	29.6
Sugar energy per capita kcal/pd (2014-2017)	293

Sugar-sweetened beverage per capita l/pa (2015)	**7.8**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	**2025 cases (thousands)**
Men	4.2%	10.3%	**60.4**
Women	12.4%	21.8%	**136.0**
Children 5-19	1.9%	4.9%	**51.5**

Chance of meeting UN adult obesity targets for 2025

Men	**0.0% - very poor chance**	Women	**0.0% - very poor chance**

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Georgia

COVID-19 deaths per 100,000 population (01/01/2021)	**67.14**
Adult overweight BMI >25kg/m² (2016)	**54.2**
Adult obesity BMI >30kg/m² (2016)	**21.7**
Population age over 65 years (%) (2020)	**15.3**
Per capita Gross Domestic Product $US (2019)	**15,637**
Healthy life expectancy years (2019)	**64.7**
Insufficient physical activity % adults (2016)	**18.0**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**0.0**
Root vegetables per capita kg/pa (2014-2017)	**49.3**
Vegetable oil per capita kg/pa (2014-2017)	**7.9**
Animal fat per capita kg/pa (2014-2017)	**2.7**
Sugar per capita kg/pa (2014-2017)	**37.0**
Sugar energy per capita kcal/pd (2014-2017)	**354**

Sugar-sweetened beverage per capita l/pa (2015)	**57.9**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	**2025 cases (thousands)**
Men	16.1%	27.5%	**379.2**
Women	21.2%	31.3%	**495.8**
Children 5-19	4.6%	10.4%	**82.3**

Chance of meeting UN adult obesity targets for 2025

Men	**0.0% - very poor chance**	Women	**0.0% - very poor chance**

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Germany

COVID-19 deaths per 100,000 population (01/01/2021)	**40.75**
Adult overweight BMI >25kg/m² (2016)	**56.8**
Adult obesity BMI >30kg/m² (2016)	**22.3**
Population age over 65 years (%) (2020)	**21.7**
Per capita Gross Domestic Product $US (2019)	**56,052**
Healthy life expectancy years (2019)	**70.9**
Insufficient physical activity % adults (2016)	**42.2**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**0.8**
Root vegetables per capita kg/pa (2014-2017)	**65.1**
Vegetable oil per capita kg/pa (2014-2017)	**14.4**
Animal fat per capita kg/pa (2014-2017)	**12.6**
Sugar per capita kg/pa (2014-2017)	**48.1**
Sugar energy per capita kcal/pd (2014-2017)	**468**
Sugar-sweetened beverage per capita l/pa (2015)	**150.6**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	**2025 cases (thousands)**
Men	21.9%	31.1%	**10,044.7**
Women	19.5%	24.7%	**8,333.0**
Children 5-19	7.9%	11.1%	**1,185.7**

Chance of meeting UN adult obesity targets for 2025

Men	**1.0% - very poor chance**	Women	**3.0% - very poor chance**

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Ghana

COVID-19 deaths per 100,000 population (01/01/2021)	**1.13**
Adult overweight BMI >25kg/m² (2016)	**32**
Adult obesity BMI >30kg/m² (2016)	**10.9**
Population age over 65 years (%) (2020)	**3.1**
Per capita Gross Domestic Product $US (2019)	**5,637**
Healthy life expectancy years (2019)	**58**
Insufficient physical activity % adults (2016)	**21.8**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**7.6**
Root vegetables per capita kg/pa (2014-2017)	**420.7**
Vegetable oil per capita kg/pa (2014-2017)	**6.3**
Animal fat per capita kg/pa (2014-2017)	**0.2**
Sugar per capita kg/pa (2014-2017)	**14.1**
Sugar energy per capita kcal/pd (2014-2017)	**117**

Sugar-sweetened beverage per capita l/pa (2015)	**12.7**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	**2025 cases (thousands)**
Men	3.5%	7.9%	**694.6**
Women	14.2%	23.6%	**2,157.3**
Children 5-19	1.5%	3.7%	**400.9**

Chance of meeting UN adult obesity targets for 2025

Men	**0.0% - very poor chance**	Women	**0.0% - very poor chance**

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Greece

COVID-19 deaths per 100,000 population (01/01/2021)	**45.10**
Adult overweight BMI >25kg/m² (2016)	**62.3**
Adult obesity BMI >30kg/m² (2016)	**24.9**
Population age over 65 years (%) (2020)	**22.3**
Per capita Gross Domestic Product $US (2019)	**31,399**
Healthy life expectancy years (2019)	**70.9**
Insufficient physical activity % adults (2016)	**37.7**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**5.0**
Root vegetables per capita kg/pa (2014-2017)	**65.1**
Vegetable oil per capita kg/pa (2014-2017)	**29.6**
Animal fat per capita kg/pa (2014-2017)	**3.1**
Sugar per capita kg/pa (2014-2017)	**30.3**
Sugar energy per capita kcal/pd (2014-2017)	**283**
Sugar-sweetened beverage per capita l/pa (2015)	**48.4**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	21.7%	31.8%	**1,337.2**
Women	24.7%	29.6%	**1,342.4**
Children 5-19	12.0%	16.7%	**269.5**

Chance of meeting UN adult obesity targets for 2025

Men	**0.0% - very poor chance**	Women	**8.0% - very poor chance**

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Grenada

COVID-19 deaths per 100,000 population (01/01/2021)	**na**
Adult overweight BMI >25kg/m² (2016)	**51.4**
Adult obesity BMI >30kg/m² (2016)	**21.3**
Population age over 65 years (%) (2020)	**9.8**
Per capita Gross Domestic Product $US (2019)	**17,956**
Healthy life expectancy years (2019)	**63.9**
Insufficient physical activity % adults (2016)	**28.7**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**6.8**
Root vegetables per capita kg/pa (2014-2017)	**23.2**
Vegetable oil per capita kg/pa (2014-2017)	**11.9**
Animal fat per capita kg/pa (2014-2017)	**1.4**
Sugar per capita kg/pa (2014-2017)	**57.6**
Sugar energy per capita kcal/pd (2014-2017)	**363**
Sugar-sweetened beverage per capita l/pa (2015)	**69.6**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	11.1%	20.0%	**7.4**
Women	26.3%	37.2%	**13.8**
Children 5-19	7.8%	16.1%	**4.5**

Chance of meeting UN adult obesity targets for 2025

Men	0.0% - very poor chance	Women	0.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Guatemala

COVID-19 deaths per 100,000 population (01/01/2021)	**27.90**
Adult overweight BMI >25kg/m² (2016)	**55.9**
Adult obesity BMI >30kg/m² (2016)	**21.2**
Population age over 65 years (%) (2020)	**5.0**
Per capita Gross Domestic Product $US (2019)	**8,996**
Healthy life expectancy years (2019)	**62.3**
Insufficient physical activity % adults (2016)	**37.1**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**15.0**
Root vegetables per capita kg/pa (2014-2017)	**12.0**
Vegetable oil per capita kg/pa (2014-2017)	**7.7**
Animal fat per capita kg/pa (2014-2017)	**0.9**
Sugar per capita kg/pa (2014-2017)	**44.4**
Sugar energy per capita kcal/pd (2014-2017)	**438**

Sugar-sweetened beverage per capita l/pa (2015)	**107.2**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	12.6%	22.1%	**1,194.7**
Women	23.7%	34.3%	**2,040.9**
Children 5-19	7.3%	14.5%	**1,000.0**

Chance of meeting UN adult obesity targets for 2025

Men	0.0% - very poor chance	Women	0.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Guinea

COVID-19 deaths per 100,000 population (01/01/2021)	**0.65**
Adult overweight BMI >25kg/m² (2016)	**26.6**
Adult obesity BMI >30kg/m² (2016)	**7.7**
Population age over 65 years (%) (2020)	**3.0**
Per capita Gross Domestic Product $US (2019)	**2,670**
Healthy life expectancy years (2019)	**53.3**
Insufficient physical activity % adults (2016)	**14.5**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**4.6**
Root vegetables per capita kg/pa (2014-2017)	**134.6**
Vegetable oil per capita kg/pa (2014-2017)	**15.1**
Animal fat per capita kg/pa (2014-2017)	**0.3**
Sugar per capita kg/pa (2014-2017)	**15.0**
Sugar energy per capita kcal/pd (2014-2017)	**122**

Sugar-sweetened beverage per capita l/pa (2015)	**8.0**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	**2025 cases (thousands)**
Men	2.8%	6.7%	**268.5**
Women	9.4%	17.6%	**703.6**
Children 5-19	1.0%	3.3%	**188.4**

Chance of meeting UN adult obesity targets for 2025

Men	**0.0% - very poor chance**	Women	**0.0% - very poor chance**

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Guinea-Bissau

COVID-19 deaths per 100,000 population (01/01/2021)	**2.40**
Adult overweight BMI >25kg/m² (2016)	**29.9**
Adult obesity BMI >30kg/m² (2016)	**9.5**
Population age over 65 years (%) (2020)	**2.9**
Per capita Gross Domestic Product $US (2019)	**2,072**
Healthy life expectancy years (2019)	**52.6**
Insufficient physical activity % adults (2016)	**na**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**2.0**
Root vegetables per capita kg/pa (2014-2017)	**62.5**
Vegetable oil per capita kg/pa (2014-2017)	**14.0**
Animal fat per capita kg/pa (2014-2017)	**0.3**
Sugar per capita kg/pa (2014-2017)	**6.4**
Sugar energy per capita kcal/pd (2014-2017)	**34**
Sugar-sweetened beverage per capita l/pa (2015)	**9.3**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	3.7%	9.5%	**55.0**
Women	11.2%	20.9%	**124.4**
Children 5-19	1.5%	4.6%	**36.5**

Chance of meeting UN adult obesity targets for 2025

Men	0.0% - very poor chance	Women	0.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Guyana

COVID-19 deaths per 100,000 population (01/01/2021)	**21.05**
Adult overweight BMI >25kg/m² (2016)	**49.4**
Adult obesity BMI >30kg/m² (2016)	**20.2**
Population age over 65 years (%) (2020)	**7.0**
Per capita Gross Domestic Product $US (2019)	**10,105**
Healthy life expectancy years (2019)	**57.2**
Insufficient physical activity % adults (2016)	**na**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**6.9**
Root vegetables per capita kg/pa (2014-2017)	**33.0**
Vegetable oil per capita kg/pa (2014-2017)	**5.2**
Animal fat per capita kg/pa (2014-2017)	**0.4**
Sugar per capita kg/pa (2014-2017)	**59.8**
Sugar energy per capita kcal/pd (2014-2017)	**329**
Sugar-sweetened beverage per capita l/pa (2015)	**45.3**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	10.2%	20.2%	**54.5**
Women	24.1%	35.5%	**93.7**
Children 5-19	6.9%	15.7%	**36.7**

Chance of meeting UN adult obesity targets for 2025

Men	0.0% - very poor chance	Women	0.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Haiti

COVID-19 deaths per 100,000 population (01/01/2021)	**2.12**
Adult overweight BMI >25kg/m² (2016)	**54.9**
Adult obesity BMI >30kg/m² (2016)	**22.7**
Population age over 65 years (%) (2020)	**5.2**
Per capita Gross Domestic Product $US (2019)	**1,801**
Healthy life expectancy years (2019)	**55.8**
Insufficient physical activity % adults (2016)	**na**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**17.5**
Root vegetables per capita kg/pa (2014-2017)	**104.3**
Vegetable oil per capita kg/pa (2014-2017)	**8.3**
Animal fat per capita kg/pa (2014-2017)	**0.4**
Sugar per capita kg/pa (2014-2017)	**19.0**
Sugar energy per capita kcal/pd (2014-2017)	**187**

Sugar-sweetened beverage per capita l/pa (2015)	**11.0**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	**2025 cases (thousands)**
Men	13.5%	30.8%	**1,081.7**
Women	23.1%	37.7%	**1,405.1**
Children 5-19	7.4%	17.4%	**625.2**

Chance of meeting UN adult obesity targets for 2025

Men	**0.0% - very poor chance**	Women	**0.0% - very poor chance**

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Honduras

COVID-19 deaths per 100,000 population (01/01/2021)	**32.65**
Adult overweight BMI >25kg/m² (2016)	**55.8**
Adult obesity BMI >30kg/m² (2016)	**21.4**
Population age over 65 years (%) (2020)	**5.0**
Per capita Gross Domestic Product $US (2019)	**5,965**
Healthy life expectancy years (2019)	**63**
Insufficient physical activity % adults (2016)	**na**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**12.2**
Root vegetables per capita kg/pa (2014-2017)	**6.3**
Vegetable oil per capita kg/pa (2014-2017)	**11.9**
Animal fat per capita kg/pa (2014-2017)	**1.3**
Sugar per capita kg/pa (2014-2017)	**57.1**
Sugar energy per capita kcal/pd (2014-2017)	**446**
Sugar-sweetened beverage per capita l/pa (2015)	**55.0**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	**2025 cases (thousands)**
Men	12.9%	23.3%	**684.3**
Women	23.9%	35.4%	**1,065.5**
Children 5-19	7.0%	14.4%	**427.9**

Chance of meeting UN adult obesity targets for 2025

Men	0.0% - very poor chance	Women	0.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report *Missing the Targets, 2020.*

WORLD OBESITY

Hungary

COVID-19 deaths per 100,000 population (01/01/2021)	**97.63**
Adult overweight BMI >25kg/m² (2016)	**61.6**
Adult obesity BMI >30kg/m² (2016)	**26.4**
Population age over 65 years (%) (2020)	**20.2**
Per capita Gross Domestic Product $US (2019)	**33,979**
Healthy life expectancy years (2019)	**67.2**
Insufficient physical activity % adults (2016)	**38.5**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**3.4**
Root vegetables per capita kg/pa (2014-2017)	**47.9**
Vegetable oil per capita kg/pa (2014-2017)	**10.4**
Animal fat per capita kg/pa (2014-2017)	**15.1**
Sugar per capita kg/pa (2014-2017)	**40.9**
Sugar energy per capita kcal/pd (2014-2017)	**356**
Sugar-sweetened beverage per capita l/pa (2015)	**92.6**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	25.3%	36.0%	**1,291.7**
Women	23.5%	29.4%	**1,191.3**
Children 5-19	8.3%	16.2%	**239.6**

Chance of meeting UN adult obesity targets for 2025

Men	0.0% - very poor chance	Women	4.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Iceland

COVID-19 deaths per 100,000 population (01/01/2021)	**8.20**
Adult overweight BMI >25kg/m² (2016)	**59.1**
Adult obesity BMI >30kg/m² (2016)	**21.9**
Population age over 65 years (%) (2020)	**15.6**
Per capita Gross Domestic Product $US (2019)	**60,061**
Healthy life expectancy years (2019)	**72**
Insufficient physical activity % adults (2016)	**na**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**0.7**
Root vegetables per capita kg/pa (2014-2017)	**41.0**
Vegetable oil per capita kg/pa (2014-2017)	**9.0**
Animal fat per capita kg/pa (2014-2017)	**18.6**
Sugar per capita kg/pa (2014-2017)	**57.1**
Sugar energy per capita kcal/pd (2014-2017)	**372**
Sugar-sweetened beverage per capita l/pa (2015)	**105.8**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	21.9%	31.5%	**41.6**
Women	18.8%	22.8%	**30.1**
Children 5-19	9.2%	11.1%	**8.1**

Chance of meeting UN adult obesity targets for 2025

Men	1.0% - very poor chance	Women	8.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report *Missing the Targets, 2020.*

WORLD OBESITY

India

COVID-19 deaths per 100,000 population (01/01/2021)	**11.00**
Adult overweight BMI >25kg/m² (2016)	**19.7**
Adult obesity BMI >30kg/m² (2016)	**3.9**
Population age over 65 years (%) (2020)	**6.6**
Per capita Gross Domestic Product $US (2019)	**7,034**
Healthy life expectancy years (2019)	**60.3**
Insufficient physical activity % adults (2016)	**34.0**

Dietary Data

Pulses per capita kg/pa (2014-2017)	15.5
Root vegetables per capita kg/pa (2014-2017)	29.3
Vegetable oil per capita kg/pa (2014-2017)	7.7
Animal fat per capita kg/pa (2014-2017)	0.0
Sugar per capita kg/pa (2014-2017)	22.2
Sugar energy per capita kcal/pd (2014-2017)	215

Sugar-sweetened beverage per capita l/pa (2015)	**5.1**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	2.0%	5.3%	26,321.8
Women	4.0%	8.4%	39,604.7
Children 5-19	1.0%	5.1%	18,294.1

Chance of meeting UN adult obesity targets for 2025

Men	0.0% - very poor chance	Women	0.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Indonesia

COVID-19 deaths per 100,000 population (01/01/2021)	**8.27**
Adult overweight BMI >25kg/m² (2016)	**28.2**
Adult obesity BMI >30kg/m² (2016)	**6.9**
Population age over 65 years (%) (2020)	**6.3**
Per capita Gross Domestic Product $US (2019)	**12,302**
Healthy life expectancy years (2019)	**62.8**
Insufficient physical activity % adults (2016)	**22.6**

Dietary Data

Pulses per capita kg/pa (2014-2017)	1.1
Root vegetables per capita kg/pa (2014-2017)	56.4
Vegetable oil per capita kg/pa (2014-2017)	9.8
Animal fat per capita kg/pa (2014-2017)	0.4
Sugar per capita kg/pa (2014-2017)	16.9
Sugar energy per capita kcal/pd (2014-2017)	164

Sugar-sweetened beverage per capita l/pa (2015)	**20.2**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	**2025 cases (thousands)**
Men	3.2%	10.0%	**9,457.8**
Women	6.9%	14.8%	**14,149.1**
Children 5-19	3.9%	10.7%	**7,313.2**

Chance of meeting UN adult obesity targets for 2025

Men	**0.0% - very poor chance**	Women	**0.0% - very poor chance**

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Iran

COVID-19 deaths per 100,000 population (01/01/2021)	**67.51**
Adult overweight BMI >25kg/m² (2016)	**61.6**
Adult obesity BMI >30kg/m² (2016)	**25.8**
Population age over 65 years (%) (2020)	**6.6**
Per capita Gross Domestic Product $US (2019)	**na**
Healthy life expectancy years (2019)	**66.3**
Insufficient physical activity % adults (2016)	**33.2**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**7.2**
Root vegetables per capita kg/pa (2014-2017)	**53.1**
Vegetable oil per capita kg/pa (2014-2017)	**11.5**
Animal fat per capita kg/pa (2014-2017)	**7.9**
Sugar per capita kg/pa (2014-2017)	**32.6**
Sugar energy per capita kcal/pd (2014-2017)	**281**

Sugar-sweetened beverage per capita l/pa (2015)	**45.0**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	**2025 cases (thousands)**
Men	16.1%	27.6%	**8,526.7**
Women	29.9%	39.7%	**12,306.2**
Children 5-19	7.8%	13.2%	**2,683.7**

Chance of meeting UN adult obesity targets for 2025

Men	**0.0% - very poor chance**	Women	**0.0% - very poor chance**

WORLD OBESITY

Iraq

COVID-19 deaths per 100,000 population (01/01/2021)	**33.34**
Adult overweight BMI >25kg/m² (2016)	**64.6**
Adult obesity BMI >30kg/m² (2016)	**30.4**
Population age over 65 years (%) (2020)	**3.4**
Per capita Gross Domestic Product $US (2019)	**11,332**
Healthy life expectancy years (2019)	**62.7**
Insufficient physical activity % adults (2016)	**52.0**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**2.8**
Root vegetables per capita kg/pa (2014-2017)	**12.7**
Vegetable oil per capita kg/pa (2014-2017)	**16.0**
Animal fat per capita kg/pa (2014-2017)	**0.4**
Sugar per capita kg/pa (2014-2017)	**22.9**
Sugar energy per capita kcal/pd (2014-2017)	**175**
Sugar-sweetened beverage per capita l/pa (2015)	**39.9**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	20.5%	31.7%	**3,827.5**
Women	35.0%	43.9%	**5,300.0**
Children 5-19	11.6%	18.7%	**2,863.1**

Chance of meeting UN adult obesity targets for 2025

Men	0.0% - very poor chance	Women	1.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Ireland

COVID-19 deaths per 100,000 population (01/01/2021)	**46.09**
Adult overweight BMI >25kg/m² (2016)	**60.6**
Adult obesity BMI >30kg/m² (2016)	**25.3**
Population age over 65 years (%) (2020)	**14.6**
Per capita Gross Domestic Product $US (2019)	**88,241**
Healthy life expectancy years (2019)	**71.1**
Insufficient physical activity % adults (2016)	**32.7**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**2.7**
Root vegetables per capita kg/pa (2014-2017)	**72.2**
Vegetable oil per capita kg/pa (2014-2017)	**13.8**
Animal fat per capita kg/pa (2014-2017)	**15.3**
Sugar per capita kg/pa (2014-2017)	**83.9**
Sugar energy per capita kcal/pd (2014-2017)	**463**

Sugar-sweetened beverage per capita l/pa (2015)	**117.8**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	22.0%	34.0%	**624.9**
Women	22.9%	33.4%	**628.6**
Children 5-19	8.2%	12.4%	**131.5**

Chance of meeting UN adult obesity targets for 2025

Men	0.0% - very poor chance	Women	0.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Israel

COVID-19 deaths per 100,000 population (01/01/2021)	**37.43**
Adult overweight BMI >25kg/m² (2016)	**64.3**
Adult obesity BMI >30kg/m² (2016)	**26.1**
Population age over 65 years (%) (2020)	**12.4**
Per capita Gross Domestic Product $US (2019)	**42,194**
Healthy life expectancy years (2019)	**72.4**
Insufficient physical activity % adults (2016)	**na**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**5.9**
Root vegetables per capita kg/pa (2014-2017)	**35.3**
Vegetable oil per capita kg/pa (2014-2017)	**28.6**
Animal fat per capita kg/pa (2014-2017)	**1.8**
Sugar per capita kg/pa (2014-2017)	**31.0**
Sugar energy per capita kcal/pd (2014-2017)	**252**

Sugar-sweetened beverage per capita l/pa (2015)	**110.3**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	24.0%	32.2%	971.5
Women	26.1%	29.4%	916.1
Children 5-19	11.1%	12.9%	297.9

Chance of meeting UN adult obesity targets for 2025

Men	1.0% - very poor chance	Women	17.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Italy

COVID-19 deaths per 100,000 population (01/01/2021)	**122.72**
Adult overweight BMI >25kg/m² (2016)	**58.5**
Adult obesity BMI >30kg/m² (2016)	**19.9**
Population age over 65 years (%) (2020)	**23.3**
Per capita Gross Domestic Product $US (2019)	**44,197**
Healthy life expectancy years (2019)	**71.9**
Insufficient physical activity % adults (2016)	**41.4**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**5.2**
Root vegetables per capita kg/pa (2014-2017)	**36.1**
Vegetable oil per capita kg/pa (2014-2017)	**26.8**
Animal fat per capita kg/pa (2014-2017)	**5.5**
Sugar per capita kg/pa (2014-2017)	**32.5**
Sugar energy per capita kcal/pd (2014-2017)	**312**
Sugar-sweetened beverage per capita l/pa (2015)	**69.4**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	**2025 cases (thousands)**
Men	18.5%	25.5%	**6,035.6**
Women	19.0%	22.9%	**5,821.2**
Children 5-19	11.4%	14.5%	**1,234.7**

Chance of meeting UN adult obesity targets for 2025

Men	**2.0% - very poor chance**	Women	**9.0% - very poor chance**

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Jamaica

COVID-19 deaths per 100,000 population (01/01/2021)	**10.29**
Adult overweight BMI >25kg/m² (2016)	**55.5**
Adult obesity BMI >30kg/m² (2016)	**24.7**
Population age over 65 years (%) (2020)	**9.1**
Per capita Gross Domestic Product $US (2019)	**10,166**
Healthy life expectancy years (2019)	**66.6**
Insufficient physical activity % adults (2016)	**32.6**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**3.1**
Root vegetables per capita kg/pa (2014-2017)	**67.9**
Vegetable oil per capita kg/pa (2014-2017)	**10.2**
Animal fat per capita kg/pa (2014-2017)	**2.4**
Sugar per capita kg/pa (2014-2017)	**64.0**
Sugar energy per capita kcal/pd (2014-2017)	**510**
Sugar-sweetened beverage per capita l/pa (2015)	**58.9**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	**2025 cases (thousands)**
Men	12.5%	23.5%	**234.3**
Women	30.9%	41.3%	**426.6**
Children 5-19	10.1%	18.7%	**130.8**

Chance of meeting UN adult obesity targets for 2025

Men	**0.0% - very poor chance**	Women	**0.0% - very poor chance**

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Japan

COVID-19 deaths per 100,000 population (01/01/2021)	**2.60**
Adult overweight BMI >25kg/m² (2016)	**27.2**
Adult obesity BMI >30kg/m² (2016)	**4.3**
Population age over 65 years (%) (2020)	**28.4**
Per capita Gross Domestic Product $US (2019)	**43,236**
Healthy life expectancy years (2019)	**74.1**
Insufficient physical activity % adults (2016)	**35.5**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**1.5**
Root vegetables per capita kg/pa (2014-2017)	**24.9**
Vegetable oil per capita kg/pa (2014-2017)	**15.5**
Animal fat per capita kg/pa (2014-2017)	**1.0**
Sugar per capita kg/pa (2014-2017)	**26.9**
Sugar energy per capita kcal/pd (2014-2017)	**252**
Sugar-sweetened beverage per capita l/pa (2015)	**144.3**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	3.6%	8.4%	4,112.6
Women	3.3%	5.2%	2,767.4
Children 5-19	3.4%	3.6%	567.8

Chance of meeting UN adult obesity targets for 2025

Men	0.0% - very poor chance	Women	2.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Jordan

COVID-19 deaths per 100,000 population (01/01/2021)	**38.51**
Adult overweight BMI >25kg/m² (2016)	**69.6**
Adult obesity BMI >30kg/m² (2016)	**35.5**
Population age over 65 years (%) (2020)	**4.0**
Per capita Gross Domestic Product $US (2019)	**10,317**
Healthy life expectancy years (2019)	**67.6**
Insufficient physical activity % adults (2016)	**11.9**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**6.6**
Root vegetables per capita kg/pa (2014-2017)	**23.6**
Vegetable oil per capita kg/pa (2014-2017)	**19.4**
Animal fat per capita kg/pa (2014-2017)	**1.2**
Sugar per capita kg/pa (2014-2017)	**42.9**
Sugar energy per capita kcal/pd (2014-2017)	**387**
Sugar-sweetened beverage per capita l/pa (2015)	**61.5**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	**2025 cases (thousands)**
Men	25.1%	36.7%	**942.5**
Women	41.4%	49.7%	**1,212.2**
Children 5-19	10.8%	16.3%	**443.9**

Chance of meeting UN adult obesity targets for 2025

Men	**0.0% - very poor chance**	Women	**1.0% - very poor chance**

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Kazakhstan

COVID-19 deaths per 100,000 population (01/01/2021)	**15.11**
Adult overweight BMI >25kg/m² (2016)	**53.6**
Adult obesity BMI >30kg/m² (2016)	**21**
Population age over 65 years (%) (2020)	**7.9**
Per capita Gross Domestic Product $US (2019)	**27,444**
Healthy life expectancy years (2019)	**65**
Insufficient physical activity % adults (2016)	**27.5**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**0.5**
Root vegetables per capita kg/pa (2014-2017)	**106.8**
Vegetable oil per capita kg/pa (2014-2017)	**21.0**
Animal fat per capita kg/pa (2014-2017)	**6.2**
Sugar per capita kg/pa (2014-2017)	**30.8**
Sugar energy per capita kcal/pd (2014-2017)	**299**
Sugar-sweetened beverage per capita l/pa (2015)	**76.9**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	16.3%	25.7%	**1,489.1**
Women	20.6%	29.0%	**1,931.4**
Children 5-19	4.6%	9.6%	**453.7**

Chance of meeting UN adult obesity targets for 2025

Men	0.0% - very poor chance	Women	0.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Kenya

COVID-19 deaths per 100,000 population (01/01/2021)	**3.25**
Adult overweight BMI >25kg/m² (2016)	**25.5**
Adult obesity BMI >30kg/m² (2016)	**7.1**
Population age over 65 years (%) (2020)	**2.5**
Per capita Gross Domestic Product $US (2019)	**4,509**
Healthy life expectancy years (2019)	**57.7**
Insufficient physical activity % adults (2016)	**15.4**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**16.2**
Root vegetables per capita kg/pa (2014-2017)	**66.5**
Vegetable oil per capita kg/pa (2014-2017)	**5.4**
Animal fat per capita kg/pa (2014-2017)	**1.1**
Sugar per capita kg/pa (2014-2017)	**17.5**
Sugar energy per capita kcal/pd (2014-2017)	**163**

Sugar-sweetened beverage per capita l/pa (2015)	**9.9**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	2.1%	5.3%	**782.5**
Women	8.9%	17.5%	**2,634.6**
Children 5-19	1.3%	4.5%	**969.8**

Chance of meeting UN adult obesity targets for 2025

Men	0.0% - very poor chance	Women	0.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Kiribati

COVID-19 deaths per 100,000 population (01/01/2021)	**na**
Adult overweight BMI >25kg/m² (2016)	**78.7**
Adult obesity BMI >30kg/m² (2016)	**46**
Population age over 65 years (%) (2020)	**4.2**
Per capita Gross Domestic Product $US (2019)	**2,369**
Healthy life expectancy years (2019)	**52.6**
Insufficient physical activity % adults (2016)	**40.4**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**0.0**
Root vegetables per capita kg/pa (2014-2017)	**95.9**
Vegetable oil per capita kg/pa (2014-2017)	**5.4**
Animal fat per capita kg/pa (2014-2017)	**0.5**
Sugar per capita kg/pa (2014-2017)	**52.5**
Sugar energy per capita kcal/pd (2014-2017)	**487**
Sugar-sweetened beverage per capita l/pa (2015)	**17.8**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	38.5%	50.6%	**17.7**
Women	48.7%	57.2%	**21.7**
Children 5-19	17.7%	31.2%	**9.6**

Chance of meeting UN adult obesity targets for 2025

Men	0.0% - very poor chance	Women	2.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Kuwait

COVID-19 deaths per 100,000 population (01/01/2021)	**22.58**
Adult overweight BMI >25kg/m² (2016)	**73.4**
Adult obesity BMI >30kg/m² (2016)	**37.9**
Population age over 65 years (%) (2020)	**3.0**
Per capita Gross Domestic Product $US (2019)	**51,912**
Healthy life expectancy years (2019)	**70.1**
Insufficient physical activity % adults (2016)	**67.0**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**5.7**
Root vegetables per capita kg/pa (2014-2017)	**46.4**
Vegetable oil per capita kg/pa (2014-2017)	**16.1**
Animal fat per capita kg/pa (2014-2017)	**0.0**
Sugar per capita kg/pa (2014-2017)	**39.5**
Sugar energy per capita kcal/pd (2014-2017)	**416**
Sugar-sweetened beverage per capita l/pa (2015)	**98.0**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	30.4%	41.2%	**790.2**
Women	44.6%	51.0%	**708.9**
Children 5-19	21.1%	25.4%	**252.0**

Chance of meeting UN adult obesity targets for 2025

Men	0.0% - very poor chance	Women	4.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Kyrgyzstan

COVID-19 deaths per 100,000 population (01/01/2021)	**21.45**
Adult overweight BMI >25kg/m² (2016)	**48.3**
Adult obesity BMI >30kg/m² (2016)	**16.6**
Population age over 65 years (%) (2020)	**4.7**
Per capita Gross Domestic Product $US (2019)	**5,471**
Healthy life expectancy years (2019)	**65.8**
Insufficient physical activity % adults (2016)	**13.9**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**4.7**
Root vegetables per capita kg/pa (2014-2017)	**95.2**
Vegetable oil per capita kg/pa (2014-2017)	**6.1**
Animal fat per capita kg/pa (2014-2017)	**2.4**
Sugar per capita kg/pa (2014-2017)	**42.0**
Sugar energy per capita kcal/pd (2014-2017)	**174**
Sugar-sweetened beverage per capita l/pa (2015)	**28.2**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	11.6%	20.8%	**403.5**
Women	16.1%	25.9%	**539.8**
Children 5-19	2.4%	6.7%	**135.2**

Chance of meeting UN adult obesity targets for 2025

Men	0.0% - very poor chance	Women	0.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Lao PDR

COVID-19 deaths per 100,000 population (01/01/2021)	**na**
Adult overweight BMI >25kg/m² (2016)	**25.4**
Adult obesity BMI >30kg/m² (2016)	**5.3**
Population age over 65 years (%) (2020)	**4.3**
Per capita Gross Domestic Product $US (2019)	**8,151**
Healthy life expectancy years (2019)	**60.5**
Insufficient physical activity % adults (2016)	**16.3**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**2.9**
Root vegetables per capita kg/pa (2014-2017)	**62.0**
Vegetable oil per capita kg/pa (2014-2017)	**3.6**
Animal fat per capita kg/pa (2014-2017)	**1.5**
Sugar per capita kg/pa (2014-2017)	**16.5**
Sugar energy per capita kcal/pd (2014-2017)	**64**

Sugar-sweetened beverage per capita l/pa (2015)	**14.1**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	2.3%	8.9%	**205.1**
Women	5.0%	12.3%	**292.1**
Children 5-19	2.5%	9.8%	**249.2**

Chance of meeting UN adult obesity targets for 2025

Men	0.0% - very poor chance	Women	0.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Latvia

COVID-19 deaths per 100,000 population (01/01/2021)	**32.96**
Adult overweight BMI >25kg/m² (2016)	**57.8**
Adult obesity BMI >30kg/m² (2016)	**23.6**
Population age over 65 years (%) (2020)	**20.7**
Per capita Gross Domestic Product $US (2019)	**32,204**
Healthy life expectancy years (2019)	**66.2**
Insufficient physical activity % adults (2016)	**29.5**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**0.1**
Root vegetables per capita kg/pa (2014-2017)	**117.3**
Vegetable oil per capita kg/pa (2014-2017)	**12.9**
Animal fat per capita kg/pa (2014-2017)	**22.2**
Sugar per capita kg/pa (2014-2017)	**51.8**
Sugar energy per capita kcal/pd (2014-2017)	**290**
Sugar-sweetened beverage per capita l/pa (2015)	**54.6**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	19.6%	27.4%	181.4
Women	25.1%	28.2%	228.4
Children 5-19	5.4%	9.7%	31.7

Chance of meeting UN adult obesity targets for 2025

Men	2.0% - very poor chance	Women	20.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
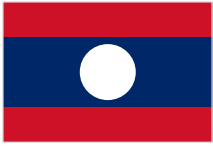GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Lebanon

COVID-19 deaths per 100,000 population (01/01/2021)	**21.43**
Adult overweight BMI >25kg/m² (2016)	**67.9**
Adult obesity BMI >30kg/m² (2016)	**32**
Population age over 65 years (%) (2020)	**7.5**
Per capita Gross Domestic Product $US (2019)	**15,327**
Healthy life expectancy years (2019)	**66**
Insufficient physical activity % adults (2016)	**36.4**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**6.8**
Root vegetables per capita kg/pa (2014-2017)	**40.6**
Vegetable oil per capita kg/pa (2014-2017)	**17.8**
Animal fat per capita kg/pa (2014-2017)	**1.0**
Sugar per capita kg/pa (2014-2017)	**67.3**
Sugar energy per capita kcal/pd (2014-2017)	**415**

Sugar-sweetened beverage per capita l/pa (2015)	**56.1**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	24.6%	35.4%	710.8
Women	35.6%	43.1%	857.7
Children 5-19	12.6%	17.6%	163.0

Chance of meeting UN adult obesity targets for 2025

Men	0.0% - very poor chance	Women	2.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Lesotho

COVID-19 deaths per 100,000 population (01/01/2021)	**2.42**
Adult overweight BMI >25kg/m² (2016)	**38.7**
Adult obesity BMI >30kg/m² (2016)	**16.6**
Population age over 65 years (%) (2020)	**4.9**
Per capita Gross Domestic Product $US (2019)	**2,882**
Healthy life expectancy years (2019)	**44.2**
Insufficient physical activity % adults (2016)	**6.3**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**7.6**
Root vegetables per capita kg/pa (2014-2017)	**55.4**
Vegetable oil per capita kg/pa (2014-2017)	**5.3**
Animal fat per capita kg/pa (2014-2017)	**0.3**
Sugar per capita kg/pa (2014-2017)	**16.7**
Sugar energy per capita kcal/pd (2014-2017)	**122**
Sugar-sweetened beverage per capita l/pa (2015)	**9.4**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	**2025 cases (thousands)**
Men	3.4%	8.6%	**55.6**
Women	23.6%	35.2%	**229.9**
Children 5-19	2.7%	10.4%	**79.8**

Chance of meeting UN adult obesity targets for 2025

Men	**0.0% - very poor chance**	Women	**0.0% - very poor chance**

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Liberia

COVID-19 deaths per 100,000 population (01/01/2021)	**1.72**
Adult overweight BMI >25kg/m² (2016)	**30.9**
Adult obesity BMI >30kg/m² (2016)	**9.9**
Population age over 65 years (%) (2020)	**3.3**
Per capita Gross Domestic Product $US (2019)	**1,487**
Healthy life expectancy years (2019)	**54.9**
Insufficient physical activity % adults (2016)	**25.1**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**0.8**
Root vegetables per capita kg/pa (2014-2017)	**120.4**
Vegetable oil per capita kg/pa (2014-2017)	**16.3**
Animal fat per capita kg/pa (2014-2017)	**0.2**
Sugar per capita kg/pa (2014-2017)	**8.4**
Sugar energy per capita kcal/pd (2014-2017)	**62**

Sugar-sweetened beverage per capita l/pa (2015)	**6.3**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	**2025 cases (thousands)**
Men	4.3%	9.3%	**133.8**
Women	12.1%	20.4%	**293.4**
Children 5-19	1.3%	3.3%	**69.2**

Chance of meeting UN adult obesity targets for 2025

Men	1.0% - very poor chance	Women	0.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Libya

COVID-19 deaths per 100,000 population (01/01/2021)	**22.13**
Adult overweight BMI >25kg/m² (2016)	**66.8**
Adult obesity BMI >30kg/m² (2016)	**32.5**
Population age over 65 years (%) (2020)	**4.5**
Per capita Gross Domestic Product $US (2019)	**15,803**
Healthy life expectancy years (2019)	**65.2**
Insufficient physical activity % adults (2016)	**36.4**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**na**
Root vegetables per capita kg/pa (2014-2017)	**na**
Vegetable oil per capita kg/pa (2014-2017)	**na**
Animal fat per capita kg/pa (2014-2017)	**na**
Sugar per capita kg/pa (2014-2017)	**na**
Sugar energy per capita kcal/pd (2014-2017)	**na**

Sugar-sweetened beverage per capita l/pa (2015)	**1.7**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	**2025 cases (thousands)**
Men	22.0%	33.1%	**762.6**
Women	37.8%	46.4%	**1,089.5**
Children 5-19	12.1%	18.2%	**335.3**

Chance of meeting UN adult obesity targets for 2025

Men	**0.0% - very poor chance**	Women	**1.0% - very poor chance**

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Lithuania

COVID-19 deaths per 100,000 population (01/01/2021)	**52.27**
Adult overweight BMI >25kg/m² (2016)	**59.6**
Adult obesity BMI >30kg/m² (2016)	**26.3**
Population age over 65 years (%) (2020)	**20.6**
Per capita Gross Domestic Product $US (2019)	**38,214**
Healthy life expectancy years (2019)	**66.7**
Insufficient physical activity % adults (2016)	**26.5**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**6.3**
Root vegetables per capita kg/pa (2014-2017)	**70.6**
Vegetable oil per capita kg/pa (2014-2017)	**9.6**
Animal fat per capita kg/pa (2014-2017)	**10.7**
Sugar per capita kg/pa (2014-2017)	**92.0**
Sugar energy per capita kcal/pd (2014-2017)	**395**
Sugar-sweetened beverage per capita l/pa (2015)	**53.7**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	22.2%	30.2%	**288.7**
Women	27.7%	31.1%	**369.8**
Children 5-19	5.3%	9.7%	**47.4**

Chance of meeting UN adult obesity targets for 2025

Men	1.0% - very poor chance	Women	18.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Luxembourg

COVID-19 deaths per 100,000 population (01/01/2021)	**81.45**
Adult overweight BMI >25kg/m² (2016)	**58.7**
Adult obesity BMI >30kg/m² (2016)	**22.6**
Population age over 65 years (%) (2020)	**14.4**
Per capita Gross Domestic Product $US (2019)	**121,293**
Healthy life expectancy years (2019)	**71.6**
Insufficient physical activity % adults (2016)	**28.4**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**0.8**
Root vegetables per capita kg/pa (2014-2017)	**41.0**
Vegetable oil per capita kg/pa (2014-2017)	**11.3**
Animal fat per capita kg/pa (2014-2017)	**9.7**
Sugar per capita kg/pa (2014-2017)	**162.2**
Sugar energy per capita kcal/pd (2014-2017)	**287**

Sugar-sweetened beverage per capita l/pa (2015)	**114.4**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	**2025 cases (thousands)**
Men	21.9%	32.3%	**80.8**
Women	19.7%	25.1%	**62.8**
Children 5-19	7.6%	10.2%	**10.6**

Chance of meeting UN adult obesity targets for 2025

Men	**0.0% - very poor chance**	Women	**4.0% - very poor chance**

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Madagascar

COVID-19 deaths per 100,000 population (01/01/2021)	**0.99**
Adult overweight BMI >25kg/m² (2016)	**23.9**
Adult obesity BMI >30kg/m² (2016)	**5.3**
Population age over 65 years (%) (2020)	**3.1**
Per capita Gross Domestic Product $US (2019)	**1,714**
Healthy life expectancy years (2019)	**57.3**
Insufficient physical activity % adults (2016)	**17.2**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**3.0**
Root vegetables per capita kg/pa (2014-2017)	**131.2**
Vegetable oil per capita kg/pa (2014-2017)	**2.2**
Animal fat per capita kg/pa (2014-2017)	**0.4**
Sugar per capita kg/pa (2014-2017)	**8.2**
Sugar energy per capita kcal/pd (2014-2017)	**76**
Sugar-sweetened beverage per capita l/pa (2015)	**5.8**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	2.1%	5.8%	**456.5**
Women	5.8%	12.5%	**1,009.0**
Children 5-19	1.0%	4.0%	**458.9**

Chance of meeting UN adult obesity targets for 2025

Men	0.0% - very poor chance	Women	0.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Malawi

COVID-19 deaths per 100,000 population (01/01/2021)	**1.04**
Adult overweight BMI >25kg/m² (2016)	**23.4**
Adult obesity BMI >30kg/m² (2016)	**5.8**
Population age over 65 years (%) (2020)	**2.6**
Per capita Gross Domestic Product $US (2019)	**1,104**
Healthy life expectancy years (2019)	**57.1**
Insufficient physical activity % adults (2016)	**15.6**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**16.7**
Root vegetables per capita kg/pa (2014-2017)	**256.4**
Vegetable oil per capita kg/pa (2014-2017)	**2.9**
Animal fat per capita kg/pa (2014-2017)	**1.0**
Sugar per capita kg/pa (2014-2017)	**10.8**
Sugar energy per capita kcal/pd (2014-2017)	**104**

Sugar-sweetened beverage per capita l/pa (2015)	**5.9**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	1.7%	4.0%	213.6
Women	7.3%	14.6%	791.2
Children 5-19	1.1%	4.1%	362.3

Chance of meeting UN adult obesity targets for 2025

Men	1.0% - very poor chance	Women	0.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Malaysia

COVID-19 deaths per 100,000 population (01/01/2021)	**1.49**
Adult overweight BMI >25kg/m² (2016)	**42.5**
Adult obesity BMI >30kg/m² (2016)	**15.6**
Population age over 65 years (%) (2020)	**7.2**
Per capita Gross Domestic Product $US (2019)	**29,526**
Healthy life expectancy years (2019)	**65.7**
Insufficient physical activity % adults (2016)	**38.8**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**2.9**
Root vegetables per capita kg/pa (2014-2017)	**18.7**
Vegetable oil per capita kg/pa (2014-2017)	**17.2**
Animal fat per capita kg/pa (2014-2017)	**1.0**
Sugar per capita kg/pa (2014-2017)	**43.6**
Sugar energy per capita kcal/pd (2014-2017)	**411**
Sugar-sweetened beverage per capita l/pa (2015)	**47.8**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	9.7%	22.0%	2,605.0
Women	15.1%	26.1%	3,241.9
Children 5-19	9.8%	18.6%	1,466.1

Chance of meeting UN adult obesity targets for 2025

Men	0.0% - very poor chance	Women	0.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Maldives

COVID-19 deaths per 100,000 population (01/01/2021)	**9.31**
Adult overweight BMI >25kg/m² (2016)	**30.6**
Adult obesity BMI >30kg/m² (2016)	**8.6**
Population age over 65 years (%) (2020)	**3.6**
Per capita Gross Domestic Product $US (2019)	**19,698**
Healthy life expectancy years (2019)	**70**
Insufficient physical activity % adults (2016)	**30.3**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**1.1**
Root vegetables per capita kg/pa (2014-2017)	**17.3**
Vegetable oil per capita kg/pa (2014-2017)	**1.8**
Animal fat per capita kg/pa (2014-2017)	**0.0**
Sugar per capita kg/pa (2014-2017)	**33.0**
Sugar energy per capita kcal/pd (2014-2017)	**263**
Sugar-sweetened beverage per capita l/pa (2015)	**37.9**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	**2025 cases (thousands)**
Men	3.8%	12.9%	**17.5**
Women	8.7%	19.7%	**28.0**
Children 5-19	4.3%	14.2%	**15.1**

Chance of meeting UN adult obesity targets for 2025

Men	**0.0% - very poor chance**	Women	**0.0% - very poor chance**

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Mali

COVID-19 deaths per 100,000 population (01/01/2021)	**1.41**
Adult overweight BMI >25kg/m² (2016)	**28.1**
Adult obesity BMI >30kg/m² (2016)	**8.6**
Population age over 65 years (%) (2020)	**2.5**
Per capita Gross Domestic Product $US (2019)	**2,424**
Healthy life expectancy years (2019)	**54.6**
Insufficient physical activity % adults (2016)	**40.4**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**10.7**
Root vegetables per capita kg/pa (2014-2017)	**31.7**
Vegetable oil per capita kg/pa (2014-2017)	**7.1**
Animal fat per capita kg/pa (2014-2017)	**0.5**
Sugar per capita kg/pa (2014-2017)	**11.4**
Sugar energy per capita kcal/pd (2014-2017)	**110**

Sugar-sweetened beverage per capita l/pa (2015)	**8.1**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	**2025 cases (thousands)**
Men	3.3%	8.9%	**460.5**
Women	9.9%	19.5%	**998.8**
Children 5-19	1.6%	4.9%	**447.8**

Chance of meeting UN adult obesity targets for 2025

Men	**0.0% - very poor chance**	Women	**0.0% - very poor chance**

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Malta

COVID-19 deaths per 100,000 population (01/01/2021)	**45.29**
Adult overweight BMI >25kg/m² (2016)	**66.4**
Adult obesity BMI >30kg/m² (2016)	**28.9**
Population age over 65 years (%) (2020)	**21.3**
Per capita Gross Domestic Product $US (2019)	**45,652**
Healthy life expectancy years (2019)	**71.5**
Insufficient physical activity % adults (2016)	**41.7**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**4.1**
Root vegetables per capita kg/pa (2014-2017)	**39.9**
Vegetable oil per capita kg/pa (2014-2017)	**9.3**
Animal fat per capita kg/pa (2014-2017)	**3.7**
Sugar per capita kg/pa (2014-2017)	**86.5**
Sugar energy per capita kcal/pd (2014-2017)	**529**

Sugar-sweetened beverage per capita l/pa (2015)	**62.4**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	**2025 cases (thousands)**
Men	27.0%	35.9%	**62.1**
Women	28.4%	32.0%	**56.0**
Children 5-19	13.0%	15.2%	**9.1**

Chance of meeting UN adult obesity targets for 2025

Men	**1.0% - very poor chance**	Women	**16.0% - very poor chance**

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Mauritania

COVID-19 deaths per 100,000 population (01/01/2021)	**7.88**
Adult overweight BMI >25kg/m² (2016)	**34.4**
Adult obesity BMI >30kg/m² (2016)	**12.7**
Population age over 65 years (%) (2020)	**3.2**
Per capita Gross Domestic Product $US (2019)	**5,412**
Healthy life expectancy years (2019)	**59.8**
Insufficient physical activity % adults (2016)	**41.3**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**11.0**
Root vegetables per capita kg/pa (2014-2017)	**9.5**
Vegetable oil per capita kg/pa (2014-2017)	**12.4**
Animal fat per capita kg/pa (2014-2017)	**1.1**
Sugar per capita kg/pa (2014-2017)	**39.6**
Sugar energy per capita kcal/pd (2014-2017)	**361**
Sugar-sweetened beverage per capita l/pa (2015)	**11.8**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	**2025 cases (thousands)**
Men	5.1%	11.4%	**152.2**
Women	15.9%	25.9%	**345.8**
Children 5-19	2.8%	6.5%	**113.6**

Chance of meeting UN adult obesity targets for 2025

Men	**0.0% - very poor chance**	Women	**0.0% - very poor chance**

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Mauritius

COVID-19 deaths per 100,000 population (01/01/2021)	**0.79**
Adult overweight BMI >25kg/m² (2016)	**32.3**
Adult obesity BMI >30kg/m² (2016)	**10.8**
Population age over 65 years (%) (2020)	**12.5**
Per capita Gross Domestic Product $US (2019)	**23,942**
Healthy life expectancy years (2019)	**63.9**
Insufficient physical activity % adults (2016)	**29.8**

Dietary Data

Pulses per capita kg/pa (2014-2017)	9.5
Root vegetables per capita kg/pa (2014-2017)	22.3
Vegetable oil per capita kg/pa (2014-2017)	20.7
Animal fat per capita kg/pa (2014-2017)	0.1
Sugar per capita kg/pa (2014-2017)	41.7
Sugar energy per capita kcal/pd (2014-2017)	326
Sugar-sweetened beverage per capita l/pa (2015)	**47.4**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	**2025 cases (thousands)**
Men	4.8%	8.3%	**40.8**
Women	13.9%	21.0%	**109.8**
Children 5-19	3.2%	7.7%	**16.5**

Chance of meeting UN adult obesity targets for 2025

Men	3.0% - very poor chance	Women	0.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Mexico

COVID-19 deaths per 100,000 population (01/01/2021)	**99.70**
Adult overweight BMI >25kg/m² (2016)	**64.9**
Adult obesity BMI >30kg/m² (2016)	**28.9**
Population age over 65 years (%) (2020)	**7.6**
Per capita Gross Domestic Product $US (2019)	**20,411**
Healthy life expectancy years (2019)	**65.8**
Insufficient physical activity % adults (2016)	**28.9**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**10.7**
Root vegetables per capita kg/pa (2014-2017)	**17.1**
Vegetable oil per capita kg/pa (2014-2017)	**10.3**
Animal fat per capita kg/pa (2014-2017)	**2.5**
Sugar per capita kg/pa (2014-2017)	**49.6**
Sugar energy per capita kcal/pd (2014-2017)	**472**
Sugar-sweetened beverage per capita l/pa (2015)	**166.0**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	21.8%	31.3%	**14,857.8**
Women	30.9%	39.3%	**19,319.9**
Children 5-19	12.7%	18.6%	**6,091.6**

Chance of meeting UN adult obesity targets for 2025

Men	1.0% - very poor chance	Women	1.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Moldova

COVID-19 deaths per 100,000 population (01/01/2021)	**84.18**
Adult overweight BMI >25kg/m² (2016)	**51.8**
Adult obesity BMI >30kg/m² (2016)	**18.9**
Population age over 65 years (%) (2020)	**12.5**
Per capita Gross Domestic Product $US (2019)	**13,574**
Healthy life expectancy years (2019)	**64.5**
Insufficient physical activity % adults (2016)	**11.5**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**0.7**
Root vegetables per capita kg/pa (2014-2017)	**46.6**
Vegetable oil per capita kg/pa (2014-2017)	**9.4**
Animal fat per capita kg/pa (2014-2017)	**5.3**
Sugar per capita kg/pa (2014-2017)	**38.5**
Sugar energy per capita kcal/pd (2014-2017)	**193**
Sugar-sweetened beverage per capita l/pa (2015)	**41.7**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	14.2%	21.7%	**318.3**
Women	20.4%	24.9%	**415.3**
Children 5-19	2.9%	6.7%	**38.2**

Chance of meeting UN adult obesity targets for 2025

Men	1.0% - very poor chance	Women	9.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Mongolia

COVID-19 deaths per 100,000 population (01/01/2021)	**na**
Adult overweight BMI >25kg/m² (2016)	**55.6**
Adult obesity BMI >30kg/m² (2016)	**20.6**
Population age over 65 years (%) (2020)	**4.3**
Per capita Gross Domestic Product $US (2019)	**12,820**
Healthy life expectancy years (2019)	**60.3**
Insufficient physical activity % adults (2016)	**18.6**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**0.5**
Root vegetables per capita kg/pa (2014-2017)	**37.0**
Vegetable oil per capita kg/pa (2014-2017)	**6.4**
Animal fat per capita kg/pa (2014-2017)	**4.0**
Sugar per capita kg/pa (2014-2017)	**22.2**
Sugar energy per capita kcal/pd (2014-2017)	**144**
Sugar-sweetened beverage per capita l/pa (2015)	**37.5**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	**2025 cases (thousands)**
Men	14.1%	27.1%	**280.8**
Women	20.4%	31.5%	**346.8**
Children 5-19	2.9%	7.1%	**63.3**

Chance of meeting UN adult obesity targets for 2025

Men	0.0% - very poor chance	Women	0.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Montenegro

COVID-19 deaths per 100,000 population (01/01/2021)	**109.59**
Adult overweight BMI >25kg/m² (2016)	**59.4**
Adult obesity BMI >30kg/m² (2016)	**23.3**
Population age over 65 years (%) (2020)	**15.8**
Per capita Gross Domestic Product $US (2019)	**22,989**
Healthy life expectancy years (2019)	**67**
Insufficient physical activity % adults (2016)	**na**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**4.6**
Root vegetables per capita kg/pa (2014-2017)	**26.5**
Vegetable oil per capita kg/pa (2014-2017)	**9.2**
Animal fat per capita kg/pa (2014-2017)	**3.8**
Sugar per capita kg/pa (2014-2017)	**126.4**
Sugar energy per capita kcal/pd (2014-2017)	**327**
Sugar-sweetened beverage per capita l/pa (2015)	**76.6**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	**2025 cases (thousands)**
Men	20.9%	30.2%	**70.7**
Women	22.2%	27.6%	**67.6**
Children 5-19	5.7%	11.5%	**12.3**

Chance of meeting UN adult obesity targets for 2025

Men	**1.0% - very poor chance**	Women	**6.0% - very poor chance**

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Morocco

COVID-19 deaths per 100,000 population (01/01/2021)	**20.51**
Adult overweight BMI >25kg/m² (2016)	**60.4**
Adult obesity BMI >30kg/m² (2016)	**26.1**
Population age over 65 years (%) (2020)	**7.6**
Per capita Gross Domestic Product $US (2019)	**7,826**
Healthy life expectancy years (2019)	**63.7**
Insufficient physical activity % adults (2016)	**26.2**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**5.0**
Root vegetables per capita kg/pa (2014-2017)	**47.0**
Vegetable oil per capita kg/pa (2014-2017)	**11.6**
Animal fat per capita kg/pa (2014-2017)	**2.2**
Sugar per capita kg/pa (2014-2017)	**36.7**
Sugar energy per capita kcal/pd (2014-2017)	**359**

Sugar-sweetened beverage per capita l/pa (2015)	**20.2**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	16.1%	28.4%	**3,520.5**
Women	29.3%	40.6%	**5,307.6**
Children 5-19	7.7%	14.8%	**1,482.9**

Chance of meeting UN adult obesity targets for 2025

Men	0.0% - very poor chance	Women	0.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Mozambique

COVID-19 deaths per 100,000 population (01/01/2021)	**0.56**
Adult overweight BMI >25kg/m² (2016)	**26.4**
Adult obesity BMI >30kg/m² (2016)	**7.2**
Population age over 65 years (%) (2020)	**2.9**
Per capita Gross Domestic Product $US (2019)	**1,334**
Healthy life expectancy years (2019)	**50.4**
Insufficient physical activity % adults (2016)	**5.6**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**13.4**
Root vegetables per capita kg/pa (2014-2017)	**250.8**
Vegetable oil per capita kg/pa (2014-2017)	**7.8**
Animal fat per capita kg/pa (2014-2017)	**0.4**
Sugar per capita kg/pa (2014-2017)	**12.2**
Sugar energy per capita kcal/pd (2014-2017)	**117**
Sugar-sweetened beverage per capita l/pa (2015)	**16.3**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	2.6%	5.5%	**443.4**
Women	8.7%	15.8%	**1,371.9**
Children 5-19	1.5%	4.0%	**533.5**

Chance of meeting UN adult obesity targets for 2025

Men	1.0% - very poor chance	Women	0.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Myanmar

COVID-19 deaths per 100,000 population (01/01/2021)	**4.99**
Adult overweight BMI >25kg/m² (2016)	**24.8**
Adult obesity BMI >30kg/m² (2016)	**5.8**
Population age over 65 years (%) (2020)	**6.2**
Per capita Gross Domestic Product $US (2019)	**5,355**
Healthy life expectancy years (2019)	**60.9**
Insufficient physical activity % adults (2016)	**10.7**

Dietary Data

Pulses per capita kg/pa (2014-2017)	13.5
Root vegetables per capita kg/pa (2014-2017)	16.6
Vegetable oil per capita kg/pa (2014-2017)	7.7
Animal fat per capita kg/pa (2014-2017)	2.0
Sugar per capita kg/pa (2014-2017)	28.5
Sugar energy per capita kcal/pd (2014-2017)	196

Sugar-sweetened beverage per capita l/pa (2015)	**5.2**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	**2025 cases (thousands)**
Men	2.7%	8.4%	**1,622.6**
Women	5.5%	12.6%	**2,610.5**
Children 5-19	2.2%	7.7%	**973.4**

Chance of meeting UN adult obesity targets for 2025

Men	**0.0% - very poor chance**	Women	**0.0% - very poor chance**

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Namibia

COVID-19 deaths per 100,000 population (01/01/2021)	**8.37**
Adult overweight BMI >25kg/m² (2016)	**40.6**
Adult obesity BMI >30kg/m² (2016)	**17.2**
Population age over 65 years (%) (2020)	**3.6**
Per capita Gross Domestic Product $US (2019)	**10,037**
Healthy life expectancy years (2019)	**56.1**
Insufficient physical activity % adults (2016)	**33.4**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**8.4**
Root vegetables per capita kg/pa (2014-2017)	**144.8**
Vegetable oil per capita kg/pa (2014-2017)	**8.0**
Animal fat per capita kg/pa (2014-2017)	**1.5**
Sugar per capita kg/pa (2014-2017)	**35.1**
Sugar energy per capita kcal/pd (2014-2017)	**247**
Sugar-sweetened beverage per capita l/pa (2015)	**46.9**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	5.4%	13.9%	**110.9**
Women	22.3%	34.1%	**295.6**
Children 5-19	2.6%	10.8%	**93.3**

Chance of meeting UN adult obesity targets for 2025

Men	0.0% - very poor chance	Women	0.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Nepal

COVID-19 deaths per 100,000 population (01/01/2021)	**6.61**
Adult overweight BMI >25kg/m² (2016)	**21**
Adult obesity BMI >30kg/m² (2016)	**4.1**
Population age over 65 years (%) (2020)	**5.8**
Per capita Gross Domestic Product $US (2019)	**3,558**
Healthy life expectancy years (2019)	**61.3**
Insufficient physical activity % adults (2016)	**13.4**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**12.3**
Root vegetables per capita kg/pa (2014-2017)	**81.6**
Vegetable oil per capita kg/pa (2014-2017)	**11.2**
Animal fat per capita kg/pa (2014-2017)	**0.4**
Sugar per capita kg/pa (2014-2017)	**8.5**
Sugar energy per capita kcal/pd (2014-2017)	**66**

Sugar-sweetened beverage per capita l/pa (2015)	**2.7**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	1.9%	5.1%	**488.8**
Women	4.1%	9.2%	**988.9**
Children 5-19	0.9%	4.1%	**347.7**

Chance of meeting UN adult obesity targets for 2025

Men	0.0% - very poor chance	Women	0.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Netherlands

COVID-19 deaths per 100,000 population (01/01/2021)	**66.89**
Adult overweight BMI >25kg/m² (2016)	**57.8**
Adult obesity BMI >30kg/m² (2016)	**20.4**
Population age over 65 years (%) (2020)	**20.0**
Per capita Gross Domestic Product $US (2019)	**59,687**
Healthy life expectancy years (2019)	**71.4**
Insufficient physical activity % adults (2016)	**27.2**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**1.5**
Root vegetables per capita kg/pa (2014-2017)	**82.4**
Vegetable oil per capita kg/pa (2014-2017)	**15.8**
Animal fat per capita kg/pa (2014-2017)	**7.4**
Sugar per capita kg/pa (2014-2017)	**44.9**
Sugar energy per capita kcal/pd (2014-2017)	**428**
Sugar-sweetened beverage per capita l/pa (2015)	**129.2**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	18.1%	28.8%	**1,958.7**
Women	18.7%	25.0%	**1,743.5**
Children 5-19	5.9%	9.7%	**265.5**

Chance of meeting UN adult obesity targets for 2025

Men	0.0% - very poor chance	Women	2.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

New Zealand

COVID-19 deaths per 100,000 population (01/01/2021)	**0.51**
Adult overweight BMI >25kg/m² (2016)	**65.6**
Adult obesity BMI >30kg/m² (2016)	**30.8**
Population age over 65 years (%) (2020)	**16.4**
Per capita Gross Domestic Product $US (2019)	**43,953**
Healthy life expectancy years (2019)	**70.2**
Insufficient physical activity % adults (2016)	**42.4**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**3.5**
Root vegetables per capita kg/pa (2014-2017)	**50.2**
Vegetable oil per capita kg/pa (2014-2017)	**7.8**
Animal fat per capita kg/pa (2014-2017)	**11.1**
Sugar per capita kg/pa (2014-2017)	**56.2**
Sugar energy per capita kcal/pd (2014-2017)	**533**
Sugar-sweetened beverage per capita l/pa (2015)	**81.6**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	27.1%	38.5%	**681.5**
Women	29.2%	38.5%	**733.8**
Children 5-19	14.5%	19.2%	**186.9**

Chance of meeting UN adult obesity targets for 2025

Men	0.0% - very poor chance	Women	0.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Nicaragua

COVID-19 deaths per 100,000 population (01/01/2021)	**2.55**
Adult overweight BMI >25kg/m² (2016)	**58.2**
Adult obesity BMI >30kg/m² (2016)	**23.7**
Population age over 65 years (%) (2020)	**5.7**
Per capita Gross Domestic Product $US (2019)	**5,631**
Healthy life expectancy years (2019)	**65.5**
Insufficient physical activity % adults (2016)	**na**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**14.0**
Root vegetables per capita kg/pa (2014-2017)	**19.6**
Vegetable oil per capita kg/pa (2014-2017)	**9.3**
Animal fat per capita kg/pa (2014-2017)	**0.8**
Sugar per capita kg/pa (2014-2017)	**56.2**
Sugar energy per capita kcal/pd (2014-2017)	**403**
Sugar-sweetened beverage per capita l/pa (2015)	**30.8**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	15.4%	25.2%	**540.0**
Women	26.6%	36.4%	**836.8**
Children 5-19	8.5%	15.0%	**293.9**

Chance of meeting UN adult obesity targets for 2025

Men	0.0% - very poor chance	Women	0.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report *Missing the Targets, 2020.*

WORLD OBESITY

Niger

COVID-19 deaths per 100,000 population (01/01/2021)	**0.46**
Adult overweight BMI >25kg/m² (2016)	**22**
Adult obesity BMI >30kg/m² (2016)	**5.5**
Population age over 65 years (%) (2020)	**2.6**
Per capita Gross Domestic Product $US (2019)	**1,270**
Healthy life expectancy years (2019)	**55.5**
Insufficient physical activity % adults (2016)	**22.4**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**35.4**
Root vegetables per capita kg/pa (2014-2017)	**13.6**
Vegetable oil per capita kg/pa (2014-2017)	**4.2**
Animal fat per capita kg/pa (2014-2017)	**1.2**
Sugar per capita kg/pa (2014-2017)	**3.8**
Sugar energy per capita kcal/pd (2014-2017)	**36**

Sugar-sweetened beverage per capita l/pa (2015)	**6.8**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	1.8%	4.7%	271.2
Women	6.9%	14.1%	818.8
Children 5-19	0.7%	3.0%	366.6

Chance of meeting UN adult obesity targets for 2025

Men	1.0% - very poor chance	Women	0.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Nigeria

COVID-19 deaths per 100,000 population (01/01/2021)	**0.66**
Adult overweight BMI >25kg/m² (2016)	**28.9**
Adult obesity BMI >30kg/m² (2016)	**8.9**
Population age over 65 years (%) (2020)	**2.7**
Per capita Gross Domestic Product $US (2019)	**5,348**
Healthy life expectancy years (2019)	**54.4**
Insufficient physical activity % adults (2016)	**27.1**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**10.5**
Root vegetables per capita kg/pa (2014-2017)	**250.2**
Vegetable oil per capita kg/pa (2014-2017)	**10.8**
Animal fat per capita kg/pa (2014-2017)	**0.3**
Sugar per capita kg/pa (2014-2017)	**11.1**
Sugar energy per capita kcal/pd (2014-2017)	**107**

Sugar-sweetened beverage per capita l/pa (2015)	**13.2**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	3.4%	9.0%	5,014.4
Women	10.6%	20.4%	11,060.5
Children 5-19	1.1%	4.0%	3,744.4

Chance of meeting UN adult obesity targets for 2025

Men	0.0% - very poor chance	Women	0.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

North Korea

COVID-19 deaths per 100,000 population (01/01/2021)	**na**
Adult overweight BMI >25kg/m² (2016)	**32.4**
Adult obesity BMI >30kg/m² (2016)	**6.8**
Population age over 65 years (%) (2020)	**9.3**
Per capita Gross Domestic Product $US (2019)	**na**
Healthy life expectancy years (2019)	**65**
Insufficient physical activity % adults (2016)	**na**

Dietary Data

Pulses per capita kg/pa (2014-2017)	10.9
Root vegetables per capita kg/pa (2014-2017)	61.0
Vegetable oil per capita kg/pa (2014-2017)	6.9
Animal fat per capita kg/pa (2014-2017)	0.3
Sugar per capita kg/pa (2014-2017)	4.3
Sugar energy per capita kcal/pd (2014-2017)	43

Sugar-sweetened beverage per capita l/pa (2015)	**na**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	**2025 cases (thousands)**
Men	4.9%	9.8%	**913.0**
Women	6.5%	9.8%	**980.9**
Children 5-19	6.1%	13.4%	**697.5**

Chance of meeting UN adult obesity targets for 2025

Men	**1.0% - very poor chance**	Women	**3.0% - very poor chance**

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

North Macedonia

COVID-19 deaths per 100,000 population (01/01/2021)	**120.17**
Adult overweight BMI >25kg/m² (2016)	**58.1**
Adult obesity BMI >30kg/m² (2016)	**22.4**
Population age over 65 years (%) (2020)	**14.5**
Per capita Gross Domestic Product $US (2019)	**17,815**
Healthy life expectancy years (2019)	**66.1**
Insufficient physical activity % adults (2016)	**na**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**5.2**
Root vegetables per capita kg/pa (2014-2017)	**62.9**
Vegetable oil per capita kg/pa (2014-2017)	**17.0**
Animal fat per capita kg/pa (2014-2017)	**6.6**
Sugar per capita kg/pa (2014-2017)	**49.7**
Sugar energy per capita kcal/pd (2014-2017)	**373**
Sugar-sweetened beverage per capita l/pa (2015)	**83.5**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	20.4%	28.8%	**232.4**
Women	21.3%	26.0%	**216.1**
Children 5-19	6.9%	13.9%	**45.8**

Chance of meeting UN adult obesity targets for 2025

Men	1.0% - very poor chance	Women	8.0% - very poor chance

WORLD OBESITY

Norway

COVID-19 deaths per 100,000 population (01/01/2021)	**8.20**
Adult overweight BMI >25kg/m² (2016)	**58.3**
Adult obesity BMI >30kg/m² (2016)	**23.1**
Population age over 65 years (%) (2020)	**17.5**
Per capita Gross Domestic Product $US (2019)	**66,832**
Healthy life expectancy years (2019)	**71.4**
Insufficient physical activity % adults (2016)	**31.7**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**5.2**
Root vegetables per capita kg/pa (2014-2017)	**52.5**
Vegetable oil per capita kg/pa (2014-2017)	**15.8**
Animal fat per capita kg/pa (2014-2017)	**11.1**
Sugar per capita kg/pa (2014-2017)	**43.9**
Sugar energy per capita kcal/pd (2014-2017)	**298**

Sugar-sweetened beverage per capita l/pa (2015)	**134.8**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	21.0%	31.4%	**686.1**
Women	21.3%	27.5%	**596.2**
Children 5-19	8.0%	11.1%	**115.5**

Chance of meeting UN adult obesity targets for 2025

Men	0.0% - very poor chance	Women	2.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Oman

COVID-19 deaths per 100,000 population (01/01/2021)	**31.04**
Adult overweight BMI >25kg/m² (2016)	**62.6**
Adult obesity BMI >30kg/m² (2016)	**27**
Population age over 65 years (%) (2020)	**2.5**
Per capita Gross Domestic Product $US (2019)	**29,052**
Healthy life expectancy years (2019)	**64.7**
Insufficient physical activity % adults (2016)	**32.9**

Dietary Data

Pulses per capita kg/pa (2014-2017)	3.9
Root vegetables per capita kg/pa (2014-2017)	23.3
Vegetable oil per capita kg/pa (2014-2017)	10.4
Animal fat per capita kg/pa (2014-2017)	0.9
Sugar per capita kg/pa (2014-2017)	37.8
Sugar energy per capita kcal/pd (2014-2017)	272

Sugar-sweetened beverage per capita l/pa (2015)	**104.6**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	19.3%	32.5%	**797.2**
Women	31.0%	41.6%	**470.5**
Children 5-19	11.9%	19.5%	**203.4**

Chance of meeting UN adult obesity targets for 2025

Men	**0.0% - very poor chance**	Women	**0.0% - very poor chance**

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Pakistan

COVID-19 deaths per 100,000 population (01/01/2021)	**4.80**
Adult overweight BMI >25kg/m² (2016)	**28.4**
Adult obesity BMI >30kg/m² (2016)	**8.6**
Population age over 65 years (%) (2020)	**4.3**
Per capita Gross Domestic Product $US (2019)	**4,885**
Healthy life expectancy years (2019)	**56.9**
Insufficient physical activity % adults (2016)	**33.7**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**6.3**
Root vegetables per capita kg/pa (2014-2017)	**16.8**
Vegetable oil per capita kg/pa (2014-2017)	**3.3**
Animal fat per capita kg/pa (2014-2017)	**0.9**
Sugar per capita kg/pa (2014-2017)	**25.0**
Sugar energy per capita kcal/pd (2014-2017)	**245**

Sugar-sweetened beverage per capita l/pa (2015)	**9.6**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	**2025 cases (thousands)**
Men	4.5%	10.6%	**7,069.8**
Women	9.1%	17.3%	**11,096.0**
Children 5-19	1.8%	6.2%	**3,903.1**

Chance of meeting UN adult obesity targets for 2025

Men	**0.0% - very poor chance**	Women	**0.0% - very poor chance**

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Panama

COVID-19 deaths per 100,000 population (01/01/2021)	**96.29**
Adult overweight BMI >25kg/m² (2016)	**58.8**
Adult obesity BMI >30kg/m² (2016)	**22.7**
Population age over 65 years (%) (2020)	**8.5**
Per capita Gross Domestic Product $US (2019)	**32,762**
Healthy life expectancy years (2019)	**68.7**
Insufficient physical activity % adults (2016)	**na**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**5.4**
Root vegetables per capita kg/pa (2014-2017)	**18.3**
Vegetable oil per capita kg/pa (2014-2017)	**10.2**
Animal fat per capita kg/pa (2014-2017)	**3.3**
Sugar per capita kg/pa (2014-2017)	**54.9**
Sugar energy per capita kcal/pd (2014-2017)	**351**
Sugar-sweetened beverage per capita l/pa (2015)	**81.9**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	15.4%	25.0%	**377.5**
Women	25.4%	34.7%	**535.4**
Children 5-19	8.4%	14.3%	**158.5**

Chance of meeting UN adult obesity targets for 2025

Men	1.0% - very poor chance	Women	0.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Papua New Guinea

COVID-19 deaths per 100,000 population (01/01/2021)	**0.10**
Adult overweight BMI >25kg/m² (2016)	**52.9**
Adult obesity BMI >30kg/m² (2016)	**21.3**
Population age over 65 years (%) (2020)	**3.6**
Per capita Gross Domestic Product $US (2019)	**4,569**
Healthy life expectancy years (2019)	**57.1**
Insufficient physical activity % adults (2016)	**14.8**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**na**
Root vegetables per capita kg/pa (2014-2017)	**na**
Vegetable oil per capita kg/pa (2014-2017)	**na**
Animal fat per capita kg/pa (2014-2017)	**na**
Sugar per capita kg/pa (2014-2017)	**na**
Sugar energy per capita kcal/pd (2014-2017)	**na**
Sugar-sweetened beverage per capita l/pa (2015)	**21.8**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	**2025 cases (thousands)**
Men	14.0%	24.2%	**630.7**
Women	23.1%	33.5%	**862.3**
Children 5-19	6.7%	15.2%	**451.1**

Chance of meeting UN adult obesity targets for 2025

Men	**1.0% - very poor chance**	Women	**1.0% - very poor chance**

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Paraguay

COVID-19 deaths per 100,000 population (01/01/2021)	**32.52**
Adult overweight BMI >25kg/m² (2016)	**53.5**
Adult obesity BMI >30kg/m² (2016)	**20.3**
Population age over 65 years (%) (2020)	**6.8**
Per capita Gross Domestic Product $US (2019)	**13,210**
Healthy life expectancy years (2019)	**65.8**
Insufficient physical activity % adults (2016)	**37.4**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**8.2**
Root vegetables per capita kg/pa (2014-2017)	**169.6**
Vegetable oil per capita kg/pa (2014-2017)	**14.4**
Animal fat per capita kg/pa (2014-2017)	**2.8**
Sugar per capita kg/pa (2014-2017)	**31.8**
Sugar energy per capita kcal/pd (2014-2017)	**275**
Sugar-sweetened beverage per capita l/pa (2015)	**74.8**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	14.7%	24.3%	**585.9**
Women	21.1%	30.6%	**725.8**
Children 5-19	7.9%	15.2%	**350.8**

Chance of meeting UN adult obesity targets for 2025

Men	0.0% - very poor chance	Women	0.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Peru

COVID-19 deaths per 100,000 population (01/01/2021)	**117.79**
Adult overweight BMI >25kg/m² (2016)	**57.5**
Adult obesity BMI >30kg/m² (2016)	**19.7**
Population age over 65 years (%) (2020)	**8.7**
Per capita Gross Domestic Product $US (2019)	**13,380**
Healthy life expectancy years (2019)	**69.5**
Insufficient physical activity % adults (2016)	**na**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**8.7**
Root vegetables per capita kg/pa (2014-2017)	**124.2**
Vegetable oil per capita kg/pa (2014-2017)	**7.2**
Animal fat per capita kg/pa (2014-2017)	**0.4**
Sugar per capita kg/pa (2014-2017)	**22.4**
Sugar energy per capita kcal/pd (2014-2017)	**218**
Sugar-sweetened beverage per capita l/pa (2015)	**75.7**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	**2025 cases (thousands)**
Men	13.3%	20.8%	**2,413.2**
Women	22.5%	30.0%	**3,568.2**
Children 5-19	6.3%	10.8%	**929.5**

Chance of meeting UN adult obesity targets for 2025

Men	**1.0% - very poor chance**	Women	**1.0% - very poor chance**

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report *Missing the Targets, 2020.*

WORLD OBESITY

Philippines

COVID-19 deaths per 100,000 population (01/01/2021)	**8.67**
Adult overweight BMI >25kg/m² (2016)	**27.6**
Adult obesity BMI >30kg/m² (2016)	**6.4**
Population age over 65 years (%) (2020)	**5.5**
Per capita Gross Domestic Product $US (2019)	**9,277**
Healthy life expectancy years (2019)	**62**
Insufficient physical activity % adults (2016)	**39.7**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**1.2**
Root vegetables per capita kg/pa (2014-2017)	**32.1**
Vegetable oil per capita kg/pa (2014-2017)	**4.9**
Animal fat per capita kg/pa (2014-2017)	**3.3**
Sugar per capita kg/pa (2014-2017)	**22.8**
Sugar energy per capita kcal/pd (2014-2017)	**229**
Sugar-sweetened beverage per capita l/pa (2015)	**58.0**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	4.0%	9.0%	**3,175.7**
Women	6.3%	11.2%	**4,025.2**
Children 5-19	2.9%	7.2%	**2,527.1**

Chance of meeting UN adult obesity targets for 2025

Men	0.0% - very poor chance	Women	0.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report *Missing the Targets, 2020.*

WORLD OBESITY

Poland

COVID-19 deaths per 100,000 population (01/01/2021)	**75.18**
Adult overweight BMI >25kg/m² (2016)	**58.3**
Adult obesity BMI >30kg/m² (2016)	**23.1**
Population age over 65 years (%) (2020)	**18.7**
Per capita Gross Domestic Product $US (2019)	**34,218**
Healthy life expectancy years (2019)	**68.7**
Insufficient physical activity % adults (2016)	**32.5**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**1.9**
Root vegetables per capita kg/pa (2014-2017)	**100.8**
Vegetable oil per capita kg/pa (2014-2017)	**7.0**
Animal fat per capita kg/pa (2014-2017)	**17.2**
Sugar per capita kg/pa (2014-2017)	**44.3**
Sugar energy per capita kcal/pd (2014-2017)	**429**
Sugar-sweetened beverage per capita l/pa (2015)	**97.0**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	**2025 cases (thousands)**
Men	21.4%	30.3%	**4,393.5**
Women	21.7%	25.9%	**4,139.9**
Children 5-19	6.6%	13.4%	**809.3**

Chance of meeting UN adult obesity targets for 2025

Men	**1.0% - very poor chance**	Women	**8.0% - very poor chance**

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report *Missing the Targets, 2020.*

WORLD OBESITY

Portugal

COVID-19 deaths per 100,000 population (01/01/2021)	**67.17**
Adult overweight BMI >25kg/m² (2016)	**57.5**
Adult obesity BMI >30kg/m² (2016)	**20.8**
Population age over 65 years (%) (2020)	**22.8**
Per capita Gross Domestic Product $US (2019)	**36,471**
Healthy life expectancy years (2019)	**71**
Insufficient physical activity % adults (2016)	**43.4**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**3.4**
Root vegetables per capita kg/pa (2014-2017)	**65.1**
Vegetable oil per capita kg/pa (2014-2017)	**15.2**
Animal fat per capita kg/pa (2014-2017)	**8.3**
Sugar per capita kg/pa (2014-2017)	**37.8**
Sugar energy per capita kcal/pd (2014-2017)	**253**

Sugar-sweetened beverage per capita l/pa (2015)	**69.9**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	17.7%	28.1%	**1,088.0**
Women	19.8%	26.3%	**1,167.7**
Children 5-19	9.8%	12.2%	**168.1**

Chance of meeting UN adult obesity targets for 2025

Men	0.0% - very poor chance	Women	2.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Qatar

COVID-19 deaths per 100,000 population (01/01/2021)	**8.81**
Adult overweight BMI >25kg/m² (2016)	**71.7**
Adult obesity BMI >30kg/m² (2016)	**35.1**
Population age over 65 years (%) (2020)	**1.7**
Per capita Gross Domestic Product $US (2019)	**96,491**
Healthy life expectancy years (2019)	**67.1**
Insufficient physical activity % adults (2016)	**36.8**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**na**
Root vegetables per capita kg/pa (2014-2017)	**na**
Vegetable oil per capita kg/pa (2014-2017)	**na**
Animal fat per capita kg/pa (2014-2017)	**na**
Sugar per capita kg/pa (2014-2017)	**na**
Sugar energy per capita kcal/pd (2014-2017)	**na**
Sugar-sweetened beverage per capita l/pa (2015)	**73.5**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	**2025 cases (thousands)**
Men	29.3%	41.2%	**652.6**
Women	41.8%	49.2%	**263.2**
Children 5-19	17.1%	22.4%	**76.9**

Chance of meeting UN adult obesity targets for 2025

Men	**0.0% - very poor chance**	Women	**2.0% - very poor chance**

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Romania

COVID-19 deaths per 100,000 population (01/01/2021)	**80.96**
Adult overweight BMI >25kg/m² (2016)	**57.7**
Adult obesity BMI >30kg/m² (2016)	**22.5**
Population age over 65 years (%) (2020)	**19.2**
Per capita Gross Domestic Product $US (2019)	**32,297**
Healthy life expectancy years (2019)	**66.8**
Insufficient physical activity % adults (2016)	**35.4**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**2.2**
Root vegetables per capita kg/pa (2014-2017)	**99.8**
Vegetable oil per capita kg/pa (2014-2017)	**14.7**
Animal fat per capita kg/pa (2014-2017)	**7.6**
Sugar per capita kg/pa (2014-2017)	**28.4**
Sugar energy per capita kcal/pd (2014-2017)	**272**
Sugar-sweetened beverage per capita l/pa (2015)	**97.3**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	20.5%	30.9%	**2,148.5**
Women	20.5%	26.1%	**2,003.2**
Children 5-19	5.5%	13.1%	**421.9**

Chance of meeting UN adult obesity targets for 2025

Men	0.0% - very poor chance	Women	4.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Russian Federation

COVID-19 deaths per 100,000 population (01/01/2021)	**38.95**
Adult overweight BMI >25kg/m² (2016)	**57.1**
Adult obesity BMI >30kg/m² (2016)	**23.1**
Population age over 65 years (%) (2020)	**15.5**
Per capita Gross Domestic Product $US (2019)	**29,181**
Healthy life expectancy years (2019)	**64.2**
Insufficient physical activity % adults (2016)	**17.1**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**2.3**
Root vegetables per capita kg/pa (2014-2017)	**112.2**
Vegetable oil per capita kg/pa (2014-2017)	**14.9**
Animal fat per capita kg/pa (2014-2017)	**4.3**
Sugar per capita kg/pa (2014-2017)	**76.7**
Sugar energy per capita kcal/pd (2014-2017)	**409**
Sugar-sweetened beverage per capita l/pa (2015)	**54.1**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	16.3%	23.6%	**11,349.0**
Women	27.1%	29.9%	**17,682.0**
Children 5-19	5.3%	9.5%	**2,307.3**

Chance of meeting UN adult obesity targets for 2025

Men	1.0% - very poor chance	Women	20.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Rwanda

COVID-19 deaths per 100,000 population (01/01/2021)	**0.75**
Adult overweight BMI >25kg/m² (2016)	**25.1**
Adult obesity BMI >30kg/m² (2016)	**5.8**
Population age over 65 years (%) (2020)	**3.1**
Per capita Gross Domestic Product $US (2019)	**2,318**
Healthy life expectancy years (2019)	**60.2**
Insufficient physical activity % adults (2016)	**14.6**

Dietary Data

Pulses per capita kg/pa (2014-2017)	36.8
Root vegetables per capita kg/pa (2014-2017)	299.6
Vegetable oil per capita kg/pa (2014-2017)	2.6
Animal fat per capita kg/pa (2014-2017)	0.3
Sugar per capita kg/pa (2014-2017)	8.8
Sugar energy per capita kcal/pd (2014-2017)	82

Sugar-sweetened beverage per capita l/pa (2015)	**6.5**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	**2025 cases (thousands)**
Men	1.3%	3.9%	**138.9**
Women	7.2%	15.7%	**642.6**
Children 5-19	1.0%	3.7%	**212.5**

Chance of meeting UN adult obesity targets for 2025

Men	**0.0% - very poor chance**	Women	**0.0% - very poor chance**

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Saint Kitts & Nevis

COVID-19 deaths per 100,000 population (01/01/2021)	**na**
Adult overweight BMI >25kg/m² (2016)	**52.3**
Adult obesity BMI >30kg/m² (2016)	**22.9**
Population age over 65 years (%) (2020)	**na**
Per capita Gross Domestic Product $US (2019)	**27,449**
Healthy life expectancy years (2019)	**na**
Insufficient physical activity % adults (2016)	**32.2**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**5.7**
Root vegetables per capita kg/pa (2014-2017)	**27.8**
Vegetable oil per capita kg/pa (2014-2017)	**15.3**
Animal fat per capita kg/pa (2014-2017)	**2.0**
Sugar per capita kg/pa (2014-2017)	**67.3**
Sugar energy per capita kcal/pd (2014-2017)	**348**
Sugar-sweetened beverage per capita l/pa (2015)	**71.4**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	12.6%	23.4%	na
Women	27.2%	38.5%	na
Children 5-19	8.8%	18.4%	2.5

Chance of meeting UN adult obesity targets for 2025

Men	0.0% - very poor chance	Women	0.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Saint Lucia

COVID-19 deaths per 100,000 population (01/01/2021)	**2.75**
Adult overweight BMI >25kg/m² (2016)	**48.1**
Adult obesity BMI >30kg/m² (2016)	**19.7**
Population age over 65 years (%) (2020)	**10.3**
Per capita Gross Domestic Product $US (2019)	**16,089**
Healthy life expectancy years (2019)	**64.7**
Insufficient physical activity % adults (2016)	**39.8**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**6.4**
Root vegetables per capita kg/pa (2014-2017)	**29.1**
Vegetable oil per capita kg/pa (2014-2017)	**6.7**
Animal fat per capita kg/pa (2014-2017)	**0.3**
Sugar per capita kg/pa (2014-2017)	**41.9**
Sugar energy per capita kcal/pd (2014-2017)	**379**
Sugar-sweetened beverage per capita l/pa (2015)	**45.8**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	9.9%	18.1%	**12.7**
Women	24.2%	34.4%	**25.5**
Children 5-19	6.2%	13.7%	**5.6**

Chance of meeting UN adult obesity targets for 2025

Men	1.0% - very poor chance	Women	1.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Saint Vincent & The Grenadines

COVID-19 deaths per 100,000 population (01/01/2021)	**na**
Adult overweight BMI >25kg/m² (2016)	**55**
Adult obesity BMI >30kg/m² (2016)	**23.7**
Population age over 65 years (%) (2020)	**9.9**
Per capita Gross Domestic Product $US (2019)	**12,983**
Healthy life expectancy years (2019)	**64**
Insufficient physical activity % adults (2016)	**na**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**8.4**
Root vegetables per capita kg/pa (2014-2017)	**63.4**
Vegetable oil per capita kg/pa (2014-2017)	**9.5**
Animal fat per capita kg/pa (2014-2017)	**0.3**
Sugar per capita kg/pa (2014-2017)	**52.4**
Sugar energy per capita kcal/pd (2014-2017)	**420**
Sugar-sweetened beverage per capita l/pa (2015)	**63.9**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	13.5%	25.2%	**10.1**
Women	28.2%	39.5%	**15.8**
Children 5-19	9.3%	18.2%	**4.4**

Chance of meeting UN adult obesity targets for 2025

Men	0.0% - very poor chance	Women	0.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Samoa

COVID-19 deaths per 100,000 population (01/01/2021)	**na**
Adult overweight BMI >25kg/m² (2016)	**77.6**
Adult obesity BMI >30kg/m² (2016)	**47.3**
Population age over 65 years (%) (2020)	**5.1**
Per capita Gross Domestic Product $US (2019)	**6,787**
Healthy life expectancy years (2019)	**62.1**
Insufficient physical activity % adults (2016)	**12.6**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**0.0**
Root vegetables per capita kg/pa (2014-2017)	**130.8**
Vegetable oil per capita kg/pa (2014-2017)	**8.5**
Animal fat per capita kg/pa (2014-2017)	**3.6**
Sugar per capita kg/pa (2014-2017)	**34.8**
Sugar energy per capita kcal/pd (2014-2017)	**251**
Sugar-sweetened beverage per capita l/pa (2015)	**59.7**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	36.8%	49.1%	**na**
Women	53.3%	61.9%	**na**
Children 5-19	15.6%	30.2%	**20.8**

Chance of meeting UN adult obesity targets for 2025

Men	1.0% - very poor chance	Women	1.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Sao Tome and Principe

COVID-19 deaths per 100,000 population (01/01/2021)	**8.06**
Adult overweight BMI >25kg/m² (2016)	**35.4**
Adult obesity BMI >30kg/m² (2016)	**12.4**
Population age over 65 years (%) (2020)	**3.0**
Per capita Gross Domestic Product $US (2019)	**4,128**
Healthy life expectancy years (2019)	**61.6**
Insufficient physical activity % adults (2016)	**15.5**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**4.1**
Root vegetables per capita kg/pa (2014-2017)	**43.6**
Vegetable oil per capita kg/pa (2014-2017)	**9.4**
Animal fat per capita kg/pa (2014-2017)	**0.2**
Sugar per capita kg/pa (2014-2017)	**31.9**
Sugar energy per capita kcal/pd (2014-2017)	**159**

Sugar-sweetened beverage per capita l/pa (2015)	**17.5**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	5.6%	12.5%	**7.3**
Women	14.5%	24.1%	**14.2**
Children 5-19	2.4%	5.8%	**5.2**

Chance of meeting UN adult obesity targets for 2025

Men	0.0% - very poor chance	Women	0.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Saudi Arabia

COVID-19 deaths per 100,000 population (01/01/2021)	**18.47**
Adult overweight BMI >25kg/m² (2016)	**69.7**
Adult obesity BMI >30kg/m² (2016)	**35.4**
Population age over 65 years (%) (2020)	**3.5**
Per capita Gross Domestic Product $US (2019)	**48,908**
Healthy life expectancy years (2019)	**64**
Insufficient physical activity % adults (2016)	**53.1**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**5.5**
Root vegetables per capita kg/pa (2014-2017)	**13.9**
Vegetable oil per capita kg/pa (2014-2017)	**19.2**
Animal fat per capita kg/pa (2014-2017)	**4.3**
Sugar per capita kg/pa (2014-2017)	**31.0**
Sugar energy per capita kcal/pd (2014-2017)	**298**
Sugar-sweetened beverage per capita l/pa (2015)	**127.5**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	**2025 cases (thousands)**
Men	27.2%	40.0%	**5,719.6**
Women	40.5%	49.1%	**5,071.0**
Children 5-19	14.1%	21.7%	**1,797.2**

Chance of meeting UN adult obesity targets for 2025

Men	**0.0% - very poor chance**	Women	**1.0% - very poor chance**

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Senegal

COVID-19 deaths per 100,000 population (01/01/2021)	**2.59**
Adult overweight BMI >25kg/m² (2016)	**28.4**
Adult obesity BMI >30kg/m² (2016)	**8.8**
Population age over 65 years (%) (2020)	**3.1**
Per capita Gross Domestic Product $US (2019)	**3,536**
Healthy life expectancy years (2019)	**59.4**
Insufficient physical activity % adults (2016)	**23.1**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**4.5**
Root vegetables per capita kg/pa (2014-2017)	**22.0**
Vegetable oil per capita kg/pa (2014-2017)	**16.7**
Animal fat per capita kg/pa (2014-2017)	**0.3**
Sugar per capita kg/pa (2014-2017)	**17.1**
Sugar energy per capita kcal/pd (2014-2017)	**156**
Sugar-sweetened beverage per capita l/pa (2015)	**39.2**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	3.1%	6.8%	**309.7**
Women	10.9%	18.7%	**929.4**
Children 5-19	1.2%	3.3%	**238.2**

Chance of meeting UN adult obesity targets for 2025

Men	**1.0% - very poor chance**	Women	**0.0% - very poor chance**

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Serbia

COVID-19 deaths per 100,000 population (01/01/2021)	**45.99**
Adult overweight BMI >25kg/m² (2016)	**57.1**
Adult obesity BMI >30kg/m² (2016)	**21.5**
Population age over 65 years (%) (2020)	**19.1**
Per capita Gross Domestic Product $US (2019)	**18,989**
Healthy life expectancy years (2019)	**66.9**
Insufficient physical activity % adults (2016)	**39.5**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**3.1**
Root vegetables per capita kg/pa (2014-2017)	**41.2**
Vegetable oil per capita kg/pa (2014-2017)	**7.4**
Animal fat per capita kg/pa (2014-2017)	**3.3**
Sugar per capita kg/pa (2014-2017)	**29.7**
Sugar energy per capita kcal/pd (2014-2017)	**285**
Sugar-sweetened beverage per capita l/pa (2015)	**66.0**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	18.9%	27.4%	**883.9**
Women	20.9%	26.3%	**914.7**
Children 5-19	7.3%	14.8%	**197.3**

Chance of meeting UN adult obesity targets for 2025

Men	1.0% - very poor chance	Women	5.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report *Missing the Targets, 2020.*

WORLD OBESITY

Seychelles

COVID-19 deaths per 100,000 population (01/01/2021)	**na**
Adult overweight BMI >25kg/m² (2016)	**36.8**
Adult obesity BMI >30kg/m² (2016)	**14**
Population age over 65 years (%) (2020)	**8.1**
Per capita Gross Domestic Product $US (2019)	**30,260**
Healthy life expectancy years (2019)	**64**
Insufficient physical activity % adults (2016)	**18.8**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**na**
Root vegetables per capita kg/pa (2014-2017)	**na**
Vegetable oil per capita kg/pa (2014-2017)	**na**
Animal fat per capita kg/pa (2014-2017)	**na**
Sugar per capita kg/pa (2014-2017)	**na**
Sugar energy per capita kcal/pd (2014-2017)	**na**

Sugar-sweetened beverage per capita l/pa (2015)	**47.7**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	6.2%	11.9%	4.0
Women	18.2%	27.4%	9.6
Children 5-19	8.1%	15.7%	2.6

Chance of meeting UN adult obesity targets for 2025

Men	1.0% - very poor chance	Women	0.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Sierra Leone

COVID-19 deaths per 100,000 population (01/01/2021)	**0.99**
Adult overweight BMI >25kg/m² (2016)	**27.7**
Adult obesity BMI >30kg/m² (2016)	**8.7**
Population age over 65 years (%) (2020)	**2.9**
Per capita Gross Domestic Product $US (2019)	**1,790**
Healthy life expectancy years (2019)	**52.9**
Insufficient physical activity % adults (2016)	**14.3**

Dietary Data

Pulses per capita kg/pa (2014-2017)	9.7
Root vegetables per capita kg/pa (2014-2017)	138.8
Vegetable oil per capita kg/pa (2014-2017)	13.2
Animal fat per capita kg/pa (2014-2017)	0.1
Sugar per capita kg/pa (2014-2017)	6.1
Sugar energy per capita kcal/pd (2014-2017)	50

Sugar-sweetened beverage per capita l/pa (2015)	**7.3**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	**2025 cases (thousands)**
Men	2.9%	6.9%	**134.1**
Women	11.1%	19.6%	**393.8**
Children 5-19	1.7%	4.5%	**117.3**

Chance of meeting UN adult obesity targets for 2025

Men	**0.0% - very poor chance**	Women	**0.0% - very poor chance**

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Singapore

COVID-19 deaths per 100,000 population (01/01/2021)	**0.51**
Adult overweight BMI >25kg/m² (2016)	**31.8**
Adult obesity BMI >30kg/m² (2016)	**6.1**
Population age over 65 years (%) (2020)	**13.4**
Per capita Gross Domestic Product $US (2019)	**101,376**
Healthy life expectancy years (2019)	**73.6**
Insufficient physical activity % adults (2016)	**36.5**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**na**
Root vegetables per capita kg/pa (2014-2017)	**na**
Vegetable oil per capita kg/pa (2014-2017)	**na**
Animal fat per capita kg/pa (2014-2017)	**na**
Sugar per capita kg/pa (2014-2017)	**na**
Sugar energy per capita kcal/pd (2014-2017)	**na**

Sugar-sweetened beverage per capita l/pa (2015)	**76.3**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	**2025 cases (thousands)**
Men	5.0%	8.4%	**208.2**
Women	6.2%	7.5%	**195.3**
Children 5-19	6.6%	7.9%	**71.8**

Chance of meeting UN adult obesity targets for 2025

Men	**1.0% - very poor chance**	Women	**18.0% - very poor chance**

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Slovakia

COVID-19 deaths per 100,000 population (01/01/2021)	**39.25**
Adult overweight BMI >25kg/m² (2016)	**56.2**
Adult obesity BMI >30kg/m² (2016)	**20.5**
Population age over 65 years (%) (2020)	**16.7**
Per capita Gross Domestic Product $US (2019)	**34,178**
Healthy life expectancy years (2019)	**68.5**
Insufficient physical activity % adults (2016)	**34.9**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**1.3**
Root vegetables per capita kg/pa (2014-2017)	**50.5**
Vegetable oil per capita kg/pa (2014-2017)	**16.1**
Animal fat per capita kg/pa (2014-2017)	**17.1**
Sugar per capita kg/pa (2014-2017)	**70.2**
Sugar energy per capita kcal/pd (2014-2017)	**311**
Sugar-sweetened beverage per capita l/pa (2015)	**92.5**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	19.0%	26.8%	550.7
Women	19.2%	23.6%	531.2
Children 5-19	5.6%	13.0%	111.0

Chance of meeting UN adult obesity targets for 2025

Men	2.0% - very poor chance	Women	8.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report *Missing the Targets, 2020.*

WORLD OBESITY

Slovenia

COVID-19 deaths per 100,000 population (01/01/2021)	**130.46**
Adult overweight BMI >25kg/m² (2016)	**56.1**
Adult obesity BMI >30kg/m² (2016)	**20.2**
Population age over 65 years (%) (2020)	**20.7**
Per capita Gross Domestic Product $US (2019)	**40,657**
Healthy life expectancy years (2019)	**70.7**
Insufficient physical activity % adults (2016)	**32.2**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**2.0**
Root vegetables per capita kg/pa (2014-2017)	**48.2**
Vegetable oil per capita kg/pa (2014-2017)	**8.1**
Animal fat per capita kg/pa (2014-2017)	**19.1**
Sugar per capita kg/pa (2014-2017)	**48.1**
Sugar energy per capita kcal/pd (2014-2017)	**247**
Sugar-sweetened beverage per capita l/pa (2015)	**65.5**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	17.5%	25.0%	**203.8**
Women	20.1%	24.9%	**208.4**
Children 5-19	6.5%	13.7%	**42.5**

Chance of meeting UN adult obesity targets for 2025

Men	2.0% - very poor chance	Women	7.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Solomon Islands

COVID-19 deaths per 100,000 population (01/01/2021)	**na**
Adult overweight BMI >25kg/m² (2016)	**55**
Adult obesity BMI >30kg/m² (2016)	**22.5**
Population age over 65 years (%) (2020)	**3.7**
Per capita Gross Domestic Product $US (2019)	**2,466**
Healthy life expectancy years (2019)	**57.8**
Insufficient physical activity % adults (2016)	**18.2**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**9.7**
Root vegetables per capita kg/pa (2014-2017)	**324.3**
Vegetable oil per capita kg/pa (2014-2017)	**3.5**
Animal fat per capita kg/pa (2014-2017)	**1.0**
Sugar per capita kg/pa (2014-2017)	**9.4**
Sugar energy per capita kcal/pd (2014-2017)	**69**
Sugar-sweetened beverage per capita l/pa (2015)	**22.4**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	14.7%	26.8%	**50.7**
Women	24.3%	35.1%	**65.6**
Children 5-19	2.6%	8.4%	**20.1**

Chance of meeting UN adult obesity targets for 2025

Men	0.0% - very poor chance	Women	0.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Somalia

COVID-19 deaths per 100,000 population (01/01/2021)	**0.87**
Adult overweight BMI >25kg/m² (2016)	**28.4**
Adult obesity BMI >30kg/m² (2016)	**8.3**
Population age over 65 years (%) (2020)	**2.9**
Per capita Gross Domestic Product $US (2019)	**na**
Healthy life expectancy years (2019)	**49.7**
Insufficient physical activity % adults (2016)	**na**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**na**
Root vegetables per capita kg/pa (2014-2017)	**na**
Vegetable oil per capita kg/pa (2014-2017)	**na**
Animal fat per capita kg/pa (2014-2017)	**na**
Sugar per capita kg/pa (2014-2017)	**na**
Sugar energy per capita kcal/pd (2014-2017)	**na**
Sugar-sweetened beverage per capita l/pa (2015)	**na**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	**2025 cases (thousands)**
Men	3.0%	6.9%	**213.5**
Women	10.1%	18.4%	**588.4**
Children 5-19	1.9%	5.6%	**327.3**

Chance of meeting UN adult obesity targets for 2025

Men	**1.0% - very poor chance**	Women	**0.0% - very poor chance**

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report *Missing the Targets, 2020.*

WORLD OBESITY

South Africa

COVID-19 deaths per 100,000 population (01/01/2021)	**49.27**
Adult overweight BMI >25kg/m² (2016)	**53.8**
Adult obesity BMI >30kg/m² (2016)	**28.3**
Population age over 65 years (%) (2020)	**5.5**
Per capita Gross Domestic Product $US (2019)	**12,999**
Healthy life expectancy years (2019)	**56.2**
Insufficient physical activity % adults (2016)	**38.2**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**1.9**
Root vegetables per capita kg/pa (2014-2017)	**31.0**
Vegetable oil per capita kg/pa (2014-2017)	**13.0**
Animal fat per capita kg/pa (2014-2017)	**0.6**
Sugar per capita kg/pa (2014-2017)	**43.8**
Sugar energy per capita kcal/pd (2014-2017)	**323**
Sugar-sweetened beverage per capita l/pa (2015)	**103.2**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	**2025 cases (thousands)**
Men	12.5%	23.3%	**4,267.4**
Women	37.5%	46.7%	**8,917.8**
Children 5-19	5.7%	22.2%	**3,449.4**

Chance of meeting UN adult obesity targets for 2025

Men	**0.0% - very poor chance**	Women	**1.0% - very poor chance**

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

South Korea

COVID-19 deaths per 100,000 population (01/01/2021)	**1.78**
Adult overweight BMI >25kg/m² (2016)	**30.3**
Adult obesity BMI >30kg/m² (2016)	**4.7**
Population age over 65 years (%) (2020)	**15.8**
Per capita Gross Domestic Product $US (2019)	**43,029**
Healthy life expectancy years (2019)	**73.1**
Insufficient physical activity % adults (2016)	**35.4**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**1.2**
Root vegetables per capita kg/pa (2014-2017)	**15.2**
Vegetable oil per capita kg/pa (2014-2017)	**18.6**
Animal fat per capita kg/pa (2014-2017)	**3.9**
Sugar per capita kg/pa (2014-2017)	**38.6**
Sugar energy per capita kcal/pd (2014-2017)	**352**
Sugar-sweetened beverage per capita l/pa (2015)	**48.8**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	**2025 cases (thousands)**
Men	3.6%	6.7%	**1,410.9**
Women	4.4%	6.2%	**1,347.3**
Children 5-19	7.5%	11.3%	**796.3**

Chance of meeting UN adult obesity targets for 2025

Men	**0.0% - very poor chance**	Women	**5.0% - very poor chance**

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report *Missing the Targets, 2020.*

WORLD OBESITY

Spain

COVID-19 deaths per 100,000 population (01/01/2021)	**108.80**
Adult overweight BMI >25kg/m² (2016)	**61.6**
Adult obesity BMI >30kg/m² (2016)	**23.8**
Population age over 65 years (%) (2020)	**20.0**
Per capita Gross Domestic Product $US (2019)	**42,214**
Healthy life expectancy years (2019)	**72.1**
Insufficient physical activity % adults (2016)	**26.8**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**5.1**
Root vegetables per capita kg/pa (2014-2017)	**58.2**
Vegetable oil per capita kg/pa (2014-2017)	**28.2**
Animal fat per capita kg/pa (2014-2017)	**4.6**
Sugar per capita kg/pa (2014-2017)	**33.2**
Sugar energy per capita kcal/pd (2014-2017)	**307**
Sugar-sweetened beverage per capita l/pa (2015)	**104.7**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	22.6%	30.9%	5,652.8
Women	22.4%	26.3%	5,092.2
Children 5-19	9.5%	12.7%	912.1

Chance of meeting UN adult obesity targets for 2025

Men	**1.0% - very poor chance**	Women	**10.0% - very poor chance**

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Sri Lanka

COVID-19 deaths per 100,000 population (01/01/2021)	0.94
Adult overweight BMI >25kg/m² (2016)	23.3
Adult obesity BMI >30kg/m² (2016)	5.2
Population age over 65 years (%) (2020)	11.2
Per capita Gross Domestic Product $US (2019)	13,620
Healthy life expectancy years (2019)	67
Insufficient physical activity % adults (2016)	28.9

Dietary Data

Pulses per capita kg/pa (2014-2017)	9.7
Root vegetables per capita kg/pa (2014-2017)	20.4
Vegetable oil per capita kg/pa (2014-2017)	2.5
Animal fat per capita kg/pa (2014-2017)	0.1
Sugar per capita kg/pa (2014-2017)	27.9
Sugar energy per capita kcal/pd (2014-2017)	282

Sugar-sweetened beverage per capita l/pa (2015)	10.7

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	2.0%	5.8%	411.0
Women	5.6%	12.2%	989.9
Children 5-19	2.7%	9.7%	517.4

Chance of meeting UN adult obesity targets for 2025

Men	0.0% - very poor chance	Women	0.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Sudan

COVID-19 deaths per 100,000 population (01/01/2021)	**3.51**
Adult overweight BMI >25kg/m² (2016)	**28.9**
Adult obesity BMI >30kg/m² (2016)	**8.6**
Population age over 65 years (%) (2020)	**3.7**
Per capita Gross Domestic Product $US (2019)	**4,123**
Healthy life expectancy years (2019)	**59.9**
Insufficient physical activity % adults (2016)	**na**

Dietary Data

Pulses per capita kg/pa (2014-2017)	11.1
Root vegetables per capita kg/pa (2014-2017)	19.6
Vegetable oil per capita kg/pa (2014-2017)	9.6
Animal fat per capita kg/pa (2014-2017)	1.0
Sugar per capita kg/pa (2014-2017)	30.6
Sugar energy per capita kcal/pd (2014-2017)	298

Sugar-sweetened beverage per capita l/pa (2015)	**19.3**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	**2025 cases (thousands)**
Men	3.0%	6.2%	**820.0**
Women	10.5%	17.8%	**2,386.1**
Children 5-19	1.8%	5.3%	**1,208.5**

Chance of meeting UN adult obesity targets for 2025

Men	**1.0% - very poor chance**	Women	**0.0% - very poor chance**

WORLD OBESITY

Suriname

COVID-19 deaths per 100,000 population (01/01/2021)	**21.18**
Adult overweight BMI >25kg/m² (2016)	**58.9**
Adult obesity BMI >30kg/m² (2016)	**26.4**
Population age over 65 years (%) (2020)	**7.1**
Per capita Gross Domestic Product $US (2019)	**17,005**
Healthy life expectancy years (2019)	**62.4**
Insufficient physical activity % adults (2016)	**44.4**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**2.1**
Root vegetables per capita kg/pa (2014-2017)	**27.9**
Vegetable oil per capita kg/pa (2014-2017)	**15.7**
Animal fat per capita kg/pa (2014-2017)	**0.6**
Sugar per capita kg/pa (2014-2017)	**53.0**
Sugar energy per capita kcal/pd (2014-2017)	**421**
Sugar-sweetened beverage per capita l/pa (2015)	**66.2**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	16.6%	26.0%	**50.2**
Women	32.0%	40.2%	**80.8**
Children 5-19	11.5%	18.3%	**24.9**

Chance of meeting UN adult obesity targets for 2025

Men	1.0% - very poor chance	Women	2.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Sweden

COVID-19 deaths per 100,000 population (01/01/2021)	**85.70**
Adult overweight BMI >25kg/m² (2016)	**56.4**
Adult obesity BMI >30kg/m² (2016)	**20.6**
Population age over 65 years (%) (2020)	**20.3**
Per capita Gross Domestic Product $US (2019)	**55,815**
Healthy life expectancy years (2019)	**71.9**
Insufficient physical activity % adults (2016)	**23.1**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**1.7**
Root vegetables per capita kg/pa (2014-2017)	**52.8**
Vegetable oil per capita kg/pa (2014-2017)	**7.5**
Animal fat per capita kg/pa (2014-2017)	**20.5**
Sugar per capita kg/pa (2014-2017)	**48.7**
Sugar energy per capita kcal/pd (2014-2017)	**360**

Sugar-sweetened beverage per capita l/pa (2015)	**103.8**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	**2025 cases (thousands)**
Men	20.6%	30.1%	**1,191.4**
Women	17.1%	21.9%	**875.3**
Children 5-19	5.9%	8.1%	**151.6**

Chance of meeting UN adult obesity targets for 2025

Men	**1.0% - very poor chance**	Women	**5.0% - very poor chance**

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Switzerland

COVID-19 deaths per 100,000 population (01/01/2021)	**89.77**
Adult overweight BMI >25kg/m² (2016)	**54.3**
Adult obesity BMI >30kg/m² (2016)	**19.5**
Population age over 65 years (%) (2020)	**19.1**
Per capita Gross Domestic Product $US (2019)	**70,989**
Healthy life expectancy years (2019)	**72.5**
Insufficient physical activity % adults (2016)	**23.7**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**1.8**
Root vegetables per capita kg/pa (2014-2017)	**39.6**
Vegetable oil per capita kg/pa (2014-2017)	**20.3**
Animal fat per capita kg/pa (2014-2017)	**9.2**
Sugar per capita kg/pa (2014-2017)	**49.2**
Sugar energy per capita kcal/pd (2014-2017)	**477**

Sugar-sweetened beverage per capita l/pa (2015)	**143.4**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	**2025 cases (thousands)**
Men	19.9%	29.1%	**1,026.4**
Women	16.0%	20.6%	**746.5**
Children 5-19	5.0%	7.5%	**101.0**

Chance of meeting UN adult obesity targets for 2025

Men	**1.0% - very poor chance**	Women	**4.0% - very poor chance**

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Syria

COVID-19 deaths per 100,000 population (01/01/2021)	**4.21**
Adult overweight BMI >25kg/m² (2016)	**61.4**
Adult obesity BMI >30kg/m² (2016)	**27.8**
Population age over 65 years (%) (2020)	**4.9**
Per capita Gross Domestic Product $US (2019)	**na**
Healthy life expectancy years (2019)	**62.9**
Insufficient physical activity % adults (2016)	**na**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**na**
Root vegetables per capita kg/pa (2014-2017)	**na**
Vegetable oil per capita kg/pa (2014-2017)	**na**
Animal fat per capita kg/pa (2014-2017)	**na**
Sugar per capita kg/pa (2014-2017)	**na**
Sugar energy per capita kcal/pd (2014-2017)	**na**
Sugar-sweetened beverage per capita l/pa (2015)	**na**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	17.5%	29.9%	**2,236.2**
Women	32.0%	43.0%	**3,378.9**
Children 5-19	8.6%	16.4%	**1,288.5**

Chance of meeting UN adult obesity targets for 2025

Men	0.0% - very poor chance	Women	0.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Taiwan

COVID-19 deaths per 100,000 population (01/01/2021)	**0.03**
Adult overweight BMI >25kg/m² (2016)	**na**
Adult obesity BMI >30kg/m² (2016)	**na**
Population age over 65 years (%) (2020)	**15.8**
Per capita Gross Domestic Product $US (2019)	**na**
Healthy life expectancy years (2019)	**na**
Insufficient physical activity % adults (2016)	**na**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**2.7**
Root vegetables per capita kg/pa (2014-2017)	**11.0**
Vegetable oil per capita kg/pa (2014-2017)	**23.4**
Animal fat per capita kg/pa (2014-2017)	**2.0**
Sugar per capita kg/pa (2014-2017)	**29.0**
Sugar energy per capita kcal/pd (2014-2017)	**279**

Sugar-sweetened beverage per capita l/pa (2015)	**na**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	**2025 cases (thousands)**
Men	5.5%	11.6%	**na**
Women	7.4%	11.2%	**na**
Children 5-19	8.2%	16.5%	**505.2**

Chance of meeting UN adult obesity targets for 2025

Men	**0.0% - very poor chance**	Women	**3.0% - very poor chance**

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Tajikistan

COVID-19 deaths per 100,000 population (01/01/2021)	**0.99**
Adult overweight BMI >25kg/m² (2016)	**45.3**
Adult obesity BMI >30kg/m² (2016)	**14.2**
Population age over 65 years (%) (2020)	**3.2**
Per capita Gross Domestic Product $US (2019)	**3,520**
Healthy life expectancy years (2019)	**62**
Insufficient physical activity % adults (2016)	**29.3**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**2.4**
Root vegetables per capita kg/pa (2014-2017)	**34.2**
Vegetable oil per capita kg/pa (2014-2017)	**9.2**
Animal fat per capita kg/pa (2014-2017)	**0.0**
Sugar per capita kg/pa (2014-2017)	**20.1**
Sugar energy per capita kcal/pd (2014-2017)	**175**

Sugar-sweetened beverage per capita l/pa (2015)	**10.3**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	**2025 cases (thousands)**
Men	9.4%	17.7%	**506.6**
Women	14.1%	23.9%	**704.3**
Children 5-19	1.8%	5.6%	**202.7**

Chance of meeting UN adult obesity targets for 2025

Men	**0.0% - very poor chance**	Women	**0.0% - very poor chance**

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Tanzania

COVID-19 deaths per 100,000 population (01/01/2021)	**0.04**
Adult overweight BMI >25kg/m² (2016)	**27.7**
Adult obesity BMI >30kg/m² (2016)	**8.4**
Population age over 65 years (%) (2020)	**2.6**
Per capita Gross Domestic Product $US (2019)	**2,771**
Healthy life expectancy years (2019)	**58.5**
Insufficient physical activity % adults (2016)	**6.5**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**22.4**
Root vegetables per capita kg/pa (2014-2017)	**152.6**
Vegetable oil per capita kg/pa (2014-2017)	**8.7**
Animal fat per capita kg/pa (2014-2017)	**0.6**
Sugar per capita kg/pa (2014-2017)	**10.9**
Sugar energy per capita kcal/pd (2014-2017)	**105**

Sugar-sweetened beverage per capita l/pa (2015)	**2.5**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	2.9%	7.4%	1,200.5
Women	10.0%	20.1%	3,388.5
Children 5-19	1.4%	5.2%	1,384.5

Chance of meeting UN adult obesity targets for 2025

Men	0.0% - very poor chance	Women	0.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Thailand

COVID-19 deaths per 100,000 population (01/01/2021)	**0.09**
Adult overweight BMI >25kg/m² (2016)	**32.6**
Adult obesity BMI >30kg/m² (2016)	**10**
Population age over 65 years (%) (2020)	**13.0**
Per capita Gross Domestic Product $US (2019)	**19,228**
Healthy life expectancy years (2019)	**68.3**
Insufficient physical activity % adults (2016)	**24.6**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**2.7**
Root vegetables per capita kg/pa (2014-2017)	**21.9**
Vegetable oil per capita kg/pa (2014-2017)	**8.1**
Animal fat per capita kg/pa (2014-2017)	**0.7**
Sugar per capita kg/pa (2014-2017)	**38.8**
Sugar energy per capita kcal/pd (2014-2017)	**376**
Sugar-sweetened beverage per capita l/pa (2015)	**59.8**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	4.6%	14.8%	**3,910.5**
Women	9.7%	21.5%	**6,022.6**
Children 5-19	7.7%	18.5%	**1,920.0**

Chance of meeting UN adult obesity targets for 2025

Men	**0.0% - very poor chance**	Women	**0.0% - very poor chance**

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Timor-Leste

COVID-19 deaths per 100,000 population (01/01/2021)	**na**
Adult overweight BMI >25kg/m² (2016)	**21.6**
Adult obesity BMI >30kg/m² (2016)	**3.8**
Population age over 65 years (%) (2020)	**4.3**
Per capita Gross Domestic Product $US (2019)	**3,253**
Healthy life expectancy years (2019)	**60.9**
Insufficient physical activity % adults (2016)	**17.8**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**7.2**
Root vegetables per capita kg/pa (2014-2017)	**46.0**
Vegetable oil per capita kg/pa (2014-2017)	**5.0**
Animal fat per capita kg/pa (2014-2017)	**0.7**
Sugar per capita kg/pa (2014-2017)	**27.4**
Sugar energy per capita kcal/pd (2014-2017)	**160**

Sugar-sweetened beverage per capita l/pa (2015)	**na**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	1.7%	5.8%	**20.1**
Women	3.7%	9.0%	**30.6**
Children 5-19	2.4%	8.5%	**48.3**

Chance of meeting UN adult obesity targets for 2025

Men	0.0% - very poor chance	Women	0.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report *Missing the Targets, 2020.*

WORLD OBESITY

Togo

COVID-19 deaths per 100,000 population (01/01/2021)	**0.86**
Adult overweight BMI >25kg/m² (2016)	**28.1**
Adult obesity BMI >30kg/m² (2016)	**8.4**
Population age over 65 years (%) (2020)	**2.9**
Per capita Gross Domestic Product $US (2019)	**1,662**
Healthy life expectancy years (2019)	**56.2**
Insufficient physical activity % adults (2016)	**9.8**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**15.6**
Root vegetables per capita kg/pa (2014-2017)	**187.0**
Vegetable oil per capita kg/pa (2014-2017)	**9.6**
Animal fat per capita kg/pa (2014-2017)	**0.3**
Sugar per capita kg/pa (2014-2017)	**16.0**
Sugar energy per capita kcal/pd (2014-2017)	**134**

Sugar-sweetened beverage per capita l/pa (2015)	**8.3**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	2.9%	7.0%	**160.5**
Women	10.3%	18.9%	**449.6**
Children 5-19	1.2%	3.9%	**127.1**

Chance of meeting UN adult obesity targets for 2025

Men	0.0% - very poor chance	Women	0.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Tonga

COVID-19 deaths per 100,000 population (01/01/2021)	**na**
Adult overweight BMI >25kg/m² (2016)	**78.5**
Adult obesity BMI >30kg/m² (2016)	**48.2**
Population age over 65 years (%) (2020)	**5.9**
Per capita Gross Domestic Product $US (2019)	**na**
Healthy life expectancy years (2019)	**64**
Insufficient physical activity % adults (2016)	**17.4**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**na**
Root vegetables per capita kg/pa (2014-2017)	**na**
Vegetable oil per capita kg/pa (2014-2017)	**na**
Animal fat per capita kg/pa (2014-2017)	**na**
Sugar per capita kg/pa (2014-2017)	**na**
Sugar energy per capita kcal/pd (2014-2017)	**na**
Sugar-sweetened beverage per capita l/pa (2015)	**46.8**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	37.9%	51.2%	**16.9**
Women	52.6%	61.7%	**20.4**
Children 5-19	20.6%	34.8%	**13.0**

Chance of meeting UN adult obesity targets for 2025

Men	0.0% - very poor chance	Women	1.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Trinidad and Tobago

COVID-19 deaths per 100,000 population (01/01/2021)	**9.14**
Adult overweight BMI >25kg/m² (2016)	**46**
Adult obesity BMI >30kg/m² (2016)	**18.6**
Population age over 65 years (%) (2020)	**11.5**
Per capita Gross Domestic Product $US (2019)	**27,261**
Healthy life expectancy years (2019)	**66.2**
Insufficient physical activity % adults (2016)	**38.2**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**9.3**
Root vegetables per capita kg/pa (2014-2017)	**36.5**
Vegetable oil per capita kg/pa (2014-2017)	**13.4**
Animal fat per capita kg/pa (2014-2017)	**2.9**
Sugar per capita kg/pa (2014-2017)	**65.3**
Sugar energy per capita kcal/pd (2014-2017)	**535**

Sugar-sweetened beverage per capita l/pa (2015)	**92.7**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	8.8%	17.1%	**84.6**
Women	22.7%	35.2%	**186.9**
Children 5-19	7.3%	17.4%	**46.3**

Chance of meeting UN adult obesity targets for 2025

Men	0.0% - very poor chance	Women	0.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Tunisia

COVID-19 deaths per 100,000 population (01/01/2021)	**40.43**
Adult overweight BMI >25kg/m² (2016)	**61.6**
Adult obesity BMI >30kg/m² (2016)	**26.9**
Population age over 65 years (%) (2020)	**8.9**
Per capita Gross Domestic Product $US (2019)	**11,201**
Healthy life expectancy years (2019)	**66.9**
Insufficient physical activity % adults (2016)	**30.4**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**7.4**
Root vegetables per capita kg/pa (2014-2017)	**30.5**
Vegetable oil per capita kg/pa (2014-2017)	**21.3**
Animal fat per capita kg/pa (2014-2017)	**3.9**
Sugar per capita kg/pa (2014-2017)	**35.4**
Sugar energy per capita kcal/pd (2014-2017)	**341**
Sugar-sweetened beverage per capita l/pa (2015)	**31.8**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	16.2%	27.2%	**1,142.7**
Women	32.1%	41.6%	**1,845.8**
Children 5-19	6.3%	12.7%	**341.4**

Chance of meeting UN adult obesity targets for 2025

Men	0.0% - very poor chance	Women	1.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Turkey

COVID-19 deaths per 100,000 population (01/01/2021)	**25.37**
Adult overweight BMI >25kg/m² (2016)	**66.8**
Adult obesity BMI >30kg/m² (2016)	**32.1**
Population age over 65 years (%) (2020)	**9.0**
Per capita Gross Domestic Product $US (2019)	**27,875**
Healthy life expectancy years (2019)	**68.4**
Insufficient physical activity % adults (2016)	**30.6**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**12.8**
Root vegetables per capita kg/pa (2014-2017)	**47.4**
Vegetable oil per capita kg/pa (2014-2017)	**18.0**
Animal fat per capita kg/pa (2014-2017)	**2.7**
Sugar per capita kg/pa (2014-2017)	**31.8**
Sugar energy per capita kcal/pd (2014-2017)	**308**

Sugar-sweetened beverage per capita l/pa (2015)	**62.2**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	21.0%	33.7%	**9,724.8**
Women	36.8%	47.3%	**14,600.1**
Children 5-19	9.0%	16.3%	**2,990.9**

Chance of meeting UN adult obesity targets for 2025

Men	**0.0% - very poor chance**	Women	**0.0% - very poor chance**

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Turkmenistan

COVID-19 deaths per 100,000 population (01/01/2021)	**na**
Adult overweight BMI >25kg/m² (2016)	**51.8**
Adult obesity BMI >30kg/m² (2016)	**18.6**
Population age over 65 years (%) (2020)	**4.8**
Per capita Gross Domestic Product $US (2019)	**na**
Healthy life expectancy years (2019)	**62.1**
Insufficient physical activity % adults (2016)	**na**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**1.1**
Root vegetables per capita kg/pa (2014-2017)	**31.1**
Vegetable oil per capita kg/pa (2014-2017)	**7.1**
Animal fat per capita kg/pa (2014-2017)	**4.7**
Sugar per capita kg/pa (2014-2017)	**16.2**
Sugar energy per capita kcal/pd (2014-2017)	**133**

Sugar-sweetened beverage per capita l/pa (2015)	**60.0**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	13.2%	23.2%	**437.6**
Women	18.3%	28.4%	**580.5**
Children 5-19	3.2%	7.7%	**117.5**

Chance of meeting UN adult obesity targets for 2025

Men	0.0% - very poor chance	Women	0.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report *Missing the Targets, 2020.*

WORLD OBESITY

Uganda

COVID-19 deaths per 100,000 population (01/01/2021)	**0.59**
Adult overweight BMI >25kg/m² (2016)	**22.4**
Adult obesity BMI >30kg/m² (2016)	**5.3**
Population age over 65 years (%) (2020)	**2.0**
Per capita Gross Domestic Product $US (2019)	**2,272**
Healthy life expectancy years (2019)	**58.2**
Insufficient physical activity % adults (2016)	**5.5**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**24.8**
Root vegetables per capita kg/pa (2014-2017)	**130.3**
Vegetable oil per capita kg/pa (2014-2017)	**8.2**
Animal fat per capita kg/pa (2014-2017)	**0.4**
Sugar per capita kg/pa (2014-2017)	**12.1**
Sugar energy per capita kcal/pd (2014-2017)	**106**
Sugar-sweetened beverage per capita l/pa (2015)	**18.0**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	**2025 cases (thousands)**
Men	1.4%	3.5%	**405.3**
Women	6.8%	14.0%	**1,658.9**
Children 5-19	0.9%	3.7%	**819.4**

Chance of meeting UN adult obesity targets for 2025

Men	**1.0% - very poor chance**	Women	**0.0% - very poor chance**

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Ukraine

COVID-19 deaths per 100,000 population (01/01/2021)	**43.21**
Adult overweight BMI >25kg/m² (2016)	**58.4**
Adult obesity BMI >30kg/m² (2016)	**24.1**
Population age over 65 years (%) (2020)	**16.9**
Per capita Gross Domestic Product $US (2019)	**13,341**
Healthy life expectancy years (2019)	**64.3**
Insufficient physical activity % adults (2016)	**19.6**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**1.7**
Root vegetables per capita kg/pa (2014-2017)	**121.9**
Vegetable oil per capita kg/pa (2014-2017)	**11.4**
Animal fat per capita kg/pa (2014-2017)	**3.3**
Sugar per capita kg/pa (2014-2017)	**64.9**
Sugar energy per capita kcal/pd (2014-2017)	**409**
Sugar-sweetened beverage per capita l/pa (2015)	**37.9**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	19.7%	28.4%	**4,225.6**
Women	25.4%	29.2%	**5,317.3**
Children 5-19	5.3%	9.8%	**689.0**

Chance of meeting UN adult obesity targets for 2025

Men	1.0% - very poor chance	Women	15.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

United Arab Emirates

COVID-19 deaths per 100,000 population (01/01/2021)	**6.95**
Adult overweight BMI >25kg/m² (2016)	**67.8**
Adult obesity BMI >30kg/m² (2016)	**31.7**
Population age over 65 years (%) (2020)	**1.3**
Per capita Gross Domestic Product $US (2019)	**69,901**
Healthy life expectancy years (2019)	**66**
Insufficient physical activity % adults (2016)	**41.4**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**26.4**
Root vegetables per capita kg/pa (2014-2017)	**11.7**
Vegetable oil per capita kg/pa (2014-2017)	**10.1**
Animal fat per capita kg/pa (2014-2017)	**2.4**
Sugar per capita kg/pa (2014-2017)	**42.8**
Sugar energy per capita kcal/pd (2014-2017)	**348**
Sugar-sweetened beverage per capita l/pa (2015)	**97.9**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	**2025 cases (thousands)**
Men	24.3%	36.3%	**2,284.4**
Women	39.2%	47.8%	**1,057.8**
Children 5-19	14.2%	20.7%	**369.7**

Chance of meeting UN adult obesity targets for 2025

Men	**0.0% - very poor chance**	Women	**1.0% - very poor chance**

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

United Kingdom

COVID-19 deaths per 100,000 population (01/01/2021)	**110.73**
Adult overweight BMI >25kg/m² (2016)	**63.7**
Adult obesity BMI >30kg/m² (2016)	**27.8**
Population age over 65 years (%) (2020)	**18.7**
Per capita Gross Domestic Product $US (2019)	**48,710**
Healthy life expectancy years (2019)	**70.1**
Insufficient physical activity % adults (2016)	**35.9**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**3.7**
Root vegetables per capita kg/pa (2014-2017)	**88.5**
Vegetable oil per capita kg/pa (2014-2017)	**13.1**
Animal fat per capita kg/pa (2014-2017)	**5.6**
Sugar per capita kg/pa (2014-2017)	**37.8**
Sugar energy per capita kcal/pd (2014-2017)	**342**
Sugar-sweetened beverage per capita l/pa (2015)	**124.0**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	23.9%	35.4%	**9,037.3**
Women	26.4%	35.6%	**9,467.5**
Children 5-19	10.0%	10.7%	**1,263.8**

Chance of meeting UN adult obesity targets for 2025

Men	0.0% - very poor chance	Women	0.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report *Missing the Targets, 2020.*

WORLD OBESITY

United States of America

COVID-19 deaths per 100,000 population (01/01/2021)	**105.68**
Adult overweight BMI >25kg/m² (2016)	**67.9**
Adult obesity BMI >30kg/m² (2016)	**36.2**
Population age over 65 years (%) (2020)	**16.6**
Per capita Gross Domestic Product $US (2019)	**65,118**
Healthy life expectancy years (2019)	**66.1**
Insufficient physical activity % adults (2016)	**40.0**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**3.6**
Root vegetables per capita kg/pa (2014-2017)	**55.5**
Vegetable oil per capita kg/pa (2014-2017)	**19.5**
Animal fat per capita kg/pa (2014-2017)	**3.3**
Sugar per capita kg/pa (2014-2017)	**66.2**
Sugar energy per capita kcal/pd (2014-2017)	**607**

Sugar-sweetened beverage per capita l/pa (2015)	**236.6**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	32.2%	44.2%	56,479.2
Women	34.5%	44.4%	58,802.5
Children 5-19	20.1%	23.7%	15,690.3

Chance of meeting UN adult obesity targets for 2025

Men	0.0% - very poor chance	Women	0.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Uruguay

COVID-19 deaths per 100,000 population (01/01/2021)	**5.25**
Adult overweight BMI >25kg/m² (2016)	**62.9**
Adult obesity BMI >30kg/m² (2016)	**27.9**
Population age over 65 years (%) (2020)	**15.1**
Per capita Gross Domestic Product $US (2019)	**22,455**
Healthy life expectancy years (2019)	**67.5**
Insufficient physical activity % adults (2016)	**22.4**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**2.8**
Root vegetables per capita kg/pa (2014-2017)	**47.1**
Vegetable oil per capita kg/pa (2014-2017)	**15.5**
Animal fat per capita kg/pa (2014-2017)	**3.3**
Sugar per capita kg/pa (2014-2017)	**53.7**
Sugar energy per capita kcal/pd (2014-2017)	**465**

Sugar-sweetened beverage per capita l/pa (2015)	**103.8**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	22.5%	32.0%	**395.8**
Women	29.1%	36.5%	**497.9**
Children 5-19	12.0%	17.1%	**122.3**

Chance of meeting UN adult obesity targets for 2025

Men	1.0% - very poor chance	Women	2.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Uzbekistan

COVID-19 deaths per 100,000 population (01/01/2021)	**1.86**
Adult overweight BMI >25kg/m² (2016)	**48.2**
Adult obesity BMI >30kg/m² (2016)	**16.6**
Population age over 65 years (%) (2020)	**4.8**
Per capita Gross Domestic Product $US (2019)	**7,289**
Healthy life expectancy years (2019)	**64.7**
Insufficient physical activity % adults (2016)	**19.1**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**0.0**
Root vegetables per capita kg/pa (2014-2017)	**52.6**
Vegetable oil per capita kg/pa (2014-2017)	**10.9**
Animal fat per capita kg/pa (2014-2017)	**2.5**
Sugar per capita kg/pa (2014-2017)	**10.1**
Sugar energy per capita kcal/pd (2014-2017)	**97**
Sugar-sweetened beverage per capita l/pa (2015)	**21.2**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	**2025 cases (thousands)**
Men	11.4%	20.5%	**2,129.7**
Women	16.4%	26.3%	**2,933.2**
Children 5-19	2.6%	7.2%	**609.7**

Chance of meeting UN adult obesity targets for 2025

Men	0.0% - very poor chance	Women	0.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Vanuatu

COVID-19 deaths per 100,000 population (01/01/2021)	**na**
Adult overweight BMI >25kg/m² (2016)	**57.1**
Adult obesity BMI >30kg/m² (2016)	**25.2**
Population age over 65 years (%) (2020)	**3.6**
Per capita Gross Domestic Product $US (2019)	**3,274**
Healthy life expectancy years (2019)	**57.8**
Insufficient physical activity % adults (2016)	**8.0**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**0.0**
Root vegetables per capita kg/pa (2014-2017)	**176.8**
Vegetable oil per capita kg/pa (2014-2017)	**4.8**
Animal fat per capita kg/pa (2014-2017)	**1.1**
Sugar per capita kg/pa (2014-2017)	**18.2**
Sugar energy per capita kcal/pd (2014-2017)	**132**
Sugar-sweetened beverage per capita l/pa (2015)	**38.4**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	17.1%	29.0%	**26.7**
Women	27.3%	38.2%	**35.9**
Children 5-19	5.6%	13.1%	**13.1**

Chance of meeting UN adult obesity targets for 2025

Men	0.0% - very poor chance	Women	0.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Venezuela

COVID-19 deaths per 100,000 population (01/01/2021)	**3.56**
Adult overweight BMI >25kg/m² (2016)	**63.4**
Adult obesity BMI >30kg/m² (2016)	**25.6**
Population age over 65 years (%) (2020)	**8.0**
Per capita Gross Domestic Product $US (2019)	**na**
Healthy life expectancy years (2019)	**64.4**
Insufficient physical activity % adults (2016)	**31.4**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**3.6**
Root vegetables per capita kg/pa (2014-2017)	**29.8**
Vegetable oil per capita kg/pa (2014-2017)	**16.0**
Animal fat per capita kg/pa (2014-2017)	**0.8**
Sugar per capita kg/pa (2014-2017)	**31.0**
Sugar energy per capita kcal/pd (2014-2017)	**297**
Sugar-sweetened beverage per capita l/pa (2015)	**65.4**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	20.6%	28.2%	**3,210.9**
Women	27.6%	33.5%	**3,997.6**
Children 5-19	12.4%	16.9%	**1,480.5**

Chance of meeting UN adult obesity targets for 2025

Men	2.0% - very poor chance	Women	5.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Vietnam

COVID-19 deaths per 100,000 population (01/01/2021)	**0.04**
Adult overweight BMI >25kg/m² (2016)	**18.3**
Adult obesity BMI >30kg/m² (2016)	**2.1**
Population age over 65 years (%) (2020)	**7.9**
Per capita Gross Domestic Product $US (2019)	**8,374**
Healthy life expectancy years (2019)	**65.3**
Insufficient physical activity % adults (2016)	**25.4**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**3.0**
Root vegetables per capita kg/pa (2014-2017)	**14.7**
Vegetable oil per capita kg/pa (2014-2017)	**3.0**
Animal fat per capita kg/pa (2014-2017)	**2.2**
Sugar per capita kg/pa (2014-2017)	**13.1**
Sugar energy per capita kcal/pd (2014-2017)	**102**
Sugar-sweetened beverage per capita l/pa (2015)	**38.9**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	1.0%	3.9%	**1,369.4**
Women	1.8%	5.0%	**1,874.4**
Children 5-19	1.1%	6.9%	**1,388.8**

Chance of meeting UN adult obesity targets for 2025

Men	0.0% - very poor chance	Women	0.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Yemen

COVID-19 deaths per 100,000 population (01/01/2021)	**2.14**
Adult overweight BMI >25kg/m² (2016)	**48.8**
Adult obesity BMI >30kg/m² (2016)	**17.1**
Population age over 65 years (%) (2020)	**2.9**
Per capita Gross Domestic Product $US (2019)	**na**
Healthy life expectancy years (2019)	**57.5**
Insufficient physical activity % adults (2016)	**na**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**5.5**
Root vegetables per capita kg/pa (2014-2017)	**7.7**
Vegetable oil per capita kg/pa (2014-2017)	**5.9**
Animal fat per capita kg/pa (2014-2017)	**0.5**
Sugar per capita kg/pa (2014-2017)	**30.7**
Sugar energy per capita kcal/pd (2014-2017)	**271**
Sugar-sweetened beverage per capita l/pa (2015)	**10.2**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	9.1%	20.2%	1,777.2
Women	18.8%	31.0%	2,739.2
Children 5-19	4.6%	12.0%	1,257.1

Chance of meeting UN adult obesity targets for 2025

Men	0.0% - very poor chance	Women	0.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

WORLD OBESITY

Zambia

COVID-19 deaths per 100,000 population (01/01/2021)	**2.24**
Adult overweight BMI >25kg/m² (2016)	**27.8**
Adult obesity BMI >30kg/m² (2016)	**8.1**
Population age over 65 years (%) (2020)	**2.1**
Per capita Gross Domestic Product $US (2019)	**3,624**
Healthy life expectancy years (2019)	**54.4**
Insufficient physical activity % adults (2016)	**22.1**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**1.3**
Root vegetables per capita kg/pa (2014-2017)	**55.1**
Vegetable oil per capita kg/pa (2014-2017)	**5.1**
Animal fat per capita kg/pa (2014-2017)	**0.6**
Sugar per capita kg/pa (2014-2017)	**11.2**
Sugar energy per capita kcal/pd (2014-2017)	**101**

Sugar-sweetened beverage per capita l/pa (2015)	**8.6**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	2025 cases (thousands)
Men	2.7%	6.3%	**308.6**
Women	10.3%	18.6%	**936.1**
Children 5-19	1.8%	5.3%	**454.4**

Chance of meeting UN adult obesity targets for 2025

Men	1.0% - very poor chance	Women	0.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

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Zimbabwe

COVID-19 deaths per 100,000 population (01/01/2021)	**2.51**
Adult overweight BMI >25kg/m² (2016)	**38.2**
Adult obesity BMI >30kg/m² (2016)	**15.5**
Population age over 65 years (%) (2020)	**3.0**
Per capita Gross Domestic Product $US (2019)	**2,953**
Healthy life expectancy years (2019)	**53.1**
Insufficient physical activity % adults (2016)	**26.8**

Dietary Data

Pulses per capita kg/pa (2014-2017)	**3.1**
Root vegetables per capita kg/pa (2014-2017)	**20.2**
Vegetable oil per capita kg/pa (2014-2017)	**11.7**
Animal fat per capita kg/pa (2014-2017)	**0.5**
Sugar per capita kg/pa (2014-2017)	**33.3**
Sugar energy per capita kcal/pd (2014-2017)	**213**

Sugar-sweetened beverage per capita l/pa (2015)	**15.9**

Obesity: 2010 target and 2025 predicted prevalence and number of cases

	2010 %	2025 %	**2025 cases (thousands)**
Men	3.9%	7.3%	**346.7**
Women	23.6%	31.2%	**1,570.3**
Children 5-19	2.4%	7.7%	**490.4**

Chance of meeting UN adult obesity targets for 2025

Men	2.0% - very poor chance	Women	2.0% - very poor chance

na = data not available
COVID-19 deaths per 100,000 population from Johns Hopkins University of Medicine, Coronavirus Resource Center
Overweight and obesity prevalence data from the WHO's Global Health Observatory
Population over age 65 from the UN Department of Economic and Social Affairs' Population Division
GDP from World Bank's World Development Indicators database
Healthy Life Expectancy and Adults with Insufficient Physical Activity from WHO's Global Health Observatory
Food consumption from UN Food and Agriculture Organization's Food Balance Sheets
Sugar-sweetened beverage consumption from Ferretti and Mariani, *Globalization and Health, 2019*
Obesity prevalence 2010 and 2025, and numbers 2025, and chance of meeting targets from NCD RisC and World Obesity Federation report
Missing the Targets, 2020.

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Appendix

Data Sources

COVID-19 mortality (deaths / 100,000 population)	Johns Hopkins University of Medicine, Coronavirus Resource Center: https://coronavirus.jhu.edu/data/mortality downloaded 01 January 2021
Adult average BMI 2016	NCDRisC (NCD Risk Collaboration) https://www.ncdrisc.org/data-downloads-adiposity.html
Adult overweight prevalence 2016 (age adjusted)	WHO Global Health Observatory https://apps.who.int/gho/data/view.main.CTRY2430A downloaded 12 December 2020
Adult obesity prevalence 2016 (age adjusted)	WHO Global Health Observatory https://apps.who.int/gho/data/view.main.CTRY2450A downloaded 12 December 2020
Percentage of population aged over 65y	United Nations, Department of Economic and Social Affairs, Population Division: World Population Prospects 2019 https://population.un.org/wpp/ downloaded 19 January 2021
Gross Domestic Product per capita purchasing power parity, current international dollars	World Bank, World Development Indicators,. https://databank.worldbank.org downloaded 5 November 2020
Health care expenditure	World Health Organization Global Health Expenditure Database https://apps.who.int/nha/database downloaded 21 February 2021
Healthy life expectancy	WHO Global Health Observatory https://apps.who.int/gho/data/view.main.HALEXv downloaded 24 January 2021
Insufficient physical activity among adults	WHO Global Health Observatory https://apps.who.int/gho/data/view.main.2463 downloaded 15 December 2020
Per capita consumption of pulses, starchy root vegetables, vegetable oils, animal fats, sugar and sweeteners	Food and Agriculture Organization, FAOSTAT Food Balance Sheets 2014-2017. http://www.fao.org/faostat/en/#data/FBS downloaded 16 December 2020
Per capita consumption of sugar-sweetened beverages	Ferretti and Mariani, Globalization and Health, 2019 https://doi.org/10.1186/s12992-019-0474-x
Obesity prevalence 2010 and 2025, and numbers 2025	World Obesity Federation Missing the Targets report 2020, based on the NCDRisC projections. http://s3-eu-west-1.amazonaws.com/wof-files/970_-_WOF_Missing_the_2025_Global_Targets_Report_ART.pdf
Likelihood of meeting UN adults obesity targets	World Obesity Federation Missing the Targets report 2020, based on the NCDRisC projections. http://s3-eu-west-1.amazonaws.com/wof-files/970_-_WOF_Missing_the_2025_Global_Targets_Report_ART.pdf

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World Obesity Federation
107-111 Fleet Street, London, EC4A 2AB

www.worldobesity.org